

Kaufman ISD
School Health Advisory Council



Annual Report for 2018-2019

Community Members: Anita Hurtado, Arsenia Urquiza, Jessica Roberts, Terri Starwalt, Paula Statum, Tanna Taylor, Katie Sotzing, Brian Wood, Teresa Ibarra, Melanie Phillips, Valerie Horn, Lisa Prewitt, Angela Martinez, Maria Garcia

Staff Members: Kennan Dealy, Tiffany Jones, Stephanie Reeves, Susan Stahlman, Lydia Bushnell, Vonda Jones, Destiny Pinkston, Melanie Negri, Pete Ferrara

Student Members: Edwin Olvera, Joshua Cox, Spencer Keith, Amanda Rodriguez

Meetings

The Kaufman ISD SHAC (Student Health Advisory Council) Committee has met four times this past year. The meeting dates are as follows: September 26th, November 14th-changed to November 28th, February 20th, and May 1st, 2019. All meeting agendas can be found on the Kaufman ISD website under SHAC.

Overview and Accomplishments

1. Discussion was held to find ways to solicit more participation from the community and parents in regards to SHAC meetings.
2. SHAC promoted the Walk Across Texas program to all KISD Campuses presenting information about activity, healthy habits and family participation for all students in KISD.
3. Guest speakers were brought in to talk about the Walk Across Texas, Dana Morgan from Scurry The Treehouse, Bob McShane from Alzheimer's.org, Valerie Horn from The VOICE, Dallas Council on Drug and Alcohol Abuse, The KISD Wellness Center video was shared with the SHAC, Sharna Ellis from KPD re: "Screen Agers" google Documentary to be shown later in the summer, Chief Ferrara on Safety at KISD, and Patricia Rivera TDHHS discussed Teen Pregnancy information in Kaufman.

4. Voted to support a KISD Back to School Health Fair to be held August 5th, 2019
5. SHAC will sponsor a Nutrition Booth at the Health Fair with a hands on salad making station in conjunction with Kennan Dealy GM Food Services. We will have a nutrition wheel and information to pass out.

Goals for 2019-2020

During the final SHAC meeting in May , members discussed future SHAC activities. For direction Possible goals for next year include:

- Hosting a KISD Wellness/Health Fair and/or Back to School Fair in August
- Readdressing and Possibly implementing a program for students at NJH and KHS “TOO good for Drugs” by the VOICE
- Researching programs to benefit the Health of all students including pursuing the 3rd Annual Walk Across Texas for the Fall of 2019.

Respectfully Submitted,

Stephanie Reeves, BSN, RN
SHAC Coordinator/ KISD Nurse Coordinator