

AES |
EXTRA
CURRICULAR
ACTIVITIES



LYCÉE FRANÇAIS
DE SAN FRANCISCO



ASHBURY CAMPUS | SEPTEMBER 9TH - JANUARY 17 2020



GOALS OF THE AES DEPARTMENT & PROGRAM

Dear all, we wish our entire Ashbury community a safe and enjoyable summer vacation. If you have not already done so, we would like to take this opportunity to invite you to our summer camp programs offered over 9 weeks from June 24th to August 23rd. Registrations can be made here: www.lelycee.org/summercamp. Our team is pleased to present another exciting round of activities for semester One 2019|20. Please note that registrations will open at 12 pm on Tuesday, 4th June. The enrollment period will run through the summer and close on Friday 30th August. Changes and refunds can be made during the first two weeks and will close officially on Friday 20th September.

We have also changed the Semester Schedule by adding in more weeks into Semester One. This will allow our families a smoother transition in the Semester Two registration period. Semester One will now run through after the Winter break up until the end of January.

Please be sure to check and refer regularly to your Secured Parent Portal Website account. Here we have uploaded and updated the AES 2019|20 Parent Guidelines for your reference. We highly recommend for you to download and read carefully through this document.

We believe that participation in our activities will provide students a significant opportunity to become involved with other students and their coaches in an educational experience that takes place outside of the classroom while respecting traditional French/American traditions and customs.

As always, our door is always open (located on 4th floor) and we will endeavor to answer any of your questions or concerns in a timely manner.

New Exciting APC's semester one

Tiny Techies PreK & S & K-1
Girls on the Run
Amazing Athletes
Radio Club
Journalism
Introduction to Korean

ENROLLMENT STARTS
TUESDAY JUNE 4th!
ON ACTIVENET!
WWW.LELYCEE.ORG/INSCRIPTIONS

AES TEAM



Andrew Sobol

Director, AES |
Extracurricular Activities
asobol@lelycee.org



Véronique Baumbach

AES Assistant |
Extracurricular Activities
vbaumbach@lelycee.org





IMPORTANT INFORMATION

SESSION DATES

Session One: September 9th to January 17th 2020
Make up week is scheduled between January 21st-30th

PAYMENT

REGISTRATION IS ON-LINE ON ACTIVENET

www.lelycee.org/inscriptions

You can only enroll your own child. Once enrolled you will not be able to make any changes. For any changes, please contact us.

PAYMENT OPTIONS ARE:

- A. A one time payment at no additional charge
- B. A payment plan with 3 installments is available:
 - Initial payment is 50% of the activity fee, then 25% on October 1st and 25% on November 1st.
 - A one time additional credit card fee of \$12 is charged by the system for each payment plan (no refund).

ENROLLMENT MODIFICATIONS

Changes, transfers, refunds are possible within 2 weeks of registration deadline:

**Session ONE Enrollment Deadline : Thursday, 19th SEPTEMBER
(NO REFUNDS GIVEN AFTER THIS DATE Thursday 19th September)**

A \$10 processing fee will be charged for any change, withdrawal or refund made after enrollment. After these deadlines, no new registrations, transfers and refunds will be accepted, even for a withdrawal. Only in certain circumstance can a refund be given. For example due to a medical condition accompanied by a medical professional certificate.

ACTIVITIES OR PROGRAMS MAY BE SUBJECT TO CHANGE AT ANY GIVEN TIME. WE WILL DO OUR BEST TO COMMUNICATE ANY CHANGES OR CANCELLATIONS WHERE & WHEN POSSIBLE.

Please note that due to unforeseen circumstances, activities may be cancelled during the semester that are out of our or the school's control. If this occurs, a refund will be given for any remaining classes.

Note: Activities and programs require a minimum of six (6) students required for that activity/program to run unless communicated otherwise.

Total sessions per day for Semester Two:

Monday - 15

Tuesday- 16

Wednesday|Thursday- 15

Friday - 15

PLEASE NOTE: THIS AES SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME DUE TO CIRCUMSTANCES OUTSIDE OF OUR CONTROL. WE HAVE DONE OUR VERY BEST TO WORK WITH THE ADMINISTRATION TO MAKE IT AS ACCURATE AS POSSIBLE. WHEN POSSIBLE, WE WILL DO OUR BEST TO NOTIFY YOU OF ANY CHANGES AS SOON AS POSSIBLE.

NOTE: STUDENTS ENROLLED IN AND OUT OF CAMPUS DO NOT RETURN BACK TO THE CAMPUS AT THE END OF THE ACTIVITY OR PROGRAM.

AES IS NOT RESPONSIBLE FOR DAYCARE OR ETUDE REGISTRATIONS





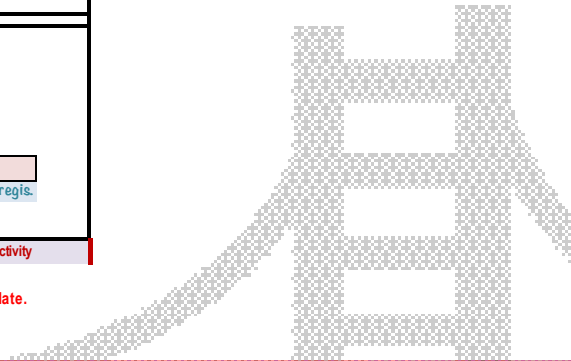
SESSION # 2

2018-2019

ASHBURY After School Program									
Horaires	3:15pm	3:30pm	4:00pm	4:30pm	4:45	5:00	5:30pm	6:00pm	
LUNDI Monday 14 weeks	Yearly regis. Yearly regis. Yearly regis.	Walk	Arts1 K-2nd						
			Jurassic Dino World K-2nd						
			Chess Begin. 3rd-5th						
				Supported St.Hall 1st					
				Supported St.Hall 2nd-3rd					
				Independent St.Hall 2nd-5th					
			Private Lesson PIANO VIBO						
			Private Lesson GUITAR VIBO						
			Judo Begin. K-1st						
			Tennis K-1st						
				Judo Adv. 2nd-5th					
MARDI Tuesday 17 weeks	Yearly regis. Yearly regis. Yearly regis.	Walk Van	Arts1 K-2nd						
			Choir 3rd-5th						
			Mandarin Lev2 1st-5th						
			Spanish Immersion 3rd-5th						
				Supported St.Hall 1st-2nd					
				Supported St.Hall 3rd-5th					
				Independent St.Hall 2nd-5th					
			Private Lesson PIANO VIBO						
			Acrosports PreS-PreK						
			BasketBall K - 2nd						
			Tennis 4th-5th						
				BasketBall 3rd -5th					
MERCREDI Wednesday 17 weeks	Yearly regis.	Bus Walk	Spanish Begin. K-2nd						
			Codefu 1st-2nd						
			Drama 2nd-5th						
			Cooking K-1st						
			ClayMaking 3rd-5th						
				Supported St.Hall 1st-2nd					
				Independent St.Hall 2nd-5th					
			Private Lesson PIANO VIBO - 30 min						
			Acro-Combo PreS-PreK						
			Capoeira 2nd-5th						
			Soccer K-2nd						
JEUDI Thursday 17 weeks	Yearly regis. Yearly regis.	Walk	Drama 2nd-5th						
			Inventor Team 3rd-5th						
			Chess Adv. 3rd-5th						
			Spanish Immersion 1st-2nd						
			Mandarin Lev2 1st-5th						
			Ballet K-2nd						
				Supported St.Hall 1st-5th					
				Independent St.Hall 2nd-5th					
			Private Lesson PIANO VIBO - 30 min						
			Judo Intro K-3rd						
			Yoga1 PreS						
			Yoga2 PreK						
				Judo Compet 3rd-5th					
				Yoga3					
VENDREDI Friday 16 weeks	Yearly regis. Yearly regis.	Walk Van	Textile K - 2nd						
			Minecraft Lev1 3rd-5th						
			Debate 3rd-5th						
			Choir 1st-2nd						
				Supported St.Hall 1st-5th					
				Independent St.Hall 2nd-5th					
			Private Lesson PIANO VIBO - 30 min						
			Fencing K-1st						
			Acrosports K-2nd						
			Tennis 2nd-3rd						

Activities starts on 01/14/2019 - Ends 05/31/2019		Students enrolled in out-of-campus activities DO NOT return BACK to campus at the end of the activity	
Priority Registration Online Opens	12/5/18	TWO Make up weeks scheduled from 06/03 to 06/14/19	
Registration Online Opens	12/10/18	All registrations closes definitely on 01/25/2019 No refund/changes after this date.	
Registration Online Closes	1/11/19	Minimum Registration : 6 per activity	
ADD/DROP Activities period	1/14/19 to 01/24/2019		

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SCHEDULE

SCHEDULE

CULTURE

ATHLETICS

S.T.E.A.M.

MUSIC

LFSF After School Program – Elementary | 2019- 2020 Calendar

August '19						
Su	M	Tu	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

September '19						
Su	M	Tu	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

October '19						
Su	M	Tu	W	Th	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

November '19						
Su	M	Tu	W	Th	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

December '19						
Su	M	Tu	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

January '20						
Su	M	Tu	W	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

February '20						
Su	M	Tu	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

March '20						
Su	M	Tu	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

April '20						
Su	M	Tu	W	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

May '20						
Su	M	Tu	W	Th	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

June '20						
Su	M	Tu	W	Th	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

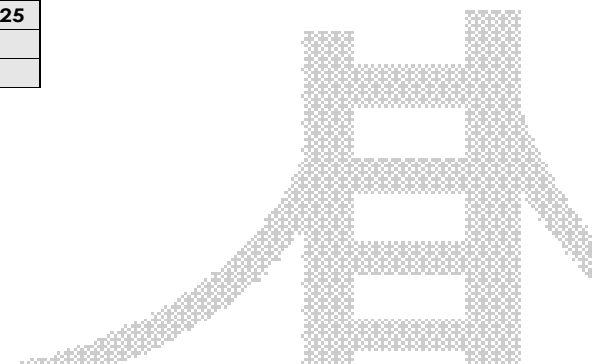
July '20						
Su	M	Tu	W	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

- School Closed
- First & Last day of School
- Make-Up Period
- Camps 2018-19
- Camps 2019-20
- Fall/Winter Semester
- Spring Semester
- AES Show

(*) Calendar dates subject to change at all times

SUPPORT THE
ATHLETIC PROGRAM
& THE AES DEPARTMENT!

Calendar Subject to
Change at all times



CULTURE

ARTS 1 (K & 1ST-2ND) | MONDAY \$435 & TUESDAY (K & 3RD- 5TH) \$464

This class introduces the student to the sheer joy of creating art while learning the classical principals of drawing such as line, form, value and lighting, composition, perspective, texture, contrast and structure. Our choice of high-quality art materials for little hands is based on creating the best exposure to the enjoyment of the process.

This is a fine arts program and our approach, quality of instruction, selection of instructors and materials used are of a high quality and caliber. This is not just a recreational arts and crafts class but rather a skill building class that engages your child.

The student develops their ability to see relationships by gradually training both eye and hand. Essential elements of visual representation, shape, size and placement are emphasized. The class combines drawing and painting moving from sketching to painting at an appropriate pace. Color theory is taught. Mixing colors is shown. Color in relation to tone (light and dark) is explored. Brush techniques are also covered.

Beyond enhancing your child's fine motor and life-skills the concepts taught in this class hone observation, coordination and an appreciation for beauty.

Instructors: Earthfire Studios <http://www.earthfireartsstudio.com/classes>

DRAMA (2ND - 5TH) | WEDNESDAY \$300

DRAMA (2ND - 5TH) | THURSDAY \$300

Enter onto the stage and in the French culture with Gregory! Be a member of a troupe, learn to feel comfortable in front of an audience, work your memory and your speech enunciation while playing sketches or improvisations! Present your production at the end of the session!

Instructors: Gregory Galin





CULTURE

TEXTILES & FIBRE ARTS (K-2nd) | FRIDAY \$390



This class will introduce students to the basics of textile and fiber art techniques. Processes such as sewing, wool felting, weaving, screen printing, macrame, dying, stamping and fabric painting will be introduced. Students will learn to design, plan and execute their ideas from an abstract notion into a tangible product.

ADVANCED TEXTILES & FIBRE ARTS (3rd-5th) | FRIDAY \$390



This class introduces the different aspects of textiles and fiber as a creative medium. While considering the environmental and historical background of fiber arts, students will be learning techniques such as sewing, embroidery, macrame, weaving, indigo and synthetic dyeing, screen printing, wool felting, and crochet. Students will learn to design, plan, and execute their ideas from an abstract notion into a tangible product by combining the skills they have learned. Projects may include the following:

Hand-dyed Bags / Decorative pillows / Embroidered Patches
Felt Essential Oil Diffusers / Macrame Plant Hangers & Wall Hangings
Hand-dyed Silk Scarves / Crochet Accessories / Zipper Pouches

Instructor: Dragonfly Designs

CLAY MAKING FOR KIDS (K-2nd) & (3rd-5TH) | THURSDAY \$330



In this class, children will play with clay to create beautiful works of art. They explore a variety of hand-building methods (slab, coil, and pinch), explore texture, and glaze their pieces with bright non-toxic glazes. Projects may include masks, fantasy animals, self-portraits, planters, and more.

Instructor: Farzaneh Sadaji

COOKING (K-1st) & (2nd - 5TH) | WEDNESDAY \$465 (INCLUDING MATERIALS & INGREDIENTS)



Hello! My name is Lamia Spohn and I'm a Pastry Chef Manager at Choux Bakery in San Francisco and AES chef Ortega & Sausalito, this semester I come to Ashbury! I love to teach and my passion for food also involves the science part, preparation, safety and the importance to eat healthy. I will introduce you to the basics and French cooking techniques as well as sharing a few secret recipes. For this class, healthy eating is teaching our kids about what is in their refrigerator and pantry at home. **Requirements for students:** Each student will need to wear an apron and gloves. Respecting and following the rules of the Head Chef is non negotiable.

Instructor: Lamia Spohn



CULTURE

SPANISH IMMERSION LEARNING | (3rd-5th) TUESDAY \$368 & (1st-2nd) THURSDAY \$345

Students will be presented with the opportunity to engage with a native Spanish speaker every session. This is a full- immersion Spanish program offering interactive activities for preschool and up! Our curriculum focuses on expanding vocabulary and developing conversational Spanish skills, while strengthening their appreciation for Latin American culture through music, art, games, and literature in Español! All materials are included and supporting vocabulary lists, phrases and tips for ways to engage will be provided for families of students attending.

NOTE: NEED MINIMUM OF 10 STUDENTS TO RUN THIS CLASS

Instructor: Spanish Immersion Learning!

SPANISH BEGINNER (K-2nd) | WEDNESDAY \$330

Spanish for beginners Level 1" (Kindergarten, 1st & 2nd graders)

In these classes kids will learn "Everyday Topics" through fun activities, games, songs and crafts projects. Kids will learn " everyday" greetings, introductions, likes and dislikes, calendar, weather, simple questions and responses, and introduced to basic verbs with a native Spanish teacher. This level is aimed at kids who have already taken the "Spanish for beginners Level 1" or have been exposed to the Spanish language and know already the basics. Kids will learn "Everyday Topics" through conversation, reading and writing activities and continuously review greetings and introductions. Kids will use verbs in simple sentences, describe " yourself and others", "where things are located", "things you do", "asking questions and responding to questions " and commands through fun and challenging activities, games and craft projects with a native Spanish teacher.

Instructor: Seila Gracia Vicente

RADIO CLUB (3rd-5th) | MONDAY \$300

AES Video classes will involve producing fun, short videos and interviews. This will be a fun and interactive class!

Instructors: Farinaz Agharabi

JOURNALISM (3rd-5th) | MONDAY \$300

Interview techniques - We will interview several guests, watch and listen to good and bad interviews; Students often have opinions, but can't communicate them effectively. Learn how to improve your persuasive verbal skills; Exploring reviews - including movie and music reviews; Preparing and recording the news; How to improvise as a reporter; Create public Service announcements for radio and TV. AES Video classes will involve producing fun, short video and interviews. This will be a fun and interactive class!

Instructors: Farinaz Agharabi



CULTURE

DEBATE/MOCK TRIAL (3rd-5th) | FRIDAY \$300

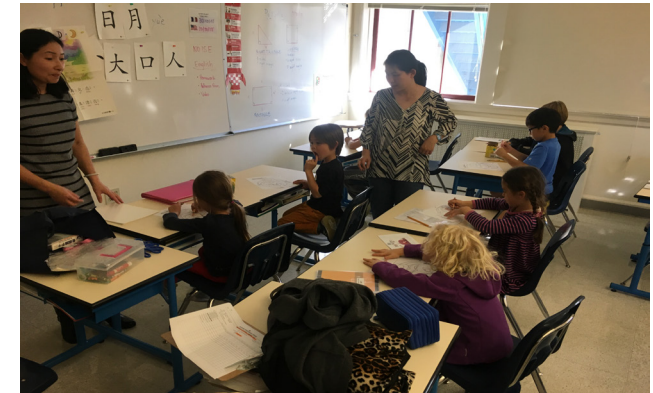
Debate is one of the oldest forms of human communication. It was perfected by the Greeks over 2,000 years ago and plays an important part in our country's democracy. When the ancient Greeks would meet, they called it a 'symposium,' a place where people gathered to discuss and debate the philosophical topics of the day. This exciting new class gives a forum for students to do just that. You will learn how to express yourself freely through language and learn how to be an effective communicator through various time-tested, ageappropriate activities. Additionally, this class learns about the basic functions of the U.S. court system through 'mock trials' where students will role-play as lawyers, defendants, and judges. Always a big hit! Come learn all the tools of effective debate and public speaking by joining us in weekly 'symposiums' where all opinions matter.



Instructor: Parker-Anderson Enrichment

Level 1 MANDARIN (K-1st) | TUESDAY & THURSDAY - 2 classes per week Level 2 MANDARIN (2nd-5th) TUESDAY & THURSDAY- 2 classes per week \$713 for TWO classes per week

Qiao Ji Mandarin is an academic after-school language enrichment program for elementary K-5. We have been providing daily language enrichment and academic language instruction in the San Francisco Unified School District for 10 years. Our curriculum is cultural project-based instruction designed to maximize student energy and interest. We emphasize basic fundamentals of Mandarin – teaching students reading, writing, listening, and speaking. Language is an acquired skill and our program's strength is our teacher's ability to inspire students. Through class cultural- and project-based activities, we promote student confidence and passion in learning Mandarin – something we hope will last a lifetime.



Instructor: Qiao Ji Mandarin

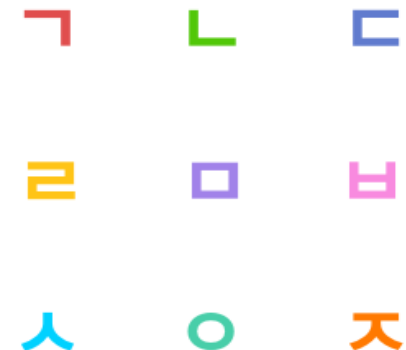
INTRODUCTION TO KOREAN ALPHABET (K-3rd) | MONDAY \$465

This course is designed to introduce Korean Alphabet, Hangul, for students without any or very little knowledge of Korean Language. This course focuses on reading and writing Hangul along with learning pronunciation rules and basic conversational expressions. Upon the completion of the course, students will be able to read and write simple vocabulary and short sentences in Korean.



Tuition Fee: includes 2 main textbooks + Class materials(Korean children's books, additional textbook materials, art project materials, etc.)

Program Manager Korean Center, Inc. (KCI) springk@koreancentersf.org
Director King Sejong Institute, San Francisco (KSISF)





FENCING 1 (K - 1ST) | FRIDAY - YEAR LONG COMMITMENT \$754
FENCING 2 (2ND - 5TH) | FRIDAY



***Note Year Long Commitment Automatic Rollover - Contact AES Directly**
If you are interested in enrolling for this program.

Fencing is the art of mastering space, time and life! Hold your opponent on the tip of your foil under the watchful eye of the rigorous master of arms, Yves Ghiai. Fencing develops a sense of brotherhood, loyalty, righteousness and nobility of heart. At the end of the training you can get your “blason”, an official French diploma that LFSF accredited by the French Fencing Federation. LFSF is the only Lycée Français of the world to be member of this Federation! All fencers will have an additional cost of \$54 for the Fencing federation license that will need to be paid by check directly to Yves Ghiai at the start of the school year. All students from all campuses are to have their own equipment. **As of Septmebr 2019, Ashbury classes will include LIGHTSABER fencing.**

Note: By registering for this program each family accepts the set of Parent Guidelines specifically for fencing available for download from your Parent Portal account - AES Athletics.

Instructor: Maître d'armes Yves Ghiai et ses prévôts



BALLET A (K) | THURSDAY \$330
BALLET B (1st-3rd) | THURSDAY \$330

Igniting the Joy of Classical Ballet Class: This class is designed to give your child a solid foundation in the principles of classical ballet. The focus will be on technique with an emphasis on musicality, rhythm, and placement. Instructor Jacqueline Low believes that classical ballet should be taught with discipline, focus, creativity, and FUN to sustain a child's natural “Joy of Dance.” The children will learn creative, beautiful, and fun choreography while being encouraged to reach their highest potential. This class is appropriate for children new to ballet as well as those with previous ballet experience. Parents will be notified of observation days and performances. For more information about Jacqueline please visit her website www.joyofdanceballet.com.

Instructor: Jacqueline school of Ballet



GIRLS ON THE RUN (3rd-5th) | TUESDAY \$320
PICK UP AT KEZAR STADIUM DIRECTLY - No return to Ashbury campus

Build your daughter's confidence through running! A team of 16 girls will make new friends, build confidence and leadership skills, and celebrate all that makes them unique. Each practice consists of a movement-based lesson, games, and a running workout, all from the nationally-recognized Girls on the Run curriculum. The season ends with the Girls on the Run 5K in San Francisco, which is part of the largest 5K series in the US. All supplies, t-shirt, water bottle, and entry to the 5K are included with the program. We actively recruit volunteer coaches so if you'd like to participate with your child, email info@gotrbayarea.org - we provide all training, lesson plans, workouts, materials, and support needed to enable success.

Instructor: Girls on the Run

ATHLETICS



Building Confident, Healthy Girls

Natalie Langsdorf | Program Director
Girls on the Run of the Bay Area
The Women's Building | 3543 18th
Street #31 | San Francisco, CA 94110
office 415.863.8942 ext 2 |
www.gotrbayarea.org | nlansdorf@gotrbayarea.org



SCHEDULE

CULTURE

ATHLETICS

S.T.E.A.M.

MUSIC

ASHBURY SOCCER PROGRAM



The World's Most Popular Sport Made Fun and Simple!

Super Soccer Stars offers fun, high-energy kids soccer classes in the San Francisco Bay Area. Set in a fun, non-competitive environment, we offer age-specific programs which introduce children to the fundamentals of soccer through creative programming and imaginative games. Our dynamic coaching staff, consisting of early childhood, education, and soccer specialists, utilize a unique curriculum which is crafted to improve soccer skills, build self-confidence, and develop socialization skills.

Our NSCAA, USSF and UEFA certified coaches are dedicated to developing well-rounded players in a fun and challenging environment. Super Soccer Stars hones in on developing key individual 1v1 techniques, improving players' employment of skills at speed and developing the confidence to unlock each player's true potential.

* For Winter, developmental classes will be conducted for those grades that could not field a team for the FALL season. This information will be communicated to all families before the AES semester commences.

*SPRING registration details will be released in November 2019 for the season beginning March 2019. All children will be invited to an evaluation day during the fall to prepare for registration for the spring season.

HOW TO REGISTER YOUR CHILD FALL & EINTER - CONTACT SUPER SOCCER STARS DIRECTLY

NOTE: THE TRAINING/MATCH SCHEDULE FOR FALL IS RELEASED BY THE SF YOUTH LEAGUE & PARK and REC. WE DO NOT HAVE CONTOL OF THESE DATES OR TIMES. THANK YOU FOR YOUR UNDERSTANDING.

AMAZING ATHLETES (K-5th) WEDNESDAY \$375

Amazing Athletes uses a multi-sport program to benefit children aged 3 to 6 years physically, mentally, socially, and emotionally. Our program introduces the fundamentals of 10 different sports (soccer, hockey, volleyball, basketball, tennis, lacrosse, football, track and field, baseball, and golf) in a non-competitive environment. Children in Amazing Athletes routinely gain greater confidence, learn to combine fitness with fun, and develop 6 key motor skills:

Balancing | Running | Jumping | Throwing | Catching | Kicking

ATHLETICS

Micro Soccer

Available for the following students:

PreK

Kindergarten

1st Grade

SF Youth Soccer

Available for the following students:

2nd - 5th Grade



DAVID MARES

Bay Area Regional Coordinator

T. 415-233-8277

F. 310-494-0505

C. 415-323-8033

supersoccerstars.com



ATHLETICS

JUDO BEGINNERS (K-1ST) | MONDAY \$624

JUDO ADVANCED (2ND-5TH) | MONDAY \$624

***Note Year Long Commitment Automatic Rollover for Semester Two**

As created by Jigoro Kano, Judo (literally 'Gentle Way') is an intellectual, physical and moral method of education. It includes throwing, pinning and submission techniques. Judo is also educational and has fundamental values which are part of the Judo Moral Code: Friendship, Courage, Sincerity, Honor, Modesty, Respect, Control of Oneself, and Politeness. Be ready to share those values with William a black belt, through regular practices, and participating in clinics, local, state or abroad tournaments, and group training with other schools. Every year you could reach a new level rewarded by a colored belt!

Instructor: William Desmole

INTRODUCTION TO JUDO (K-3RD) | THURSDAY - \$375

Judo is a wonderful system of physical, intellectual and moral education. It has its own culture, customs and tradition. Judo gives its students a code of ethics, a way of living and a way of being. Judo originated in Japan which derived from various martial arts practiced by samurai where the objective is to use the opponent's weight against him. Judo means the "Gentle way".

Pick up at Waller Center directly 4:30 pm.

JUDO COMPETITION (3RD-5TH) | THURSDAY @ 4:30 pm \$725

***Note Year Long Commitment Automatic Rollover for Semester Two**

Judoka will deepen their technical knowledge, will develop some physical abilities to maintain and manage intensive fights. Judoka will master their techniques in order to apply them at various tournaments in a "Gentle way" which is the definition and essence of Judo.

Note: This is a one year commitment, students will be rolled over for Semester Two .

***Both Thursday classes will be held at the Waller Center (please pick up your child from Waller)**

Instructor: William Desmole

CHESS BEGINNER (3RD-5TH) | MONDAY \$300

CHESS ADVANCED (3RD-5TH) | THURSDAY \$300

Chess is one of the most popular games in the world and it is never too late to learn how to play it. Novice or expert, you are all welcome. Come learn "checkmate": how to move all the pieces all the way to play with an opponent on a clock to understand different cadences. Get ready for fun and strategy!

Instructor: Kenneth Curtis



ATHLETICS

MINI TENNIS 1 (K-1st | MONDAY @ WALLER \$570

Students will be taken to the Waller Center for their class. Pick up from Waller directly after class 4:30 pm.

TENNIS 2 (2nd-3rd) | FRIDAY \$465 @ Lake Merced

TENNIS 3 (4th-5th) | TUESDAY \$496 @ Lake Merced

Tenacious Tennis Academy (TTA) is open to anyone, Lycée Français students will meet and play with kids from all over San Francisco. Groups are arranged by age and/or ability, and because there are 14 courts at SFSU, we are able to spread out to ensure that groups are copacetic. Our goal is to meet each student where they are and to help them reach their tennis goals, whether it be just for fun or to train for competition. With our 14 person passenger van we are now able to transport up to 12 LFSF students to and from the courts at SFSU.

PICK UP AFTER CLASS AT THE SFSU TENNIS COURTS AT 5:45PM, OR THE PARKING LOT ON BOWLING GREEN DRIVE IN GOLDEN GATE PARK AT 6PM.

PLEASE NOTE THAT TRANSPORTATION TO/FROM THE COURTS IN THE TTA VAN IS AVAILABLE TO THE FIRST 12 STUDENTS TO SIGN UP FOR AES TENNIS. TRANSPORTATION MUST BE ARRANGED DIRECTLY WITH TTA.

PLEASE EMAIL JEFF THOMAS DIRECTLY TO ARRANGE SHUTTLE. jeff@tenacioustennisacademy.com

THE LFSF IS NOT RESPONSIBLE FOR TRANSPORTATION. WE ALSO RECOMMEND KANGO SERVICE AS AN ALTERNATE OPTION

Instructor: Jeff Thomas - Tenacious Tennis Academy

RHYTHM & YOGA 1 (PRE- S&K) | THURSDAY \$300

RHYTHM YOGA 2 (K-5TH) | THURSDAY \$300

With the fast pace of today's world, Yoga for Kids helps children cultivate peace and calmness by balancing the mind and body all while having fun! Yoga for Kids takes a silly to calm approach allowing students to be involved in the creative and imaginative classes that always end in relaxation. Teaching children the benefits of yoga and mindfulness so they know how to take care of themselves and each other from a young age helps develop life long healthy habits and balanced individuals. This class will help children cultivate a calm mind and balanced body while having fun and being creative! Classes promote physical, emotional and social development for all children and leave kids feeling happy, focused and relaxed! Alexandra Rossi has been teaching yoga and mindfulness for the past 10 years. She is currently training adults to become kids and teen Yoga teachers

Instructor: Alexandra Rossi





ACROSPORTS

PS - TUESDAY \$448 | PK WEDNESDAY \$420

ACRO COMBINATION (K-2nd) TUESDAY \$448 | WEDNESDAY \$420

AcroSports' energetic class introduces tumbling/gymnastics to students with a focus on coordination, flexibility, and strength. AcroSports' tumbling classes are designed to encourage students to develop spatial awareness, balance, and gross motor skills. Classes are delivered by experienced coaches using a range of equipment including panel mats, incline mat, crash mat, springboard, balance beam, and low bar.

Parkour is the sport of using the body for uninterrupted, efficient forward motion over, under, around and through the environment. AcroSports' energetic class introduces parkour to students with a focus on coordination, flexibility, and strength. AcroSports' parkour classes are designed to encourage students to develop spatial awareness, balance, and gross motor skills. Classes are delivered by experienced coaches using a range of equipment including panel mats, incline mat, trapezoid mats, wooden plyometric boxes and skill blocks.

Instructor: Acro Sports

CAPOEIRA (2nd-5th) | WEDNESDAY \$375

Capoeira is a Brazilian Martial Art form that combines self-defense, rhythm, music, acrobatics, and creative expression. In class students will learn the history of capoeira and the movements to play. Students will also learn Capoeira Songs in Brazilian Portuguese and how to play several instruments. The class is mixed level open to beginners and intermediate students. Uniform is required

Students will be taken to the Capoeira Dojo studio on Stanyan st. for their class. Parent Pick up directly from the studio.

Instructor: Ivan de Silva

BASKETBALL (K-2nd) | TUESDAY \$432

BASKETBALL (3rd-5th) | TUESDAY \$432

Come and play basketball with Thomas, an accredited and certified French Coach who has coached elementary groups previously. This class will help transition 5th graders into our Middle School Basketball program!

***Both Thursday classes will be held at the Waller Center (please pick up your child from Waller)**

Instructor: Grant Thomas



ATHLETICS





S.T.E.A.M.

CODE FU (1st-2nd) & (3RD-5TH) | WEDNESDAY | \$390

Code Fu: Mini Coding Dojo: 1st-2nd

Using iPad/Asus Tablet applications like Scratch Jr, Kodable, Light bot, and Bloxels coupled with hands on board games that promote social problem-solving, Code fu's 1st-2 Dojo teaches students the computational logic of Computer Science/coding as well as provides them with an introduction into a number of block based coding languages. The second session will focus on tangible coding and will be introducing robotic coding using a number of Coding Robots such as Cubetto!

Code Fu: Upper Grade Dojo:3rd-5th

Instructor: Code fu



MINECRAFT (3rd-5TH) | FRIDAY \$330 Level 1 & Level 2

Come play the most popular computer game on the planet! Create individual worlds using specific building techniques and the learn the basics of 'command blocks,' as well as how to change the look of the game in an infinite number of ways. This class will be especially fun for those students interested in ARCHITECTURE and/or ENGINEERING but first-timers are encouraged to join as we explore the world of Minecraft by learning strategy, team building, and cooperation skills. Hope to see you in this exciting class in the Fall!

Instructor: Parker Anderson Enrichment



S.T.E.A.M.

TINY TECHIES PreK | MONDAY & FRIDAY \$330

The Tiny Techies mission is to promote school readiness and life long interests in STEAM (Science, Technology, Engineering, Art, Math). Tiny Techies introduces students to robotics and interfacing through hands-on interactive technology projects. We build robots, paint with electricity, make movable and wearable inventions with motors, sensors, conductive materials, and more. Our techies engage with technology as a tool of creation, innovation and problem-solving design! We are the makers of the machines of the future! Our teaching style supports inquisitive learning as we experiment with themes such as: solar/wind energy, e-waste, architecture, interfacing, circuits and biology. Examples of our technological materials include: vibration motors, copper tape, generators and tilt sensors. Our techies make projects such as: artbots, wands powered by wind, motorized vehicles and more! We provide academic support through literature, edtech tools such as circuit cubes as well as provide manipulative materials for sensory play. The classes are designed by Diva Helmy, a preschool teacher and graduate of the Parsons Paris Art, Media and Technology BFA program in France and the MFA program at the University of Bergen in Norway.

Instructor: Diva Helmy



TINY TECHIES (K-1st) | THURSDAY \$330 **3:30 pm & 4:30 pm**

Tiny Techies for kindergarten and first grade students is an interactive art and technology experience. We provide tools to design and engineer robots, vehicles, and robotic cities; make solar and wearable art and experiment with the mechanics of gears, motors, lights and conductive materials. We will develop our problem-solving skills through exploring the coding process: how can we program robots to reach targets? Our teaching style supports inquisitive learning as we experiment with themes such as: solar/wind energy, e-waste, architecture, physical computing, circuits and biology. Examples of our technological materials include: vibration motors, copper tape, generators and tilt sensors. The classes are designed by Diva Helmy, a preschool teacher and graduate of the Parsons Paris Art, Media and Technology BFA program in France and the MFA program at the University of Bergen in Norway.

Instructor: Diva Helmy



INTRO TO MICROSOFT BASICS (3rd-5th) | MONDAY- \$315

Word is a powerful processing program used to create, edit and save new documents. In this class students will learn to create and format documents, insert and edit images, charts, and more! Using quick tips, shortcuts and time-saving tricks, students will be able to zip through homework and make well-formatted and attractive papers!

Instructor: Typo A





MUSIC

CHOIR (3RD-5TH) | TUESDAY \$336



For Semester Two, Aurelie will be on school leave. In her Absence, her assistant Alex Farrell from Semester One will take her class.

Instructor: VIBO Music

CHOIR (1st-2nd) | FRIDAY \$315



Instruction to: Musical Theater, Popular Music, Singing/Songwriting, and beyond! Learn the tools of Self Expression, Confidence and Stage Presence, Emotional Intelligence, Storytelling, Creativity, and Passion while: Unleashing your Vocal Power and learning how to perform with Style, Tone, Rhythm, and more! Connect as an ensemble, with yourself, and with your audience! This is the magic of voice.

Instructor: VIBO Music

PRIVATE MUSIC CLASSES (STARTING IN 1ST GRADE) PRICE: \$40 PER HALF HOUR LESSON

PIANO WITH VIBO



Private Piano Lessons provide the most individual attention and accelerated learning. Focusing on the individual student and his/her needs and goals, these lessons help to nurture the growth of natural musical talent. Lessons focus intensely on all aspects of music-making: technique, musicality, talent, discipline, and passion. Beginning students will learn music note-reading as well. www.vibomusic.com

Classes: Monday through to Friday.

Instructors: Chia Lee

GUITAR WITH VIBO



Private Guitar Lessons: Learn on the student's own pace, private guitar lessons provide the opportunity for students to study their favorite style of music. Beginning students learn basics such as posture, note-reading, easy chords, right hand strumming and finger-picking. More advanced students learn technique that applies to their favorite songs. Private lessons are a great way of instilling discipline and promoting self-esteem in children through a non-threatening and entertaining approach. www.vibomusic.com

Guitar classes: Monday





NON AES - STUDY HALL & SHUTTLE

FROM MONDAY TO FRIDAY | \$15 PER STUDY HALL 

You will have the choice between :

Supported Study hall where the ratio is 1:6 - Students are helped, advised and little by little are taught to become autonomous. If there is any time left at the end of the session, students are encouraged to do silent reading.

FREE INDEPENDENT STUDY HALL AVAILABLE

Independent Study hall where the ratio is 1:20 - Students work in autonomy in a quiet classroom under adult supervision. A minimum of 12 registrations is required to open this class and only students enrolled in Yearly daycare can participate.

For further information please email directly to Veronique Baumbach at vbaumbach@lelycee.org

NOTE : Etude is on a yearly enrollment basis

SHUTTLE STUDENTS

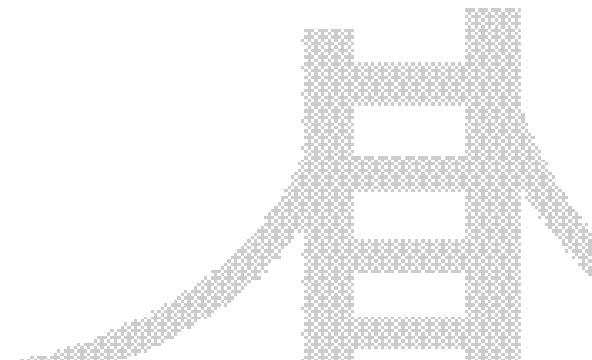
Please refer to the Ashbury schedule for activities after 4pm.

Please contact us for registration assistance - vbaumbach@lelycee.org

LESSON CANCELLATION REMINDER

If a lesson is canceled it will be made up in the make up week period. Free Daycare will be offered if a lesson is canceled within 24 hours notice.

PLEASE NOTE IF AN AES CLASS IS CANCELED LESS THAN 24 HOURS NOTICE - FREE DAYCARE WILL BE PROVIDED



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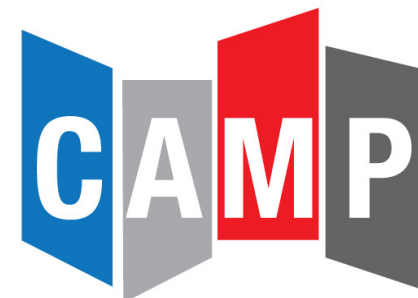




Lycée Français de San Francisco



SUMMER



Lycée Français de San Francisco

YEAR ROUND CAMPS

We conduct highly-valued French Immersion camps during school scheduled vacation time across all 3 of our campus locations. Our camps are conducted in a safe and fun environment with experienced and well trained LFSF staff. For each specific camp, our aims are to organize and structure each one with impeccable quality adding in a fun and exciting educational theme for our campers! We offer extended day care services from 8 am to 5:30 pm daily and provide a shuttle service between campus locations when needed.

For LFSF parents, more detailed information can be found by visiting your parent portal accounts regarding LFSF camps only.

October

February- Include Snow Camp

April- Includes Snow Camp (subject to snow conditions)

SUMMER CAMPS

June-August - Slots Open & Available to Public

For more information please visit: www.lelycee.org/summercamps

REGISTRATION OPENS 1 MONTH BEFORE CAMP SESSION
MORE INFORMATION TO COME IN NOVEMBER/DECEMBER

LYCÉE FRANÇAIS DE SAN FRANCISCO

SUMMER CAMP
Lycée Français de San Francisco

SUMMER CAMPS 2019

lelycee.org/summercamp

discovery
culture
outdoors

Summer Fun

DAYCARE CAMP

K-6th ActiveNet # 4037	Ashbury 8am - 5:30pm \$400/week Daily registration available \$90/day
PreK ActiveNet # 4043	Drop off & Pick up anytime between 8am - 5:30 pm

Registrations open **June 12th** @ 12pm

CAMP