

Gluten Lunch Menu for July 2019

NHCS



		<p>Wednesday, July 17 BBQ Pork w/ Rice(MS) Grilled Chicken with Tortilla Chips (Elem) Fruit and Vegetable Of the Day Milk</p>	<p>Thursday, July 18 Hamburger with Rice Fruit and Vegetable Of the Day Milk</p>	<p>Friday, July 19 Cheese Cubes and Yogurt with Tortilla Chips Fruit and Vegetable Of the Day Milk</p>
<p>Monday, July 22 BBQ Pork with Rice Fruit and Vegetable Of the Day Milk</p>	<p>Tuesday, July 23 Meatballs with Rice Fruit and Vegetable Of the Day Milk</p>	<p>Wednesday, July 24 Grilled Chicken with Tortilla Chips Fruit and Vegetable Of the Day Milk</p>	<p>Thursday, July 25 Hamburger with Rice Fruit and Vegetable Of the Day Milk</p>	<p>Friday, July 26 Cheese Cubes and Yogurt with Tortilla Chips Fruit and Vegetable Of the Day Milk</p>
<p>Monday, July 29 Teriyaki Chicken (MS) Grilled Chicken (Elem) Both with Rice Fruit and Vegetable Of the Day Milk</p>	<p>Tuesday, July 30 Hot Dog with Rice Fruit and Vegetable Of the Day Milk</p>	<p>Wednesday, July 31 Roasted Chicken with Rice Fruit and Vegetable Of the Day Milk</p>	<p>Thursday, August 1 Nacho Grande Fruit and Vegetable Of the Day Milk</p>	<p>Friday, August 2 Hamburger with Rice Fruit and Vegetable Of the Day Milk</p>

August

- Family Meals Month
- Kids Eat Right Month
- National Farmers Market Week (August 5-9)



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