

\*CONTAINS PORK

# JUNE 2019-JUNIOR HIGH ONLY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
27 <b>MEMORIAL DAY</b> 	28 CHEESE PIZZA SQUARE-30G GREEN BEANS-6G DICED PEACHES-12G FRUIT SNACKS-22G MILK  CALORIES-610/580	29 CHILI CHEESE WRAP-35G TACO BEANS-20G MIXED FRUIT-20G SALSA-2G MILK  CALORIES-610/580	30 BOSCO STICKS-34G MARINARA CUP-8G ROMAINE SALAD-3G RANCH CUP-5G GRAPE JUICE-18G MILK  CALORIES-615/585	31 <b>FIELD DAY</b> HOT DOG-3G WW BUN-20G SUN CHIPS-15G CARROTS-7G APPLE SLICES-7G FRUIT SNACKS-22G 1 KETCHUP-2G 1 MUSTARD-0G MILK  CALORIES-626/595
3 CHICKEN TENDERS-22G CAULIFLOWER-4G BBQ SAUCE-7G CRAISINS-28G RICE KRISPIE-9G MILK  CALORIES-642/612	4 HAMBURGER-2G WW BUNS-26G FRIES-19G DICED PEACHES-12G 1 MUSTARD-0G 4 KETCHUP-8G MILK  CALORIES-680/650	5 CHEESE QUESADILLA-40G TACO BEANS-20G SALSA CUP-0G STRING CHEESE-1G APPLESAUCE-22G MILK  CALORIES-720/690	6 CHEESE PIZZA SQUARE-30G BROCCOLI-4G MIXED FRUIT-20G FRUIT SNACKS-22G MILK  CALORIES-610/580	7 <b>5 HOUR DAY</b> <b>GLUTEN FREE</b> FRUITY CHEERIOS-25G CARROT STICKS-8G YOGURT-20G CHEDDAR CHEESE-0G RANCH CUP-5G ORANGE JUICE-12G MILK  CALORIES-570/540
10 <b>TEACHER'S INSTITUTE</b> 	11	12	13	14
<div style="border: 1px solid black; padding: 20px; text-align: center;"> <h2>HAVE A WONDERFUL AND SAFE SUMMER VACATION!!</h2> </div>				

Lunch Fees are collected on the first morning of the school week. The 2018-2019 lunch fee is \$2.70 per day (includes milk). Skim white and chocolate milk can be purchased separately for \$.30 and Lactose free milk .60. Reminder: At the beginning of the school year, all students are provided a lunch card. Should it be damaged or lost, it must be replaced in the office for a fee of \$5.00. Please note that our menus can be subject to change. Menu planning does not provide for a child with a medical condition or food allergy. CARBOHYDRATES ARE LISTED ON THE MENU BUT ARE SUBJECT TO CHANGE AS WELL. CALORIES ARE LISTED WITH THE FIRST NUMBER INCLUDING CHOCOLATE MILK AND THE SECOND FOR THE REGULAR MILK. CARBOHYDRATES FOR CHOCOLATE MILK ARE 20G AND FOR WHITE MILK THEY ARE 11G. For the district calendar and lunch menu see our website at [www.min201.org](http://www.min201.org). The Minooka School District #201 complies with the Federal Guidelines for food nutrition in schools. USDA is an equal opportunity provider and employer.