



Spring Branch Academic Institute



May 20, 2019

Secondary Issue 35

Director's note

How can it already be the last week of school? It seems like only yesterday we were hosting "Meet the Teacher" and welcoming students to a new year. What an incredible year it's been! I have LOVED getting to know you and your children. SBAI is such a special school, and I feel like we've worked together to enhance our program tremendously this year. We developed a high school program that addresses the needs of our secondary students, providing SBAI instruction and other opportunities for this group of students. We instituted "Donuts with Directors" meetings and Parent Nights as opportunities to share information and learn together. We've also had a lot of "firsts." Our Pathways event was a HUGE success thanks to the wonderful parents and volunteers who organized and presented. Our all school field trip to NASA was a blast (pardon the pun!), and we learned a lot for future trips. We came together for service learning at the Houston Food Bank, held Science Fairs at secondary and elementary, and even had a Career Expo highlighting student aspirations. We used MAP testing to give us more information on student progress, coordinated with Spring Forest for awards, introduced SBAI to numerous colleges and universities, and much, much more. I am so grateful for the opportunity to serve SBAI, and I'm incredibly excited about our future. Have a wonderful summer, keep in touch, and be on the lookout for emails with back to school information. I will see you all in the new school year!

Absences and early pick up

Please call the attendance clerk at SFMS, 713.251.4604, or SHS, 713.251.3406, if your student is going to be absent. Also, email Jim Lefebber and Lisa Helfer any absences or if picking up a student before dismissal.

Upcoming Events

- May 20**
1. Eighth Grade Breakfast, 8:30
 2. Locker Clean Out, 6th period
 3. Yearbook signing party, 7th
 4. SFMS Incoming 6th Grade Parent Meeting 6:30 Auditorium
- May 21**
1. SFMS Volunteer Breakfast 9:00 am SFMS Library
 2. NJHS Induction Ceremony 5:30
- May 21-24** Final Exams
- May 22-24** Secondary early dismissal

The Drowsy Chaperone

Okay. Now here it comes. The moment I was talking about [...] a moment that has fascinated me more than any other and that has brought me back to this record again and again. Here it comes. (Pause). Congratulations to Will Larrabee for securing the part of Man in Chair in Stratford Playhouse's Big Show, *The Drowsy Chaperone*. Man in Chair- The narrator and host for the show. He is a musical theatre aficionado, truly happy listening to his collection of soundtracks from classic Broadway shows. Break a Leg, Will.

Eighth Grade Breakfast

Eighth graders not making up the social studies STAAR exam may attend the eighth grade breakfast in the SFMS cafeteria at 8:30 Monday morning.

Locker Clean Out Monday

SFMS will be having locker clean out 6th period Monday, May 20. SBAI students at SFMS will participate. Those at Stratford will clean out their lockers after school. After Monday, students will not be allowed to use their lockers or bring backpacks. All they will need to bring on Tuesday through Friday are the materials they will need for class/exams.

SFMS Yearbook Signing Party

SFMS will be having a Yearbook signing party 7th period Monday. Those students who have purchased a yearbook will be allowed to go. Those students need to be picked up at SFMS.

Textbook Return

If you have an SBISD or SBAI textbook, please return them as soon as possible. All textbooks should be turned in the day of the course's final exam.

Final Exams

Final exams begin Tuesday with fourth period finals. During the early dismissal days, we will test social studies and ELA in D207 while math and science will be in the MPR at SFMS. Classes will be held at SHS Wednesday through Friday. See the schedule attached to the newsletter.

Odyssey of the Mind Fundraiser

Mary Hoffman would like you to support [We're Going to Odyssey of the Mind World Finals](#) by making a donation and spreading the word. After earning first place in both our Regional and State Odyssey of the Mind competitions, we are making our way to Michigan State University in May to compete at the World Finals! We are a new team with this being the first or second year in Odyssey for most of our members. Follow the link above to donate.

Supply List

Attached is the 2019-20 supply list for middle school. There are three sections. The top two sections are items that students should have access to, preferably in their binder or backpack. The third section lists materials to be left at the school. We do not have a company that collects and packages these items. High school students will get lists of materials needed for their classes on the first day of school.

Accessing STAAR Results

As the school year ends, we would like you to be aware of how to access your student's STAAR results. Those students that tested 5th and 8th math and reading in April, the results are available to you. The EOC results should be available around June 3 and all other results should be available by June 17. Please see the attachment to access the [Texas Assessment Data Portal](#).

Alex Zhang Releases the first book in the Ember Series

The fantasy, action-adventure novel about a teenage boy named Jack and his subsequent journey across earth contains elements of magic, deities, parallel universes and esoteric folk characters. It's a story that is sure to leave you on the edge of your seat while entertaining the reader by the author's humorous, character style. The book will be available at major retailers at the beginning of June, in both paperback and eBook formats. It is available for pre-order at [Spark \[PRE-ORDER\]](#). **I encourage you to read Alex's hilarious bio.** See the flyer at the end of the newsletter for dates of his book tour.

Raising Children With Grit

Grit cannot be cultivated in an environment where children are given everything they want. It also can't be developed if they never get a taste of earned success. By helping parents understand their children's personalities and their own parenting styles, we can learn ways to positively influence grit development. Appropriate roles and boundaries will be outlined for children at all school levels, as well as examples of when parents should mediate conflict in social situations. Furthermore, the influence of grit on a child's identity development will be shared.

Free Metro Bus Rides for Students

This summer, Houston Metro will be offering FREE rides from June 1-August 31 to students who have a [Student Metro Q Fare Card](#). Please see the attached form if any of your students could benefit from this summer offer. There is a Metro app to inform families how to navigate Houston METRO and can provide routing information, detour notices, and it even has an interactive service map allowing users to view all bus stops within the vicinity. Riders may also visit our website for [routing information](#).

Global Teen Medical Summit 2019

The [Global Teen Medical Summit](#) is a unique opportunity for 9th to 12th grade students to explore the challenges facing modern day medicine with leading experts from the world-renowned Texas Medical Center.

Rice Student Programs

The Glasscock School of Continuing Studies offers numerous [college and career readiness and academic enrichment opportunities](#) for students to raise their awareness of the importance of college and to master the skills necessary for their post-secondary careers.

SBISD Computer Science Camps 2019

Summer Computer Science Camps (formally Code Camps) are coming again this summer. They have camps for incoming 2nd through 12th graders. [Registration Information](#)

Summer Camps for Middle School Students

Educational Technology is sponsoring camps for students in robotics, computer science, computational thinking, and technology applications. [Please see the link for more information.](#)

For students entering 7th grade in August - Creativity in Action (CIA) Summer Camp
Creativity in Action is a fun, engaging, arts-based camp that takes students through a rotation of 20 hands-on classes. [Please see the link for more information.](#)

SHS Summer Strength & Conditioning Camp

Please follow the link for information on [Stratford's Summer Strength & Conditioning Camp](#). Middle school and high school sessions available.

SHS Athletic Booster Club Program Ad Sales Information

RECOGNIZE YOUR STUDENT ATHLETE! It is a "Stratford Tradition" to place an ad to recognize your student athlete in the SBISD Athletic Program, which is sold at all varsity football games held at Tully Stadium. Regardless of what sport your student participates in, an ad is the perfect way to recognize them! PROMOTE YOUR BUSINESS! Own a business or work for an employer that would be interested in placing an ad? Over 2000 of these programs are sold at Tully Stadium during the football season, what a great way to promote your business and support sports programs at Stratford High School, as well as other SBISD schools. The [attached contract](#) includes details on pricing and submission, deadline is August 8, 2019, so get those ads/pictures in today! Please reach out to us with any questions! Thank you for your support! Liz Williams erweaver1971@gmail.com, Athena Cashiola athena.cashiola@gmail.com 2019 SHS Athletic Booster Program Ad Sales

SFMS Chess Team

SFMS is accepting new players from beginner to advanced on the chess team in August. Team meetings are on Mondays from 3:35 -5 pm in the MPR. Please [watch this video](#) to meet the coaches. Perhaps you will spot a SBAI student at the 0:23 mark. If students are interested in joining, please contact [Leah Whitten](#), SFMS counselor.

YMCA After School Program at SFMS

Did you know that the Duncan YMCA provides after school care for our students on campus at SFMS, EVERY school day from dismissal until 6:30pm? Yes, that means on early dismissal days, the YMCA program starts early too! It's an extremely affordable option (about \$50 a week with some scholarships are available). And it's so much more than just a safe place after school! Your child is given a snack, time for homework, and opportunities to join interest clubs to learn cooking, art, sports and more, all in the familiar environment of their own school. The Y is registering now for next school year. Go to www.ymcahouston.org or call 713-467-9622.

2019-20 Stratford Playhouse Season!

Fall play: Peter and Starcatcher, Big Show: The Drowsy Chaperone, and Spring Musical: Mamma Mia

Stratford Class Remind Information

Please see the [attached link](#) and the end of the newsletter for Remind and Scholarship information for each grade level.

SFMS PTA/Campus Communication

To receive regular details from SFMS, click on the link and add your email address to get the [SFMS PTA e-blast](#). Please read the e-Blast and this newsletter to stay informed. Vanya Karia is the SFMS PTA Liaison for SBAI for the year 2018-2019. She will be sending out reminders and updates as she receives them from the SFMS PTA. If you'd like to receive them, please email her at vanyashah@hotmail.com

Stratford PTSA/Campus Communication

Ninth-grade parents, please stay informed with upcoming events. To receive regular details from SHS, click on the link and add your email address to [Sign Up for Spartan Scoop](#). Please read the PTA information and this newsletter to stay informed. Nancy McReynolds, mom of Sean (9th), has taken on the role as SBAI/SHS PTSA Liaison.

Spring Forest Middle School Bell Schedule (Except Wednesday)

6th Grade
 1st Period 8:30 AM – 9:24 AM
 2nd Period 9:28 AM – 10:20 AM
 3rd Period 10:24 AM – 11:16 AM
 LUNCH 11:21 AM – 11:51 AM
 4th Period 11:55 AM – 12:46 PM
 5th Period 12:50 PM – 1:41 PM
 6th Period 1:45 PM – 2:37 PM
 7th Period 2:42 PM – 3:35 PM

7th Grade
 1st Period 8:30 AM – 9:24 AM
 2nd Period 9:28 AM – 10:20 AM
 3rd Period 10:24 AM – 11:16 AM
 4th Period 11:21 AM – 12:12 PM
 LUNCH 12:16 PM – 12:46 PM
 5th Period 12:50 PM – 1:41 PM
 6th Period 1:45 PM – 2:37 PM
 7th Period 2:42 PM – 3:35 PM

8th Grade
 1st Period 8:30 AM – 9:24 AM
 2nd Period 9:28 AM – 10:20 AM
 3rd Period 10:24 AM – 11:16 AM
 4th Period 11:21 AM – 12:12 PM
 5th Period 12:16 PM – 1:07 PM
 LUNCH 1:11 PM – 1:41 PM
 6th Period 1:45 PM – 2:37 PM
 7th Period 2:42 PM – 3:35 PM

SBAI Bell and Bus Schedule

1st Period 8:30 AM – 9:25 AM
 2nd Period 9:30 AM – 10:20 AM
 3rd Period 10:25 AM – 11:15 AM
 4th Period 11:20 AM – 12:10 PM OR 12:00 – 12:50
 5th Period 12:15 PM – 1:05 PM
 OR 12:55 PM – 1:45 PM
 6th Period 1:50 PM – 2:40 PM
 7th Period 2:45 PM – 3:35 PM

Bus 8:20 SFMS → SHS
Bus 9:15 SHS → SFMS; 9:29 SFMS → SHS (RT)
Bus 10:11 SHS → SFMS; 10:25 SFMS → SHS (RT)
Bus 11:08 SHS → SFMS; 11:21 SFMS → SHS (RT)
 Bus 11:56 SFMS → SHS; **12:03 SHS → SFMS** (RT)
 Bus 12:17 SFMS → SHS; **12:37 SHS → SFMS** (RT)
 Bus 12:51 SFMS → SHS; **12:58 SHS → SFMS** (RT)
Bus 1:32 SHS → SFMS; 1:46 SFMS → SHS (RT)
Bus 2:29 SHS → SFMS; ~~2:42 SFMS → SHS (RT)~~
Bus 3:25 SHS → SFMS

Spring Forest Middle School Wednesday Bell Schedule

6th Grade
 Advisory 8:30 AM – 9:03 AM
 1st Period 9:07 AM – 9:54 AM
 2nd Period 9:58 AM – 10:45 AM
 3rd Period 10:50 AM – 11:37 AM
 LUNCH 11:41 AM – 12:11 PM
 4th Period 12:15 PM – 1:02 PM
 5th Period 1:06 PM – 1:53 PM
 6th Period 1:57 PM – 2:44 PM
 7th Period 2:49 PM – 3:35 PM

7th Grade
 Advisory 8:30 AM – 9:03 AM
 1st Period 9:07 AM – 9:54 AM
 2nd Period 9:58 AM – 10:45 AM
 3rd Period 10:50 AM – 11:37 AM
 4th Period 11:41 AM – 12:28 PM
 LUNCH 12:32 PM – 1:02 PM
 5th Period 1:06 PM – 1:53 PM
 6th Period 1:57 PM – 2:44 PM
 7th Period 2:49 PM – 3:35 PM

8th Grade
 Advisory 8:30 AM – 9:03 AM
 1st Period 9:07 AM – 9:54 AM
 2nd Period 9:58 AM – 10:45 AM
 3rd Period 10:50 AM – 11:37 AM
 4th Period 11:41 AM – 12:28 PM
 5th Period 12:32 PM – 1:19 PM
 LUNCH 1:23 PM – 1:53 PM
 6th Period 1:57 PM – 2:44 PM
 7th Period 2:49 PM – 3:35 PM

SBAI Bell and Bus Schedule

Advisory 8:30 – 9:00
 1st Period 9:10 AM – 9:55 AM
 2nd Period 10:00 AM – 10:45 AM
 3rd Period 10:50 AM – 11:35 AM
 4th Period 11:40 AM – 12:25 PM OR 12:15 – 1:00
 5th Period 12:30 PM – 1:15 PM
 OR 1:05 PM – 1:50 PM
 6th Period 1:55 PM – 2:40 PM
 7th Period 2:45 PM – 3:35 PM

Bus 9:00 SFMS → SHS
Bus 9:45 SHS → SFMS; 9:59 SFMS → SHS (RT)
Bus 10:37 SHS → SFMS; 10:50 SFMS → SHS (RT)
Bus 11:28 SHS → SFMS; 11:42 SFMS → SHS (RT)
 Bus 12:16 SFMS → SHS; **12:19 SHS → SFMS** (RT)
 Bus 12:33 SFMS → SHS; **12:53 SHS → SFMS** (RT)
 Bus 1:07 SFMS → SHS; **1:10 SHS → SFMS** (RT)
Bus 1:44 SHS → SFMS; 1:58 SFMS → SHS (RT)
Bus 2:36 SHS → SFMS; ~~2:49 SFMS → SHS (RT)~~
Bus 3:25 SHS → SFMS

Stratford High School Bell Schedules

Regular Schedule		
Period	Begin	End
1 or 2	7:45	9:19
3 or 4	9:25	11:08
A Lunch	11:08	11:38
5 or 6	11:44	1:18
5 or 6	11:14	12:48
B Lunch	12:48	1:18
7 or 8	1:24	3:00

Late Start Schedule		
Period	Begin	End
1 or 2	9:30	10:40
3 or 4	10:46	11:56
A Lunch	11:56	12:26
5 or 6	12:32	1:42
5 or 6	12:02	1:12
B Lunch	1:12	1:42
7 or 8	1:48	3:00

Spartan Time Schedule		
Period	Begin	End
1 or 2	7:45	9:10
3 or 4	9:16	10:41
Spartan Time	10:47	11:27
A Lunch	11:27	11:57
5 or 6	12:03	1:28
5 or 6	11:33	12:58
B Lunch	12:58	1:28
7 or 8	1:34	3:00

Pep Rally Schedule		
Period	Begin	End
1 or 2	7:45	9:14
3 or 4	9:20	10:51
A Lunch	10:51	11:21
5 or 6	11:27	12:56
5 or 6	10:57	12:26
B Lunch	12:26	12:56
7 or 8	1:02	2:30
Pep Rally	2:30	3:00

Assembly Schedule		
Period	Begin	End
1 or 2 with Assembly	7:45	9:55
3 or 4	10:01	11:26
A Lunch	11:26	11:56
5 or 6	12:02	1:27
5 or 6	11:32	12:57
B Lunch	12:57	1:27
7 or 8	1:33	3:00

May 21 SBAI Bus Schedule

SBAI 4th Per Science & ELA
SFMS PE and Foreign Lang
1st Period 8:30 AM – 9:10 AM
2nd Period 9:14 AM – 9:54 AM
3rd Period 9:58 – 10:36 AM
LUNCH 10:40 AM – 11:10 AM
4th Period 11:14 AM – 1:18 PM
5th Period 1:22 PM – 2:04 PM
6th Period 2:08 PM – 2:48 PM
7th Period 2:52 PM – 3:35 PM

SFMS 4th Per Electives not in M-Hall
1st Period 8:30 AM – 9:10 AM
2nd Period 9:14 AM – 9:54 AM
3rd Period 9:58 – 10:36 AM
4th Period Review 10:40 – 11:20
LUNCH 11:24 AM – 11:54 AM
4th Period 11:58 AM – 1:18 PM
5th Period 1:22 PM – 2:04 PM
6th Period 2:08 PM – 2:48 PM
7th Period 2:52 PM – 3:35 PM

SBAI 4th Per Math & Soc St. +
SFMS Electives in M-Hall
1st Period 8:30 AM – 9:10 AM
2nd Period 9:14 AM – 9:54 AM
3rd Period 9:58 – 10:36 AM
4th Period 10:40 AM – 12:44 PM
LUNCH 12:48 PM – 1:18 PM
5th Period 1:22 PM – 2:04 PM
6th Period 2:08 PM – 2:48 PM
7th Period 2:52 PM – 3:35 PM

SBAI Bell and Bus Schedule

1st Period 8:30 AM – 9:10 AM
2nd Period 9:15 AM – 9:50 AM
3rd Period 9:55 AM – 10:30 AM
4th Period **10:35 AM – 12:35 PM** OR **11:20 AM – 1:20 PM**
5th Period 1:25 PM – 2:00 PM
6th Period 2:05 PM – 2:45 PM
7th Period 2:50 PM – 3:35 PM

Bus 8:20 SFMS → SHS
Bus 9:01 SHS → SFMS; 9:15 SFMS → SHS (RT)
Bus 9:45 SHS → SFMS; 9:59 SFMS → SHS (RT)
Bus 10:27 SHS → SFMS; 10:41 SFMS → SHS (RT)
Bus 11:15 SFMS → SHS; **12:35 SHS → SFMS** (RT)
Bus 1:09 SHS → SFMS; 1:23 SFMS → SHS (RT)
Bus 1:55 SHS → SFMS; 2:09 SFMS → SHS (RT)
Bus 2:39 SHS → SFMS; 2:53 SFMS → SHS (RT)
Bus 3:25 SHS → SFMS

May 22 – 24 SBAI Schedule No Buses

SBAI Courses' Final Exams. Students should check with elective periods 2, 5, and 7 for lunch times.

8:30-10:10 First Exam
10:14-12:06 Second Exam
12:10-12:30 Lunch

	Wednesday 5/22	Thursday 5/23	Friday 5/24
First Exam	1 st Period	3 rd Period	6 th Period
Second Exam	2 nd Period	5 th Period	7 th Period
Rooms	MPR – Math, Science D207 – ELA, Soc. St	MPR – Math, Science D207 – ELA, Soc. St.	MPR – Math, Science D207 – ELA, Soc. St.

Spring Forest Middle School 2019 Spring Final Exam Schedule



Dates: May 21st – May 24th, 2019

Note: May 21st is the last full day of instruction. May 22nd – May 24th are Early Dismissal Days- dismissal at 12:30. Lunch on ED days will be 20 minutes rather than 30 minutes.

DAY ONE-TUESDAY, MAY 21st

4th Period Exam; Lunches by 4th Periods

Full Day

8:30-9:10	1 st Period Review
9:14-9:54	2 nd Period Review
9:58-10:36	3 rd Period Review
10:40-1:18	4 th Period Review/Exam/Lunch



**A Lunch: LA, PE, Foreign Lang., Math ~
10:40-11:10
Review 11:14-11:44**

**Review 10:40-11:20
B Lunch: Social Studies, Electives not
in M Hall ~ 11:24-11:54
4th Period Exam: 11:58-1:18**

1:22-2:04	5 th Period Review
2:08-2:48	6 th Period Review
2:52-3:35	7 th Period Review

**Review 10:40-11:10
4th Period Exam: 11:14-12:44
C Lunch: Science, M Hall electives~
12:48-1:18**

DAY TWO-WEDNESDAY, MAY 22nd

Exams 1st and 2nd Periods ~ 2nd Period Lunch

(20 minute lunches)

12:30 Release Time

A Group: Math and PE

8:30-8:40 1st Period Review

8:40-10:10 1st Period Exam

10:14 – 10:34 Lunch

10:38 – 10:58 2nd Period Review

11:00-12:30 2nd Period Exam

B Group: All Electives + Murphy

8:30-8:40 1st Period Review

8:40-10:10 1st Period Exam

10:14-10:34 2nd Period Review

10:38-10:58 Lunch

11:02-12:30 2nd Period Exam

C Group: Social Studies and LA

8:30-8:40 1st Period Review

8:40-10:10 1st Period Exam

10:14-10:34 2nd Period Review

10:34-12:06 2nd Period Exam

12:10-12:30 Lunch

DAY THREE – THURSDAY, MAY 23rd

Exams 3rd and 5th Periods

(20 minute lunches) ~ 5th Period Lunch

12:30 Release Time

A Group: LA and PE

8:30-8:40 3rd Period Review

8:40-10:10 3rd Period Exam

10:14 – 10:34 Lunch

10:38 – 10:58 5th Period Review

11:00-12:30 5th Period Exam

B Group: Math, Electives not in M Hall

8:30-8:40 3rd Period Review

8:40-10:10 3rd Period Exam

10:14-10:34 5th Period Review

10:38-10:58 Lunch

11:02-12:30 5th Period Exam

C Group: SS, Science, Foreign Language

8:30-8:40 3rd Period Review

8:40-10:10 3rd Period Exam

10:14-10:34 5th Period Review

10:34-12:06 5th Period Exam

12:10-12:30 Lunch



DAY FOUR – FRIDAY, May 24th

Exams 6th and 7th Periods

(20 minute lunches)~ 7th Period Lunch

12:30 Release Time

A Group: Electives not in M Hall, PE

8:30-8:40 6th Period Review

8:40-10:10 6th Period Exam

10:14 – 10:34 Lunch

10:38 – 10:58 7th Period Review

11:00-12:30 7th Period Exam

B Group: LA, Science, M Hall Electives

8:30-8:40 6th Period Review

8:40-10:10 6th Period Exam

10:14-10:34 7th Period Review

10:38-10:58 Lunch

11:02-12:30 7th Period Exam

C Group: Foreign Language, SS, Math

8:30-8:40 6th Period Review

8:40-10:10 6th Period Exam

10:14-10:34 7th Period Review

10:34-12:06 7th Period Exam

12:10-12:30 Lunch

Stratford HS Final Exam Schedule-Spring 2019

This Final Exam Schedule applies to all students in ALL GRADE LEVELS

Non-Test Days **Friday, May 17 "B" Day Power Review**

Monday, May 20 "A" Day Power Review

Tuesday, May 21		
7:45 - 9:45	Period 2	Exam
9:51 - 11:11	Period 4	Class
11:11 - 11:41 11:46 - 12:54	A Lunch Period 6	Class
11:17 - 12:24 12:24 - 12:54	Period 6 B Lunch	Class
1:00 - 3:00	Period 8	Exam
All students must clear the building at 3:05 unless staying for tutorials or makeup exams.		

Wednesday, May 22		
7:45 - 9:45	Period 5	Exam
9:50 - 11:50	Period 7	Exam
11:50 - 12:05	Lunch	
12:05	Buses Leave	
All students must clear the building at 12:10 unless staying for tutorials or makeup exams.		

Thursday, May 23		
7:45 - 9:45	Period 4	Exam
9:50 - 11:50	Period 6	Exam
11:50 - 12:05	Lunch	
12:05	Buses Leave	
All students must clear the building at 12:10 unless staying for tutorials or makeup exams.		

Friday, May 24		
7:45 - 9:45	Period 1	Exam
9:50 - 11:50	Period 3	Exam
11:50 - 12:05	Lunch	
12:05	Buses Leave	
All students must clear the building at 12:10 unless staying for tutorials or makeup exams.		

Students must stay the entire class period during classes and finals

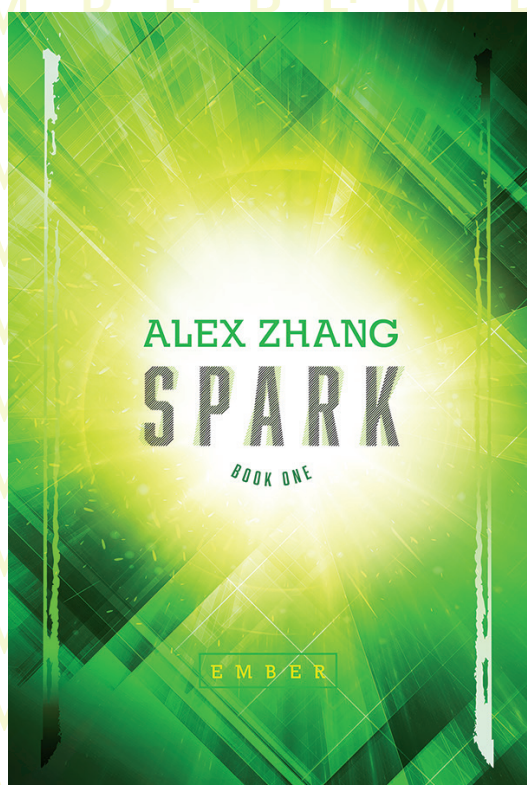
Students who remain on campus and do not have a final exam must report to the Snack Bar

Information regarding final exam exemptions available at: <https://ssh.springbranchisd.com/>

Author, Alex Zhang
releases the 1st book in the
EMBER SERIES

SPARK

Come by, meet
the author, and
get your very own
copy autographed
by the author
at one of his book
signings in June.



JUNE BOOK TOUR

Saturday, 6/1

Private Book Release
Chinese Civic Center
5905 Sovereign Dr.
Houston, TX 77036
10:00 am - 12:00 noon

Saturday, 6/8

River Oaks Bookstore
3270 Westheimer
Houston, TX 77098
(at River Oaks Blvd.)
4:00 pm - 6:00 pm

Saturday, 6/15

Blue Willow Bookshop
14532 Memorial Drive
Houston, TX 77079
11:00 am - 12:00 noon

To Pre-Order visit LongTalePublishing.com



Communities
In Schools
Houston

CIS NEWSLETTER



Communities in Schools of Houston
@ **Stratford High School**

Amanda Thompson, LMSW

CIS Student Support Specialist

Beatriz O. Fria, BA

CIS Graduate Intern

Clinic Office

May 2019

Hello Mighty Spartans!!

CIS hopes that each of you is doing well and we trust that you are being good to yourself and others. May is Mental Health Month, so we listed a few tips to promote mental wellness and hotline numbers. With only a few weeks left before the school year ends, we have listed a few resources that you can use throughout the summer. If you or someone you know could benefit from talking to a caring adult and having a safe space to talk, stop by the CIS office in the Clinic to learn more on how you can get support and resources.

-Mrs. Thompson, LMSW and Beatriz O. Fria, BA

Mental Health Month



TIPS FOR MENTAL WELLNESS

- ☼ Engage in positive thoughts
- ☼ Practice mindfulness or meditation
- ☼ Exercise or play sports
- ☼ Take time for yourself every day
- ☼ Talk to someone you trust



HOTLINE NUMBERS

Since CIS will not be available to you during the summer, you can call these numbers if you're having a hard time and need someone to talk to.

Teen Line: 310-855-4673

Suicide Hotline: 800-273-TALK

Rape Hotline: 800-656-HOPE

TREVOR Lifeline (LGBTQ): 866-488-7386

Teen Dating Abuse Helpline: 866-331-9474

Crisis Text Line: Text HELLO to 741741

Call 911 for life threatening emergencies

RESOURCES

Summer Food Program

If your family needs food during the summer, visit:

www.fns.usda.gov/summerfoodrocks

or call:

1-866-3-HUNGRY

or

1-877-8-HAMBRE

To find a location near you!

Are You Looking for a Summer Job?



City of Houston Summer Jobs Program

<https://hirehoustonyouth.org/>



Neighborhood Centers Emerging
Leaders Program

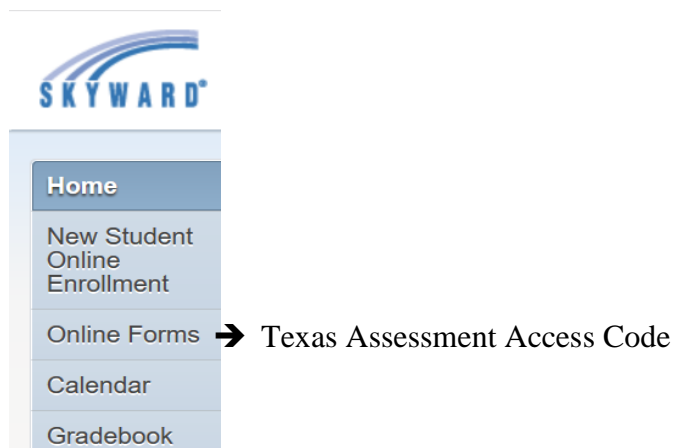
www.neighborhood-centers.org

CIS surrounds students with a community of support, empowering them to stay in school and achieve in life!

As the school year ends, we would like you to be aware of how to access your student's STAAR results. Those students that tested 5th and 8th math and reading in April, the results are available to you. The EOC results should be available around June 3 and all other results should be available by June 17.

How to access

1. To find your six-character Unique Access Code go to Skyward >> Online Forms >> Texas Assessment Access Code. Third grade student who have not tested prior to this week will not have a code yet.



2. If you have your code and student date of birth, proceed here. <https://txparentportal.emetric.net/login>

A screenshot of the "Texas Assessment Data Portal" login page. At the top left is a small Texas state icon with a star, followed by the text "Texas Assessment Data Portal" in blue. Below this is a horizontal line. The main heading is "Enter access code and student's date of birth:". Below this heading is a light purple rounded rectangle containing the input fields. There is a text input field labeled "Access Code". Below it are three dropdown menus labeled "Month", "Day", and "Year", each with a small downward arrow. To the right of these fields is a large blue circular button with the word "Go" in white.

3. If you do not wish to go through Skyward to receive your Access Code you can go here. <https://txparentportal.emetric.net/lookup-access-code?returnUrl=/list>
The PEIMS ID is likely your student's social security number. If you receive an error statement contact Mr. Lefeber to send you the correct PEIMS number.

A screenshot of the "Texas Assessment Data Portal" lookup page. At the top left is a small Texas state icon with a star, followed by the text "Texas Assessment Data Portal" in blue. Below this is a horizontal line. The main heading is "Lookup Student Access Code:". Below this heading is a light purple rounded rectangle containing the input fields. There is a text input field labeled "Student's First Name". Below it is another text input field labeled "PEIMS ID". Below these are three dropdown menus labeled "Month", "Day", and "Year", each with a small downward arrow. To the right of these fields is a large blue circular button with the word "Go" in white.

**2019-20 SPRING BRANCH ACADEMIC INSTITUTE
MIDDLE SCHOOL SUPPLY LIST**

Items Students Should Have Available to Them	Quantity
3 inch binder (with zipper)	1
#2 pencils	2
Blue ink pen	2
Black ink pen	2
Red ink pen	2
Eraser	1
Glue Stick	1
Sharpened colored pencils	1 box - 24
Crayola classic thick markers (8 ct)	1
Plastic ruler (12 in)	1
Small scissors	1
Black sharpie (fine)	1
Plastic pocket folder (w/o brads)	1
100(+) sheet composition book college rule	1
100(+) composition OR spiral notebook	1
3 x 5 100 count index cards	2
3 x 3 post-it notes (50 ct or more)	1

Course-specific materials	Student Set
Geometry 100(+) sheet spiral notebook, 80(+) sheet graph paper	Notebook-2 Graph Paper-1
Geometry high-quality compass and protractor	1
Social Studies - 8th grade U.S. History Four-subject, divided spiral notebook	1
Social Studies - 6th grade (students in grades 6 & 7) 100(+) sheet composition book College Rule	1
Science 100(+) sheet composition book	Biology-2 All other sciences-1

Materials to school	
Facial tissue	
Dry-erase Expo markers	
100(+) ct college rule filler paper	
Sandwich Bags	

Ride FREE

WITH A STUDENT METRO Q® FARE CARD

METRO's SUMMER OF FUN IS BACK!

JUNE 1 - AUGUST 31, 2019

Students (K-12, college and university) **RIDE FREE**
with a **STUDENT METRO Q® FARE CARD**.

Complete this registration form or follow the instructions to apply online.

ALREADY HAVE A STUDENT METRO Q® FARE CARD? You're good to go! Simply
keep using your existing Student METRO Q® Fare card and no value will be deducted.

REGISTRATION FORM

Please print

Mail to: **Metropolitan Transit Authority**
ATTN: Customer Service - Fares
P.O. Box 61429
Houston, Texas 77208-1429

Student name:

Last	First	Middle Initial
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Area code and telephone #

Student's date of birth:

(Required for card registration)

Government-issued I.D. or passport number:

(Required for registration of college and university applicants only)

Student's home address:

Street	
Apt. #	
City	
State	ZIP Code

Email address:

School name:

Check the circle for grade: ☐ Kindergarten - 12th ☐ College & University Student

Student's Signature (Parent/Guardian for students under 18)

Internal Use ONLY:

METRO Q® Fare Card number:

Number

GET YOUR FARE CARD TODAY

Apply online at **RideMETRO.org**

-OR-

Complete and sign the attached form and mail it to
the address on the form.

-OR-

Apply in person at one of the **METRO
RideStores** located at 1900 Main St. and
1001 Travis St. (**weekdays 8 a.m. - 5 p.m.**).

Applicants must provide **one** of the following:

K-12 STUDENTS

- Current school I.D.
- Report card
- Class schedule

COLLEGE & UNIVERSITY STUDENTS

- Current class schedule and fee receipt
- Letter from the college verifying you're
a current student
- Student METRO Q® Fare Card registration form
signed and stamped by the school registrar.

QUESTIONS?

For more information on METRO
student discounts, visit us online at

RideMETRO.org or
call **713-635-4000**.

As always, children 5 and under ride
METRO FREE and do not require a fare card.

METRO

Viaja GRATIS

CON UNA TARJETA DE TARIFA DE ESTUDIANTE METRO Q®

¡EL VERANO DE LA DIVERSIÓN DE METRO ESTÁ DE VUELTA!

1 DE JUNIO - 31 DE AGOSTO 2019

Los estudiantes (K-12, preparatoria y universitarios) **VIAJAN GRATIS** con una **TARJETA DE TARIFA DE ESTUDIANTE METRO Q®**.

Complete el formulario de registro o siga las instrucciones para solicitarla en línea.

¿YA TIENE UNA TARJETA DE TARIFA DE ESTUDIANTE METRO Q®? ¡Está listo para viajar! Simplemente siga usando su tarjeta de Tarifa de estudiante METRO Q® y no se deducirá valor alguno.

FORMULARIO DE REGISTRO

Imprimila

Enviar por correo a: **Metropolitan Transit Authority
ATTN: Customer Service - Fares
P.O. Box 61429
Houston, Texas 77208-1429**

Nombre del estudiante:

Apellido	Nombre	Inicial del segundo nombre
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Código de área y N° de teléfono:

Fecha de nacimiento del estudiante:

(Requerido para registrar la tarjeta)

Número de identificación emitida por el gobierno o pasaporte:

(Requerida para el registro de los solicitantes de preparatoria o universitarios solamente)

Dirección personal del estudiante:

Calle	
N° de departamento	
Ciudad	
Estado	Código postal

Dirección de correo electrónico:

Nombre del colegio/escuela:

Seleccione el grado con un círculo:

☐ Kinder - 12° grado

☐ Estudiante de preparatoria y universidad

Firma del estudiante (Padre/Tutor de estudiantes menores de 18)

Para uso interno SOLAMENTE:

Número de Tarjeta de Tarifas METRO Q®:

**OBTENGA SU
TARJETA DE
TARIFA HOY**

Solicítela en línea en **RideMETRO.org**

-0-

Complete y firme el formulario adjunto y envíelo por correo a la dirección en el formulario.

-0-

Solicítela en persona en una de las **METRO RideStores** ubicadas en 1900 Main St. y 1001 Travis St. (días de la semana de 8 a.m. a 5 p.m.).

Los estudiantes deben presentar **uno** de los siguientes:

ESTUDIANTES K-12

- ID escolar actual
- Boletín de calificaciones
- Horario de clases

ESTUDIANTES DE PREPARATORIA Y UNIVERSITARIOS

- Horario escolar actual y recibo de la tarifa
- Carta del colegio que verifica que es un estudiante actual
- Formulario de registro a la Tarjeta de Tarifa de Estudiante METRO Q® firmado y sellado por el registrador del colegio.

¿PREGUNTAS?

Para más información sobre los descuentos de METRO para los estudiantes, visítenos en **RideMETRO.org** o llame al **713-635-4000**.

Como siempre, los niños menores de 5 años, viajan GRATIS EN METRO y no requieren una tarjeta de tarifas.

METRO



SBISD SUMMER PARENT SESSION: RAISING CHILDREN WITH GRIT

Parenting Passionate, Persistent, and Successful Kids
Guest Speaker Laila Sanguras

Tuesday, July 16 , 2019 6 PM – 7 PM

Presented by Advanced Academic Studies
Westchester Academy, 901 Yorkchester, Houston TX 77079

Grit cannot be cultivated in an environment where children are given everything they want. It also can't be developed if they never get a taste of earned success. By helping parents understand their children's personalities and their own parenting styles, we can learn ways to positively influence grit development. Appropriate roles and boundaries will be outlined for children at all school levels, as well as examples of when parents should mediate conflict in social situations. Furthermore, the influence of grit on a child's identity development will be shared.

