



June 2019

In Season Watermelon

Watermelons are 92 percent water, but these refreshing fruits are filled with nutrients.

They have vitamins A, B6, and C, lots of lycopene, antioxidants and amino acids.



Monday

- Beef/Chicken Nachos 3
- Beef/Chicken Taco Salad
- Beef/Chicken Burrito
- Corn Dog
- Chicken Caesar Wrap
- Chicken Caesar Salad

Tuesday

- Hawaiian Beef Bowl 4
- Sweet -n- Sour Chicken Bowl
- Chicken Tenders
- Chicken Caesar Wrap
- Chicken Caesar Salad

Wednesday

- Chicken Drumstick with 5
- Tots and Roll
- Buffalo Chicken Tot'chos
- Corn Dog
- Chicken Caesar Wrap
- Chicken Caesar Salad

Thursday

- Chicken Tortilla Soup 6
- with Chips
- Big Wild Alaska Fish Taco
- Chicken Tenders
- Chicken Caesar Wrap
- Chicken Caesar Salad

Friday

- Beef/Chicken Nachos 7
- Beef/Chicken Taco Salad
- Beef/Chicken Burrito
- Wild Alaska Fish Burger
- Chicken Caesar Wrap
- Chicken Caesar Salad

- Beef/Chicken Nachos 10
- Beef/Chicken Taco Salad
- Beef/Chicken Burrito
- Corn Dog
- Chicken Caesar Wrap
- Chicken Caesar Salad

- Beef Gyro 11
- Thai Sweet Chili Chicken
- Chicken Tenders
- Chicken Caesar Wrap
- Chicken Caesar Salad

- Chicken Drumstick 12
- With Potatoes & Roll
- Chicken Potato Bowl & Roll
- Corn Dog
- Chicken Caesar Wrap
- Chicken Caesar Salad

- Cheese Ripper with 13
- Potato Soup
- Pork Enchilada
- Chicken Tenders
- Chicken Caesar Wrap
- Chicken Caesar Salad

- Beef/Chicken Nachos 14
- Beef/Chicken Taco Salad
- Beef/Chicken Burrito
- Wild Alaska Fish Burger
- Chicken Caesar Wrap
- Chicken Caesar Salad

- Beef/Chicken Nachos 17
- Beef/Chicken Taco Salad
- Beef/Chicken Burrito
- Corn Dog
- Chicken Caesar Wrap
- Chicken Caesar Salad

- Vegan Coconut Curry 18
- Orange Chicken Bowl
- Chicken Tenders
- Chicken Caesar Wrap
- Chicken Caesar Salad

- Macaroni & Cheese 19
- Pasta with Meat Sauce
- Corn Dog
- Chicken Caesar Wrap
- Chicken Caesar Salad

- Cheese Ripper with 20
- Tomato Soup
- Chicken Alfredo Pasta
- Chicken Tenders
- Chicken Caesar Wrap
- Chicken Caesar Salad

- Beef/Chicken Nachos 21
- Beef/Chicken Taco Salad
- Beef/Chicken Burrito
- Wild Alaska Fish Burger
- Chicken Caesar Wrap
- Chicken Caesar Salad

- Beef/Chicken Nachos 24
- Beef/Chicken Taco Salad
- Beef/Chicken Burrito
- Corn Dog
- Chicken Caesar Wrap
- Chicken Caesar Salad

25
Summer Vacation!

26
Summer Vacation!

27
Summer Vacation!

28
Summer Vacation!

This institution is an equal opportunity provider and employer.

Announcements

Offered Daily: Deli Sandwich, Pizza, Cheeseburger, Chicken Burger, Vegetable Burger, Yogurt Lunch AND Hummus Plate.

Included with All Lunches
Fruit & Vegetable Garden Bar
1% White or NF Chocolate Milk

Menu selections may change based on product availability.

*Juliana Fisher, MS, RDN, CD
Director, Food Services*

Meal Prices

<i>Breakfast</i>	
Elementary	\$1.75
Secondary	\$2.00
Reduced K-12	Free
Adult	\$2.40
<i>Lunch</i>	
Elementary	\$3.00
Secondary	\$3.25
Reduced K-3	Free
Reduced PK, 4-12	\$0.40
Adult	\$4.00
Milk Only	