


June 2019

High School

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5 Washington Wednesday	6	7
Breakfast Scrambled Eggs & Toast Lunch Orange Chicken Brown Rice <i>with Ginger & Scallions</i>	Breakfast Buttermilk Bar Lunch Nachos Grande with Shredded Lettuce & Salsa	Breakfast Fresh Berries with Vanilla Greek Yogurt & Granola Lunch Philly Beef Sandwich & Baby Bakers	Breakfast Breakfast Pizza Bagel Lunch Spaghetti & Meat Sauce or Spaghetti & Marinara Sauce & String Cheese <i>either with French Bread</i> Fresh Apricot	Breakfast Whole Grain Maple Bar Fresh Veggies Lunch Grill/Pizza Line
10	11	12 Washington Wednesday	13	14
Breakfast Confetti Pancakes Lunch Teriyaki Beef Dippers Brown Rice	Breakfast Mini Cinnis Lunch Nachos Grande with Shredded Lettuce & Salsa	Breakfast Whole Grain Oatmeal & Cinnamon Crisp Lunch Chicken Drummie & Biscuit <i>with Corn on the Cob</i>	Breakfast Egg & Cheese Sandwich Lunch Mac & Cheese and Corn Dog or Mac & Cheese with Sunflower Seeds & Roll Fresh Nectarine	Breakfast Homemade Cinnamon Roll Mini Carrots Lunch Grill/Pizza Line Chocolate Chip Cookie
17	18	19 Washington Wednesday	20	21
Breakfast Cereal Bar & Hard Boiled Egg Lunch Sweet Chili Thai Chicken & Brown Rice	Breakfast Bagel & Cream Cheese Lunch Nachos Grande with Shredded Lettuce & Salsa	Breakfast Fresh Berries with Lemon Greek Yogurt & Granola Lunch BBQ Chicken Drumstick Cornbread Muffin Ice Cream Cup	Breakfast Chef's Choice Lunch Cheese Lasagna Roll up & Garlic Toast or Chef's Choice	Breakfast French Toast & Sausage Lunch Grill/Pizza Line Vanilla Cake with Fresh Strawberry Sauce
24	25 Last Day of School!			
Breakfast Cocoa Cherry Bar & String Cheese Lunch Galaxy Cheese Pizza or Chef's Choice	Breakfast Chef's Choice No Lunch Served			

Have a Safe and Relaxing Summer!

Free Summer Meals for Kids and Teens! Summer meals start July 1, 2019 and are available at various school locations and community sites. To find a nearby meal site call 1-866-348-6479 or check our website.

BREAKFAST: Served every morning before school with fruit, 100% juice and milk. Choice of cereal & cinnamon crisp granola bar offered daily in addition to a hot entrée choice.

LUNCH: Salads, fresh fruit & vegetables & a variety of milk offered daily with lunch.

A vegetarian choice is offered daily. No pork is served at elementary schools. *Washington Wednesday is our way of highlighting delicious local foods. We are proud to serve local dairy, whole grains, beans, fruits & vegetables.*

QUESTIONS? Call the Nutrition Services Office at 206-631-3010. Menu subject to change. This institution is an equal opportunity provider. Updated 05/16/2019

