

Empathy is patiently and sincerely seeing the world through the other person's eyes.

It is not learned in school; it is cultivated over a lifetime.

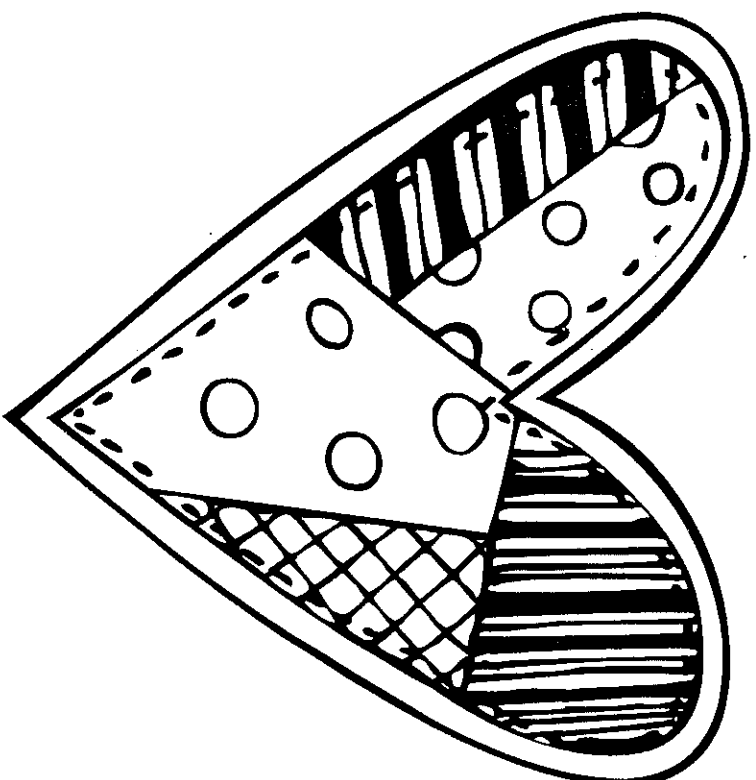


Albert Einstein

em • pa • thy

(noun)

the ability to understand the feelings of another



Name _____

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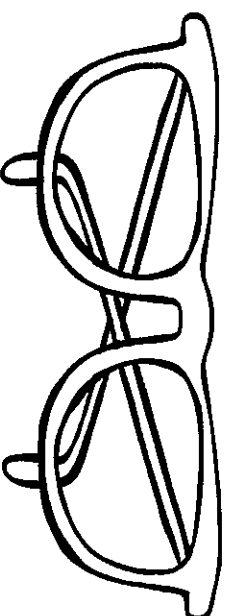
1
A girl in your class just lost her grandmother. Today is her first day back to school after the funeral. What can you say to her when she gets to school?

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3
You notice that Sam failed her math test. How do you think she is feeling and what can you say to her? Is there anything you can do to help?

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2
Max forgot his glasses at home and is having a hard time seeing the board. What can you do to help him?



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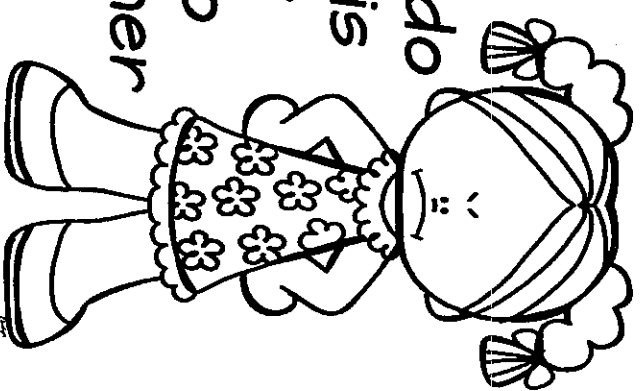
4
Jose is a new student and doesn't know anybody in his new class. How do you think he feels and what can you do to make him feel welcome?

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5
You see a group of kids making fun of Markel on the playground. Markel is a nice kid but you're not good friends with him. What can you do to help Markel?

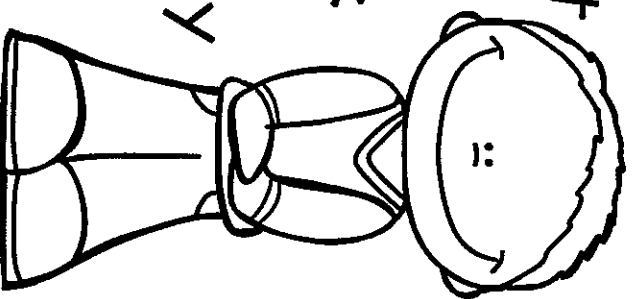
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6
You see Tessa looking like this. How do you think she is feeling? What can you say to her to make her feel better?



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7
Smith just got his first 100% on a spelling test. How do you think he is feeling? What can you say to him?

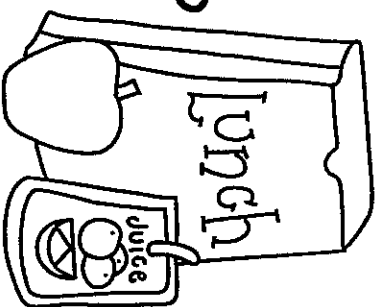


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8
Travis never brings a snack to school. He told you that his family doesn't have much money for food and sometimes he doesn't eat dinner. What can you do to help Travis?

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9
Yoshi eats lunch alone each day. Sometimes he makes a big mess while he eats but he cannot help it. What can you do to make him feel welcome?

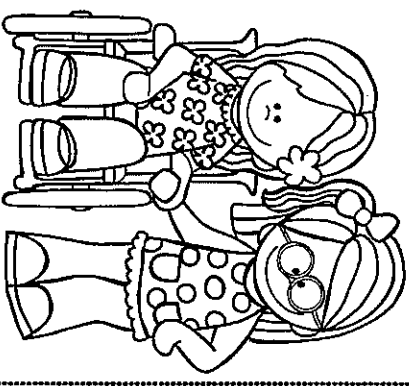


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11
Nobody in your class was able to go to Ari's birthday party over the weekend. How do you think he feels? What can you do to make him feel better?

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10
Bella is in a wheelchair so she cannot climb on the jungle gym on the playground. What else can you play that includes Bella?



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12
Pamela is going on vacation for the first time ever. If you were her, how would you feel the day before you're supposed to leave?

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Pax's dad is being deployed next week and will be gone for six months. How do you think Pax feels? What can you do to help him while his dad is gone?

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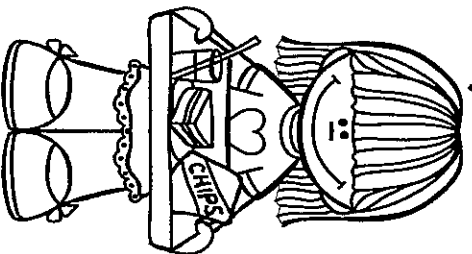
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Reagan brought her trophy to school to show her friends and Matt broke it on accident. How do you think Reagan is feeling? How do you think Matt is feeling? What can they do?

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15

Sharon tripped and spilled her lunch tray while walking to the table to eat. How is she feeling and what can you do to help her?



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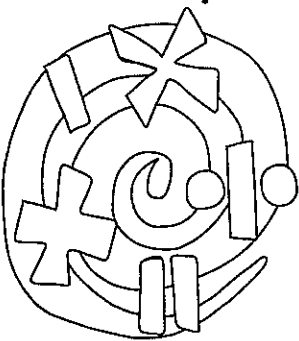
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Rex worked really hard on his science project but forgot it at home. How do you think he is feeling? What can he do to solve his problem?

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17

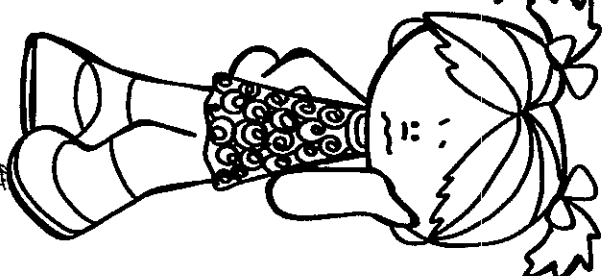
Martin does not understand the math lesson. How do you think he is feeling? What can he do to help himself? What can you do to help him?



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18

Tasha hardly ever finishes her work before it's time to be done. How do you think she feels? What can you do to help?



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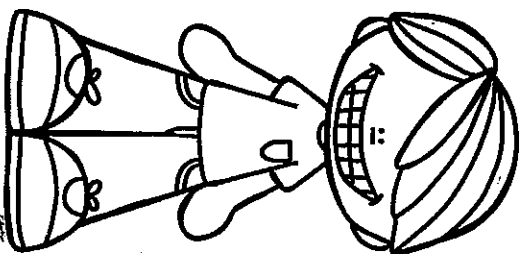
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Glennon's parents are getting a divorce. She isn't sure where she will be living and has a lot of questions. How do you think she feels? What can you do to help her feel better?

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20

Fraser just won the school's talent show. How do you think he feels? How do you feel?



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