

Parent & Child Activity Calendar

PENNCREST School District
Cambridge Springs, Maplewood, Saegertown



THE PARENT INSTITUTE®

Parent & Child Activity Calendar

Elementary School
Parents
make the difference!

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|---|--|--|--|
| May 2019 | | | 1 Plan to get some exercise with your child every day this month. | 2 Challenge your child to figure out a math problem without using pencil and paper or a calculator. | 3 Play I Spy with your child. Say "I spy something orange." Let your child guess what it is. Then it's her turn to spy. | 4 Today is National Weather Observers Day. Go outside and observe the clouds with your child. |
| 5 Play fun math games with your child, such as Connect 4, dominoes and Uno. | 6 Praise your child for something he did well today. Make your praise as specific as possible. | 7 Teach your child this stress-relieving strategy: Breathe deeply while slowing counting to 10. | 8 Does your child have an end-of-year project? Help her break it down into small steps. | 9 Make it a point to use five new words at the dinner table tonight. | 10 Encourage your child to write a letter today to a distant relative or friend. | 11 Have your child check out a book on insects. Together, find and identify some in your backyard. |
| 12 Go for a walk or bike ride today. Ask your child to spot something he hasn't seen before. | 13 Ask your child to tell you the three best things about herself. | 14 If your child dawdles, challenge him to complete a task before you can count to 25. | 15 Nurture your child's curiosity with questions like: "Why do you think ...?" and "What might happen if ...?" | 16 When your child finishes reading a book, ask her to discuss it with you. | 17 Let your child plan dinner tonight. How many food groups can he include? | 18 Today is International Museum Day. Talk with your child about the value of museums. Visit one locally or online. |
| 19 Go for a reading picnic together. Take some books, a snack, and a blanket to sit on. | 20 Teach your child the Golden Rule: Treat others as you would like to be treated. | 21 On this day in 1881, Clara Barton founded the American Red Cross. Learn more about her with your child. | 22 Ask your child to draw a map of how to get from your home to school. | 23 Make an effort to reinforce manners today. Remind your child to say <i>please</i> and <i>thank you</i> . | 24 Watch a movie based on a children's book with your child. Then, read the book together. How are they different? | 25 Give your child some sidewalk chalk. Do math problems outside together. |
| 26 Give your child something to take apart—a ball point pen, a flower, an old toy. Encourage him to figure out how it works. | 27 Encourage your child to draw a picture of a person she admires. | 28 Ask the school about dates for year-end tests. Make sure your child gets enough sleep the nights before. | 29 Tell your child that you want him to <i>do</i> his best, but he doesn't have to <i>be</i> the best. | 30 Talk to your child about the values that are important to you. | 31 Help your child figure out the perimeter and area of her bedroom. | |