



CALIFORNIA HEALTHY YOUTH ACT

MARCH 15, 2016

WHY?

- US has one of the highest rates of teen pregnancy among developed countries
- While teen birth rate is at all time low, teen births disproportionately impact minority youth
- Rates of sexually transmitted infections (STI) on the rise in CA
- 15- 25 year olds constitute one quarter of the sexually active population, contract one half of STI's annually
- 13 – 19 year olds account for more than one third new HIV infections
- Many LGBTQ students report feeling marginalized
- Adolescent relationship abuse, sexual harassment issues for many

CALIFORNIA HEALTHY YOUTH ACT

EC 51930-51939


- Signed into law October 1, 2015
- Effective January 1, 2016
- Merges HIV prevention and sexual health education
- Mandates
 - HIV Prevention Education
 - Comprehensive Sexual Health Education
 - Instruction to be delivered at least once in junior high/middle school and once in high school.

PURPOSE OF ACT (EC 51930):

1. Provide knowledge/skills to protect sexual/reproductive health from HIV, STIs, and unintended pregnancy
2. Develop healthy attitudes concerning adolescent growth and development, body image, gender, sexual orientation, relationships, marriage and family
3. Promote understanding of sexuality as normal part of human development
4. Provide integrated, comprehensive, accurate and unbiased instruction
5. Provide knowledge and skills to develop healthy, positive, and safe relationships and behaviors

CRITERIA (EC 51933)

- Age appropriate
- Factual, medically accurate, objective
- Align with intent of legislation
- Appropriate for and accessible to all genders, races, sexual orientations, ethnic and cultural backgrounds, students with disabilities, English Learners
- Accessible to English Learners
- Unbiased
- Recognize different sexual orientations and be inclusive of same sex relationships

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- Teach about gender, gender expression, gender expression and the harmful effects of negative stereotypes
 - Encourage students to communicate with parent(s) and/or other trusted adults
 - Teach value of committed relationships
 - Healthy relationships based on mutual respect, free from violence
 - Negotiation/refusal skills, overcoming of peer pressure, decision making skills
 - May not promote a religious doctrine
 - Effectiveness/safety of FDA methods of contraception

INSTRUCTION (EC 51934)

- HIV, STIs
- Transmission of HIV, STIs
- Abstinence, value of delaying sexual activity
- Effectiveness of FDA-approved methods to prevent/reduce spread of HIV/STIs
- Effectiveness of reducing risk of transmitting HIV by reducing needle use and needle-sharing
- Treatment of HIV/STIs
- Social views on HIV and STIs
- Local resources
- Information about sexual harassment, sexual abuse, sex trafficking

TEACHER INSERVICE (EC 51936)

- Training to be provided periodically to provide opportunity for teachers to learn about new development re HIV
- May expand HIV in-service training to cover the topic of comprehensive sexual health education in order for school district personnel who provide comprehensive sexual health education to learn new developments in the scientific understanding of sexual health.

USE OF OUTSIDE CONSULTANTS

(EC 51936)

- Must be knowledgeable about comprehensive sexual health education and HIV prevention education
- Must share medically accurate information

PARENT RIGHTS *(EC 51938)*

- Passive consent to be used
- Opt-out request must be submitted in writing
- Have right to preview materials and outside speakers

WESTSIDE CURRICULUM

Positive Prevention *PLUS*



- Aligned w/CA and National Standards
- Compliant with AB 329
- CHYA Supplement

CA HEALTHY YOUTH ACT SUPPLEMENT

- Typical Pubertal Development, Updated Gender-related Terminology, Sexual Health Concerns
- Quality Human Relationships, Friendship
- Bullying and Relationship Abuse, Sexting, Internet Safety, Reporting Molestation or Assault
- Contraception and Family Planning
- Teen Pregnancy: Choices and Responsibilities including Decision-Making, Pregnancy Options, Safe Surrender
- Life-Planning and Goal-Setting

