

## Horizons Lunch Menu 1st Semester 2019-2020



as of 5/9/19

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY Week 1 Choice of: Choice of: Choice of: Choice of: Choice of: French Toast Sticks and Sausage Chicken Nuggets with Garlic Toast Sweet & Sour Chicken with Rice Mozzarella Sticks Nacho Grande 8/12/19 Stuffed Crust Cheese Pizza Spicy Chicken Sandwich Fish Munchies with Garlic Toast Cheeseburger Chicken Sandwich PBJ Sandwich PBJ Sandwich PBJ Sandwich PBJ Sandwich PBJ Sandwich 9/9/19 10/7/19 Served with: Served with: Served with: Served with: Served with: 11/4/19 Oven Potatoes Mashed Potatoes with Country Gravy \* Stir Fry Vegetables Seasoned Fries Tater Tots Fresh Red Peppers Refried Beans Cinnamon Apples Green Beans Corn 12/9/19 Green Leaf Lettuce Fresh Baby Carrots Chilled Mandarin Oranges Fresh Celery Fresh Apple Slices Fresh Baby Carrots Fresh Cucumbers Fresh Broccoli Chilled Pears Chilled Pineapple Chilled Applesauce Fresh Fruit Fresh Granes Chilled Fruit Cocktail Sugar Cookie Fresh Fruit MONDAY WEDNESDAY THURSDAY TUESDAY **FRIDAY** Week 2: Choice of: Choice of: Choice of: Choice of: Choice of: Honey Sriracha Chicken with Garlic Toast Popcorn Chicken BBQ Rib Sandwich ENN Chicken and Waffles Macaroni & Cheese with Garlic Toast 8/19/19 Spicy Chicken Sandwich Cheeseburger with Cinnamon Roll \* Corn Dog Cheeseburger Stuffed Crust Pepperoni Pizza PBJ Sandwich PBJ Sandwich PBJ Sandwich PBJ Sandwich 9/16/19 PBJ Sandwich 10/14/19 Served with: Served with: Served with: Served with: Served with: Cinnamon Apples Scalloped Potatoes \* Roasted Vegetables Seasoned Fries Tater Tots 11/11/19 Baked Beans Fresh Celery Fresh Baby Carrots Fresh Cauliflower Fresh Zucchini Green Leaf Lettuce 12/16/19 Fresh Baby Carrots Fresh Cucumbers Fresh Baby Carrots Fresh Broccoli Fresh Apple Slices Fresh Orange Wedges Chilled Mandarin Oranges Fresh Grapes Fresh Banana Chilled Pineapple Chilled Fruit Cocktail Chocolate Chip Cookie Frozen Fruit Cup Fresh Baby Carrots Chilled Applesauce MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY Week 3: Choice of: Choice of: Choice of: Choice of: Choice of: Mandarin Orange Chicken with Rice Fiestada Pizza Chili with Scoops Cheese Lasagna with Garlic Toast Chicken Nuggets with Cinnamon Roll \* Reef Burrito 8/26/19 Chicken Sandwich Meathall Sandwich Cheeseburger Shrimp Poppers and Cheese Stick PBJ Sandwich PBJ Sandwich PBJ Sandwich PBJ Sandwich 9/23/19 with Cinnamon Roll \* PBJ Sandwich 10/21/19 Served with: Served with: Served with: Served with: Served with: 11/18/19 Oven Potatoes Tater Tots Seasoned Fries Cauliflower & Cheese Potato Smiles Steamed Edamame Green Beans Fresh Zucchini Fresh Baby Carrots Corn Green Leaf Lettuce Fresh Fruit Fresh Cucumbers Fresh Baby Carrots Fresh Celery Fresh Baby Carrots Chilled Pears Chilled Applesauce Fresh Grapes Chilled Pineapple Fresh Apple Slices Fresh Orange Wedges Chilled Fruit Cocktail Mixed Berries Chilled Peaches Giant Grahams MONDAY TUESDAY THURSDAY FRIDAY WEDNESDAY Week 4: Choice of: Choice of: Choice of: Choice of: Choice of: Emp Macaroni & Cheese with Garlic Toast BBQ Pork Sandwich Chicken Strips with Banana Bread Spicy Popcorn Chicken with Garlic Toast Walking Taco 9/2/19 Dill Chicken with Roll Spicy Chicken Sandwich Stuffed Crust Pepperoni Pizza Cheeseburger Cheese Quesadilla PBJ Sandwich PBJ Sandwich PBJ Sandwich PBJ Sandwich PBJ Sandwich 9/30/19 10/28/19 Served with: Served with: Served with: Served with: Served with: Oven Potatoes Seasoned Fries Tater Tots Mashed Potatoes with Chicken Gravy \* Seasoned Fries Chilled Fruit Cocktail Fresh Fruit Fiesta Black Beans Broccoli & Cheese Fresh Cauliflower Green Leaf Lettuce Fresh Baby Carrots Fresh Cherry Tomatoes Fresh Broccoli Fresh Green Penners Fresh Baby Carrots

## Offered Daily 100 % Juice Milk

Chilled Peaches

Fresh Baby Carrots

Menu is subject to change due to availability.

> This institution is an equal opportunity provider.

## Welcome to School Lunch!

Fresh Grapes

Chilled Pears



at meals & for snacks

Chilled Mandarin Oranges

Chocolate Cake 1

Secondary Lunch Prices:

Paid Student	\$2.85
Reduced Student	\$0.40
Free Student	\$0.00
Adult	\$3.75
Visitor	\$4.10



Frozen Mangoes

Rosy Applesauce

Students must choose a full portion of at least 3 of the 5 components to receive a full school lunch and at least one component must be a 1/2 cup of fruit or vegetable. Components include protein,

Fresh Apple Slices

Chilled Pineapple

grain, fruit, vegetable, and milk.

Individual items may be purchased at the a la carte price. For more info visit https://www.smsd.org