

# PRE-SCHOOLERS SNACKS

## IC MENU | AIN AAR CAMPUS

### 01 WEEK 1 FROM 3 TO 7 JUNE

- MONDAY** Whole grain mankouché zaatar - cherry tomatoes  
Banana + grissini / kaak zaman
- TUESDAY** Wholegrain toast with labneh dip - cucumber sticks  
Pear + grissini / kaak zaman
- WEDNESDAY** Markouk with mozzarella - cherry tomatoes  
Chocolate muffin
- THURSDAY** Mini kaak (x3) with labneh - cucumber sticks  
Apple + grissini / kaak zaman
- FRIDAY** Zaatar sandwich with wholegrain lebanese  
pita bread - cherry tomatoes  
Vanilla muffin

### 02 WEEK 2 FROM 10 TO 14 JUNE

- MONDAY** 1 mini croissant zaatar & 1 cheese - cherry tomatoes  
Banana + grissini / kaak zaman
- TUESDAY** Grissini (x6) with labneh dip - cucumber sticks  
Pear + grissini / kaak zaman
- WEDNESDAY** Halloumi sandwich with wholegrain lebanese  
pita bread - cherry tomatoes  
Vanilla muffin
- THURSDAY** Whole wheat margheritta pizza - cucumber sticks  
Apple + grissini / kaak zaman
- FRIDAY** Zaatar sandwich with wholegrain lebanese  
pita bread - cherry tomatoes  
Chocolate muffin

### 03 WEEK 3 FROM 17 TO 21 JUNE

- MONDAY** Whole gain mankouché zaatar - cucumber sticks  
Banana + grissini / kaak zaman
- TUESDAY** Rice cakes with labneh dip - cherry tomatoes  
Apple + grissini / kaak zaman
- WEDNESDAY** Pain au lait with Mozzarella - cucumber sticks  
Chocolate muffin
- THURSDAY** Mini kaak (x3) with labneh - cherry tomatoes  
Pear + grissini / kaak zaman
- FRIDAY** Halloumi sandwich with wholegrain lebanese  
pita bread - cucumber sticks  
Vanilla muffin