

SJB Football Skills Clinic



Dates: July 29- Aug 2

Time: 12:30 - 2:30 pm

Cost: \$100 (Siblings \$75)

Location: SJB Field

Who: Incoming 5th thru 8th grade girls and boys - all abilities

Instructor: Coach Barajas bbarajas@sjbschool.net

- ❖ This camp is designed to introduce the sport of flag football to the novice player as well as refine the skills of our more experienced competitor. A perfect opportunity to prepare your kids to make their school team in a relaxed and fun environment while receiving instruction on proper skills and techniques through a variety of drills. Emphasis will focus on footwork and running techniques. Two days will be geared toward offense and two days for defense, with the 5th day focusing on friendly competition between the campers.

Child's Name:

Grade (Fall 2019):

Parent:

Phone/Email:

Please drop off or mail registration form with check payable to Brian Barajas
1021 Baker St. Costa Mesa, CA 92626