



Lyme Old Lyme MS: June 3 – June 7, 2019 Lunch Menu

	Mon 3	Tue 4	Wed 5	Thu 6	Fri 7
	CREATE				
create	<i>ACTION STATION!</i> Macaroni & Cheese Choice of Toppings: Honey Ham, Cheese, Broccoli Herb Breadstick	<i>ACTION STATION!</i> Pasta Bar Spaghetti and Meatballs in a Zesty Marinara Sauce Seasoned Broccoli Toasted Garlic Bread	<i>WELCOME 5th!</i> Beef Nachos Spicy Beef over WG Tortilla Rounds Shredded Cheddar Salsa, Lettuce, Tomato, Light Sour Cream Mexican Corn	<i>ACTION STATION!</i> General Tso's Chicken Diced Chicken Spicy Sauce Steamed Brown Rice Asian Veggies Crunchy Asian Topping	<i>ACTION STATION!</i> Sloppy Joe's Spicy Beef on a Whole Grain Bun Thin Sweet Potato Fries Creamy Cole Slaw
	2 MATO				
	Cheeseburger Flatbread	Sausage and Cheese Calzone	Meat Lover's Pizza	Pepperoni and Cheese Rolls	Veggie Pizza
	Classic Cheese and Pepperoni Pizza Offered Daily				
	GRILLED				
grilled	Turkey Club Wrap	Popcorn Chicken, Biscuit & Fries	Toasted Ham & Cheese Sandwich	Corn Dog	Bacon Chicken Ranch Wrap
	Cheeseburger and Crispy Chicken Sandwiches w/Fries or Tots Available Daily				
	SO DELI				
SO DELI	<i>Freshly Made Sandwiches featuring Boar's Head Deli Meats Available Daily: Variety of Meats, Cheeses, Whole Grain Bread or Wraps, Vegetable Toppings, and Condiments</i>				
	Oven Gold Turkey	Buffalo Chicken	Maple Honey Ham	Genoa Salami	Provolone and Swiss
	ON THE GO				
ON THE GO	Fruit and Yogurt Parfait Available Daily				
	Make Your Own Salad	Pick Up a Container of Greens	Boar's Head Meat and Cheese from the Deli	Add Toppings from the Salad Bar	Dressings at the Condiment Stand
	Salads offered with two whole grain dinner rolls or tortilla				
	EXTRA EXTRA				
extra extra	Chick Pea Salad	Power Peas	Chick Pea Salad	Power Peas	Chick Pea Salad
	Tossed Garden Greens Assorted Vegetables	Tossed Garden Greens Assorted Vegetables	Tossed Garden Greens Assorted Vegetables	Tossed Garden Greens Assorted Vegetables	Tossed Garden Greens Assorted Vegetables
	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit
	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit

Food Focus of the Month:
Melon!



Locally Grown

A Full Student Lunch includes a choice of entrée supplying grain and/or protein, two (2) vegetable/fruit side dishes, and a choice of milk: skim, 1%, or chocolate. Full Paid \$3.50, Deli and Action Station \$4.25, Reduced \$0.40, Free to those that qualify. Adult Staff Meal \$4.75, with water \$5.50, Staff Deli and Action Station \$5.50, with water \$6.25. Questions: Call Gary Holland at 860-434-4442 or email at hollandg@region18.org. Applications for Free and Reduced Meals are available at the Main Office of each school and on the district website. This Employer is an Equal Opportunity Provider.



Lyme Old Lyme MS: June 10– June 12, 2019 Lunch Menu

	Mon 10	Tue 11	Wed 12	CREATE	
create	Breakfast for Lunch WG French Toast Sticks with Syrup Scrambled Eggs with Cheese Tator Tots, Sausage Patty	TACO TUESDAY Fajitas Marinated Chicken Peppers and Onions Cheddar Cheese On a Warm Tortilla Wrap, Seasoned Corn Mexican Rice	ACTION STATION! Hot Dog Bar Cheese Sauce Chili Peppers & Onions Seasoned Potato Wedges Baked Beans	HAVE A GREAT	SUMER VACATION!
	2 MATO				
2^{mato}	Cheese Burger Flatbread	Pizza Rolls	Meat Lover's Pizza		
	Classic Cheese and Pepperoni Pizza Offered Daily				
	GRILLED				
grilled	Toasted Turkey Club	Buffalo Chicken, Biscuit, & Fries	Grilled Cheese w/Bacon and Tomato		
	Cheeseburger and Crispy Chicken Sandwiches w/Fries or Tots Available Daily				
	SO DELI				
SO DELI	<i>Freshly Made Sandwiches featuring Boar's Head Deli Meats Available Daily: Variety of Meats, Cheeses, Whole Grain Bread or Wraps, Vegetable Toppings, and Condiments</i>				
	Oven Gold Turkey	Buffalo Chicken	Maple Honey Ham	Genoa Salami	Provolone or Swiss
	ON THE GO				
ON THE GO	Fruit and Yogurt Parfait Available Daily				
	Make Your Own Salad	Pick Up a Container of Greens	Boar's Head Meat and Cheese from the Deli	Add Toppings from the Salad Bar	Dressings at the Condiment Stand
	Salads offered with two whole grain dinner rolls or tortilla				
	EXTRA EXTRA				
extra extra	Chick Pea Salad	Power Peas	Chick Pea Salad		
	Tossed Garden Greens Assorted Vegetables	Tossed Garden Greens Assorted Vegetables	Tossed Garden Greens Assorted Vegetables		
	Whole Fresh Fruit	Whole Fresh Fruit	Whole Fresh Fruit		
	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit		

Food Focus of the Month:
Melon!



A Full Student Lunch includes a choice of entrée supplying grain and/or protein, two (2) vegetable/fruit side dishes, and a choice of milk: skim, 1%, or chocolate. Full Paid \$3.50, Deli and Action Station \$4.25, Reduced \$0.40, Free to those that qualify. Adult Staff Meal \$4.75, with water \$5.50, Staff Deli and Action Station \$5.50, with water \$6.25. Questions: Call Gary Holland at 860-434-4442 or email at hollandg@region18.org. Applications for Free and Reduced Meals are available at the Main Office of each school and on the district website. This Employer is an Equal Opportunity Provider.