



# SHAWNEE MISSION

SCHOOL DISTRICT

## High School Lunch Menu 2019-2020



as of 4/23/19

Served Week of:	Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
8/12/2019	<b>Mom's Kitchen</b> 	Spicy Popcorn Chicken with Roll * Chili with Scoops	French Toast Sticks with Sausage Sweet & Sour Chicken with Rice	Chicken Nuggets with Roll * Shrimp Poppers & Cheese with Roll *	Beef Burrito General TSO's Chicken with Rice	Mozzarella Sticks Honey Sriracha Chicken with Garlic Toast
8/26/2019						
9/9/2019	<b>Sandwich Station</b> 	Spicy Chicken Sandwich Pork Tenderloin Sandwich	Chicken Sandwich Meatball Sandwich BBQ Pork Sandwich	Cheeseburger Cheesesteak Sandwich Spicy Chicken Sandwich	Chicken Sandwich Cheeseburger Veggie Burger	Fish Sandwich BBQ Rib Sandwich Chicken Sandwich
9/23/2019						
10/7/2019	<b>Cold Power</b> 	Deli Sandwich Crunchy Chicken Wrap Chef Salad with Roll * PBJ Sandwich Hummus & Pretzels Yogurt Parfait with Granola	Deli Sandwich Crunchy Chicken Wrap Garden Chicken Salad with Roll * PBJ Sandwich Hummus & Pretzels Yogurt Parfait with Granola	Deli Sandwich Crunchy Chicken Wrap Chef Salad with Roll * PBJ Sandwich Hummus & Pretzels Yogurt Parfait with Granola	Deli Sandwich Crunchy Chicken Wrap Garden Chicken Salad with Roll * PBJ Sandwich Hummus & Pretzels Yogurt Parfait with Granola	Deli Sandwich Crunchy Chicken Wrap Chef Salad with Roll * PBJ Sandwich Hummus & Pretzels Yogurt Parfait with Granola
10/21/2019						
11/4/2019						
11/18/2019						
12/9/2019						
	<b>Carb Station</b> <b>Build Your Own</b>	Build Your Own Cheeseburger Veggie Burger	Build Your Own Appetizer Entrée with Buffalo Chicken Wings, Mozzarella Sticks, or Cheese Quesadilla Soft Pretzel	Build Your Own Potato Bar with Cheese or BBQ Pork Specialty Bread	Build Your Own Pasta Bar Meatballs or Chicken Marinara or White Sauce Garlic Toast	Build Your Own Taco or Nachos Beef or Chicken Soft Shell or Walking Taco
	<b>Finger Foods</b> 	Pizza Nachos Nacho Grande Chicken Fingers Pizza Hut Pizza	Pizza Nachos Nacho Grande Chicken Fingers Pizza Hut Pizza	Pizza Nachos Nacho Grande Chicken Fingers Pizza Hut Pizza	Pizza Nachos Nacho Grande Chicken Fingers Pizza Hut Pizza	Pizza Nachos Nacho Grande Chicken Fingers Pizza Hut Pizza
	<b>High School Lunch Prices:</b>  Paid Student \$2.85 Reduced Student \$0.40 Free Student \$0.00 Adult \$3.75 Visitor \$4.10   Eat fruits & veggies at meals & for snacks	<b>Served with:</b> Scalloped Potatoes * Seasoned Fries Baked Beans * Corn Fresh Fruit Fresh Baby Carrots Fresh Celery Fresh Cucumbers Rosy Applesauce Green Leaf Lettuce Fresh Tomato 100% Juice Milk	<b>Served with:</b> Oven Potatoes Edamame Cinnamon Apples Chilled Pears Fresh Fruit Fresh Baby Carrots Fresh Red Peppers Fresh Cauliflower Green Leaf Lettuce Fresh Tomato 100% Juice Milk	<b>Served with:</b> Mashed Potato w/ Chicken Gravy * Seasoned Fries Steamed Broccoli Cinnamon Roll * Fresh Fruit Chilled Fruit Cocktail Fresh Baby Carrots Fresh Mandarin Oranges Fresh Zucchini Green Leaf Lettuce Fresh Tomato 100% Juice Milk	<b>Served with:</b> Potato Smiles Stir Fry Vegetables Refried Beans Chilled Pineapple Fresh Fruit Fresh Baby Carrots Fresh Grapes Fresh Broccoli Frozen Fruit Cup Green Leaf Lettuce Fresh Tomato 100% Juice Milk	<b>Served with:</b> Seasoned Fries Tater Tots Cauliflower & Cheese Chocolate Chip Cookie Fresh Fruit Chilled Peaches Fresh Baby Carrots Fresh Apple Slices Green Leaf Lettuce Fresh Tomato 100% Juice Milk

Menu subject to change due to availability.

\*These items are only available with a school meal and cannot be purchased a la carte.

This institution is an equal opportunity provider.



# SHAWNEE MISSION

SCHOOL DISTRICT

## High School Lunch Menu 2019-2020



as of 4/23/19

Served Week of:	Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
8/19/2019	<b>Mom's Kitchen</b> 	Dill Chicken with Roll Macaroni & Cheese with Roll *	Chicken & Waffles Corn Dog	Popcorn Chicken with Roll * Chicken Chow Mein	Chicken Strips with Roll * Cheese Tamale	Mandarin Orange Chicken with Rice Cheese Lasagna with Garlic Toast
9/2/2019						
9/16/2019	<b>Sandwich Station</b> 	Chicken Sandwich Spicy Chicken Sandwich	Chicken Sandwich Meatball Sandwich BBQ Pork Sandwich	Cheeseburger Cheesesteak Sandwich Spicy Chicken Sandwich	Chicken Sandwich Cheeseburger Veggie Burger	Fish Sandwich BBQ Rib Sandwich Chicken Sandwich
9/30/2019						
10/14/2019	<b>Cold Power</b> 	Deli Sandwich Crunchy Chicken Wrap Chef Salad with Roll * PBJ Sandwich Hummus & Pretzels Yogurt Parfait with Granola	Deli Sandwich Crunchy Chicken Wrap Garden Chicken Salad with Roll * PBJ Sandwich Hummus & Pretzels Yogurt Parfait with Granola	Deli Sandwich Crunchy Chicken Wrap Chef Salad with Roll * PBJ Sandwich Hummus & Pretzels Yogurt Parfait with Granola	Deli Sandwich Crunchy Chicken Wrap Garden Chicken Salad with Roll * PBJ Sandwich Hummus & Pretzels Yogurt Parfait with Granola	Deli Sandwich Crunchy Chicken Wrap Chef Salad with Roll * PBJ Sandwich Hummus & Pretzels Yogurt Parfait with Granola
10/28/2019						
11/11/2019						
12/2/2019						
12/16/2019						
	<b>Carb Station</b> <b>Build Your Own</b>	Build Your Own Cheeseburger Veggie Burger	Build Your Own Appetizer Entrée with Buffalo Chicken Wings, Mozzarella Sticks, or Cheese Quesadilla Soft Pretzel	Build Your Own Potato Bar with Cheese or BBQ Pork Specialty Bread	Build Your Own Pasta Bar Meatballs or Chicken Marinara or White Sauce Garlic Toast	Build Your Own Taco or Nachos Beef or Chicken Soft Shell or Walking Taco
	<b>Finger Foods</b> 	Pizza Nachos Nacho Grande Chicken Fingers Pizza Hut Pizza	Pizza Nachos Nacho Grande Chicken Fingers Pizza Hut Pizza	Pizza Nachos Nacho Grande Chicken Fingers Pizza Hut Pizza	Pizza Nachos Nacho Grande Chicken Fingers Pizza Hut Pizza	Pizza Nachos Nacho Grande Chicken Fingers Pizza Hut Pizza
	<b>High School Lunch Prices:</b>	<b>Served with:</b>	<b>Served with:</b>	<b>Served with:</b>	<b>Served with:</b>	<b>Served with:</b>
	Paid Student \$2.85 Reduced Student \$0.40 Free Student \$0.00 Adult \$3.75 Visitor \$4.10	Tater Tots Seasoned Fries Glazed Carrots Chilled Pears Fresh Orange Wedges Fresh Fruit Fresh Baby Carrots Fresh Cauliflower Fresh Cherry Tomatoes Green Leaf Lettuce Fresh Tomato 100% Juice Milk	Oven Potatoes Potato Smiles Green Beans Chocolate Cake * Chilled Peaches Fresh Fruit Mixed Berries Fresh Baby Carrots Fresh Broccoli Green Leaf Lettuce Fresh Tomato 100% Juice Milk	Seasoned Fries Steamed Broccoli Fresh Green Pepper Chilled Pineapple Fresh Fruit Fresh Baby Carrots Fresh Cucumbers Fresh Grapes Green Leaf Lettuce Fresh Tomato 100% Juice Milk	Mashed Potato w/ Country Gravy * Tater Tots Roasted Vegetables Chilled Fruit Cocktail Fresh Apple Slices Fresh Fruit Fresh Baby Carrots Frozen Mangoes Green Leaf Lettuce Fresh Tomato 100% Juice Milk	Seasoned Fries Fiesta Black Beans Sugar Cookie Chilled Mandarin Oranges Fresh Fruit Fresh Banana Fresh Baby Carrots Fresh Celery Green Leaf Lettuce Fresh Tomato 100% Juice Milk



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