

Concordia EC  
Tuesday Tips  
May 21, 2019

# Making Summer Memories

# Think. Pair. Share.

Take a minute to paint a picture in your  
mind of your fondest childhood  
**SUMMER MEMORY.**

What made the moment memorable?

Where were you?

Who were you with?



# Summer Memories



# Unexpected Discoveries

Be still and give time for the unexpected.

Allow children to be bored. Do not feel pressured to make sure children are “entertained” every minute of the holiday.

Provide some **opportunities** for your child to explore a new skill, try a new sport, meet a new character, and find joy in something unexpected.



# Great Outdoors

**Be intentional** in planning time to get outside (even if it's simply moving from one indoor space to another).

Avoid settling into the comforts of your AC day after day. Plan a road trip for the day, visit a local museum, or go see a movie.

Even in hot places, find shade, **creatively "make" your own cool**, and share fun time together.

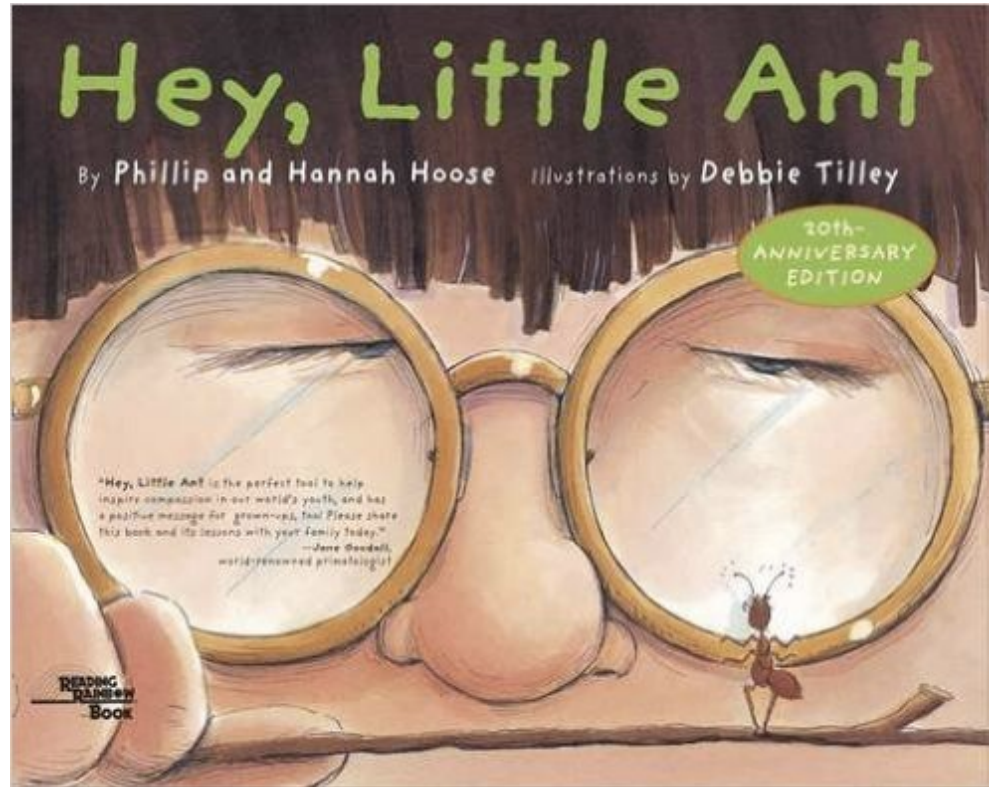




# Servant Hearts

"The best way to find yourself is to lose yourself in the service of others."

- Gandhi



"Mounting evidence over the past decade suggests that the mental calisthenics required to live inside a fictional character's skin foster empathy for the people you meet day-to-day."

Susan Pinker, *Wall Street Journal*



"Empathy by the Book:  
How Fiction Affects  
Behavior"

- **Be a model of empathy.**
- Work with your child to identify ways to help in your community: neighbors, grandparents, and their environment.
- Read stories that help children **"walk in the shoes"** of characters and support the development of empathy.

# Joyful Home

Be present and true to yourself – do you LOVE the lazy, carefree days of summer or do you crave some structure and routine?

Allow your child to work with you to create the perfect balanced plan for your family.

Share expectations up front of **responsibilities** that will support continued **independence**.



"A Just-Structured-Enough  
Summer Schedule for Kids"  
*The Mom Hour*



# Make Summer Memories

Each generation  
becomes more  
addicted to the  
sedatives of life, to  
dull the pain of living.  
– Billy Graham



*Be joyful in hope, patient in affliction, faithful in prayer.*

Romans 12:12