

FALL 2019 ADVANCED PLACEMENT PROCESS

FOR MIDDLE SCHOOL STUDENTS TRYING OUT FOR A JV/VARSITY SPORT

The Athletic Placement Process (APP) is a program for evaluating students who want to participate in sports at higher or lower levels, as approved by the Board of Regents as a part of the school eligibility rules in 1980, and is aligned with Learning Standards 1 and 2.

Commissioner's Regulation Section 135.4(c)(7)(ii)(a)(4) states: A Board of Education may permit pupils in grades no lower than seventh to compete on any senior high school team, or permit senior high pupils to compete on any teams in grades no lower than seventh, provided the pupils are placed at levels of competition appropriate to their physiological maturity, physical fitness, and skills in relationship to other pupils on those teams in accordance with standards established by the Commissioner. These standards state that students will have the necessary knowledge and skills to establish and maintain physical fitness, participate in physical activity, maintain personal health, and acquire both the knowledge and ability to create and maintain a safe and healthy environment.

1. To begin the Advanced Placement Process, the student athlete must drop off a parent permission slip to the Athletic Department Office. Forms should be turned in no later than Tuesday, May 28. Even if you played on a JV or Varsity team last year or during another season this past year, you must complete a new permission form for this season. A permission form is available on the Athletic Dept. website or packets are available outside the Athletic Dept. Office.
2. A maturation physical with the school doctor must be completed prior to tryouts. **The student must go to the Nurses Office to make an appointment.**

GIRLS PHYSICALS: May 31 and Jun 7

BOYS PHYSICALS: June 5

YOU MUST MAKE AN APPOINTMENT IN ADVANCE.

3. The required Physical Fitness test will be given on:
Tuesday, May 28 and Wednesday, May 29

Please meet outside the Athletic Dept. Office at 2:50pm **This is a multiple day test, so please do not wait until the last test date to start. You will not finish in time for tryouts.**

4. If you have previously taken the tests for another sport, please bring your permission form to the Athletic Department office and we will advise you as to what tests you must take for the spring sport.

5. All athletes must be in attendance the first day of the season (August 19, 2019) in order to try out for a JV or Varsity sport.

PLEASE NOTE THAT STUDENT ELIGIBILITY FOR HIGH SCHOOL SPORTS STARTS WHEN A MIDDLE SCHOOL STUDENT PLAYS ON A HIGH SCHOOL TEAM. For a 7th grader, they will have 6 years of eligibility and for an 8th grader, 5 years of total eligibility.