

# July 2019

## East Mooresville Intermediate

Lunch Prices Student Lunch (K-6): \$2.15 Student Lunch (7-12): \$2.40 Premium Lunch (7-12): \$3.15 Reduced Lunch: \$0.40

## Lunch

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

**1**

No School

**2**

No School

**3**

No School

**4**

Independence Day - No School

**5**

No School

**8**

**A.M. Snack**

- Banana Bread
- 1% / Skim Milk

**Lunch**

**Entree**

- Cheddar Cheese Omelet
- Mini Berry Pancakes

**Veggies-Choose 1 of each**

- Baked Sweet Potato
- Peppers and Onions

**Fruit**

- Strawberry Cup

**P.M. Snack**

- Strawberry Craisins
- Graham Crackers
- Fruit Punch

**9**

**A.M. Snack**

- Cereal Variety
- 1% / Skim Milk

**Lunch**

**Entree**

- Chicken Nuggets
- Veggies-Choose 1 of each**
- Steamed Broccoli offered with Cheese Sauce
- Creamed Potatoes

**Fruit**

- Mandarin Oranges

**P.M. Snack**

- Doritos
- Red Delicious Apple

**10**

**A.M. Snack**

- Chocolate Chip Muffin
- 1% / Skim Milk

**Lunch**

**Entree**

- Hamburger
- Cheeseburger

**Vegetable**

- Potato Wedges

**Fruit**

- Sliced Peaches

**P.M. Snack**

- Cheetos
- Grape Juice

**11**

**A.M. Snack**

- Cereal Variety
- 1% / Skim Milk

**Lunch**

**Entree**

- Breaded Mozzarella Dippers offered with Fresh Baked Roll

**Vegetable**

- Glazed Carrots

**Fruit**

- Pears w/ Cherries

**P.M. Snack**

- Apple Juice
- Goldfish Crackers

**12**

**A.M. Snack**

- Scooby Doo Graham Cracker Sticks
- 1% / Skim Milk

**Lunch**

**Entree**

- Chicken Fillet Sandwich

**Vegetable**

- Baked Beans

**Fruit**

- Baked Apples

**P.M. Snack**

- Scooby Doo Graham Cracker Sticks
- 1% Milk
- Chocolate Skim Milk

**15**

**A.M. Snack**

- Cereal Variety
- 1% / Skim Milk

**Lunch**

**Entree**

- Crispy Chicken Poppers

**Veggies-Choose 1 of each**

- Baked Beans

**Fruit**

- Pears w/ Cherries

**P.M. Snack**

- Tortilla Chips
- Mozzarella String Cheese
- Cup Of Water

**16**

**A.M. Snack**

- Chocolate Chip Muffin
- 1% / Skim Milk

**Lunch**

**Entree**

- Cheese Dippers

**Veggies-Choose 1 of each**

- Potato Tots

**Fruit**

- Sweetened Sliced Strawberries

**P.M. Snack**

- Munchie Kids Mix
- Apple Juice

**17**

**A.M. Snack**

- Banana Bread
- 1% / Skim Milk

**Lunch**

**Entree**

- Chicken and Waffles

**Veggies-Choose 1 of each**

- Seasoned Corn

**Fruit**

- Blueberry Crumble

**P.M. Snack**

- Cheez-It Crackers
- Grape Juice

**18**

**A.M. Snack**

- Yogurt Variety
- Graham Crackers
- Cup Of Water

**Lunch**

**Entree**

- Cheese Pizza

**Vegetable**

- Steamed Broccoli offered with Cheese Sauce

- Baby Carrots w/ ranch dip

**Fruit**

- Berry Cup

**P.M. Snack**

- Turkey & Cheese W/ Crackers
- Cup Of Water

**19**

**A.M. Snack**

- Scooby Doo Graham Cracker Sticks
- 1% / Skim Milk

**Lunch**

**Entree**

- Cheese Ravioli offered with Garlic Roll

**Vegetable**

- Green Beans
- Baby Carrots w/ ranch dip

**Fruit**

- Baked Pears

**P.M. Snack**

- Goldfish Crackers
- Mandarin Oranges

**22**

**A.M. Snack**

- Banana Bread
- 1% / Skim Milk

**Lunch**

**Entree**

- Cheddar Cheese Omelet
- Mini Berry Pancakes

**Veggies-Choose 1 of each**

- Baked Sweet Potato
- Peppers and Onions

**Fruit**

- Strawberry Cup

**P.M. Snack**

- Strawberry Craisins
- Graham Crackers
- Fruit Punch

**23**

**A.M. Snack**

- Cereal Variety
- 1% / Skim Milk

**Lunch**

**Entree**

- Chicken Nuggets
- Veggies-Choose 1 of each**
- Steamed Broccoli offered with Cheese Sauce
- Creamed Potatoes

**Fruit**

- Mandarin Oranges

**P.M. Snack**

- Doritos
- Red Delicious Apple

**24**

**A.M. Snack**

- Chocolate Chip Muffin
- 1% / Skim Milk

**Lunch**

**Entree**

- Hamburger
- Cheeseburger

**Vegetable**

- Potato Wedges

**Fruit**

- Sliced Peaches

**P.M. Snack**

- Cheetos
- Grape Juice

**25**

**A.M. Snack**

- Cereal Variety
- 1% / Skim Milk

**Lunch**

**Entree**

- Breaded Mozzarella Dippers offered with Fresh Baked Roll

**Vegetable**

- Glazed Carrots

**Fruit**

- Pears w/ Cherries

**P.M. Snack**

- Apple Juice
- Goldfish Crackers

**26**

**A.M. Snack**

- Scooby Doo Graham Cracker Sticks
- 1% / Skim Milk

**Lunch**

**Entree**

- Chicken Fillet Sandwich

**Vegetable**

- Baked Beans

**Fruit**

- Baked Apples

**P.M. Snack**

- Scooby Doo Graham Cracker Sticks
- 1% Milk
- Chocolate Skim Milk

**29**

**30**

**31**