



SIMPLY GOOD

Lyme Old Lyme ES: Lunch Menu June 2019

	Tuesday	Wednesday	Thursday	Friday
Build Your Tray the Healthy Way!	Take at Least 3 Food Groups.	A Full Student Lunch Includes an Entrée	Supplying Grain and/or Protein	Vegetable and Fruit Side Dishes And a Choice of Milk
3 Classic Cheeseburger WG Bun Seasoned Potato Wedges Glazed Carrots	4 Chicken Tacos Shredded Cheddar, Salsa Lettuce, Tomato, Light Sour Cream, Mex Corn	5 Cheese Filled Breadsticks Warm Marinara Sauce Seasoned Broccoli	6 Golden Toasty Cheese Sandwich Campbell's Tomato Soup	7 Classic Cheese OR Pepperoni Pizza California Veggie Blend
Week 1: Cereal, Yogurt, and String Cheese Fun Lunch/Boar's Head Oven Gold Turkey and Provolone w/Lettuce on a Bulkie Roll				
10 Turkey Hot Dog Baked Beans French Fries	11 Beef Nachos Shredded Cheddar, Salsa Lettuce, Tomato, Light Sour Cream, Mex Corn	12 Pasta with Meatballs Seasoned Broccoli Toasted Whole Grain Garlic Bread	13 Early Dismissal Fun Lunch Only Mini Maple Burst Pancakes, Yogurt and String Cheese	14 Early Dismissal Fun Lunch Only Muffin, Yogurt and String Cheese
Week 2: Muffin, Yogurt & String Cheese Fun Lunch/Boar's Head Maple Honey Ham and Swiss w/Lettuce in a Whole Grain Wrap				
HAVE	A	GREAT	SUMMER	VACATION!
Farm Fresh Fruit and Vegetables featuring Local Farms and Orchards				
Power Peas Fresh Baby Carrots Assorted Fresh Fruit (LG) Assorted Chilled Fruit	Garbanzo Beans Green Pepper Strips Assorted Fresh Fruit (LG) Assorted Chilled Fruit	Power Peas Fresh Baby Carrots Assorted Fresh Fruit (LG) Assorted Chilled Fruit	Garbanzo Beans Green Pepper Strips Assorted Fresh Fruit (LG) Assorted Chilled Fruit	Power Peas Fresh Baby Carrots Assorted Fresh Fruit (LG) Assorted Chilled Fruit
We Now Serve	<u>Boar's Head</u>	Deli Meats	At All Our Schools	In Region 18!



Vegetarian



Locally Grown

**Food Focus of the Month:
Melon!**

A Full Student Lunch includes an entrée supplying grain and/or protein, two (2) vegetable and one (1) fruit side dishes, and a choice of milk: skim, 1%, or fat free chocolate. Full Paid \$3.00, Reduced \$0.40, Free to those that qualify. Applications for Free and Reduced Meals are available at the Main Office of each school and on the District website. Questions: Call Gary Holland at 860-434-4442. This Institution is an Equal Opportunity Provider.