

Week of 20th

# De La Salle Cafeteria 2019

<b>Monday</b>		<b>Breakfast and Break</b>	
Spartan Starter	\$3.00	Scrambled Eggs with Bacon, Potato and Bacon Or Breakfast Burritos	
Fresh Fruit	\$3.00	Fresh Fruit Cups	
Breakfast Sandwich	\$3.75	Breakfast Bagel Sandwich with Egg, Bacon, Cheese and Hash brown	
Breakfast Sandwich	\$3.25	Egg, Bacon & Cheese Bagel	
Hot	\$2.00	Hot Oatmeal with Brown Sugar	
Baked Goods	\$2.00	Freshly Baked Coffee Cake and Home Made Muffins	
Cold Cereal	\$1.50	Assorted Cold Cereals	
Yogurt Parfait	\$3.00	Yogurt Parfaits with Fresh Fruit and Organic Granola	
Spartan Starter	\$3.25	Pancakes and French Toast with Syrup and Whipping Cream	
		<b>Lunch</b>	
It's a Wrap	\$ 5.00	Chicken Caesar Warp with Fresh Fruit and Chips	
Spartan's Table	\$ 5.00		
Nana's Pasta	\$ 5.00	Pasta Bolognese with Garlic Bread	
Grill It	\$ 5.00	Grilled Chicken & Cheese on a French Roll with Fries	
Nana's Pizza	\$ 4.00	Cheese and Pepperoni Pizza	
Toss It	\$ 5.00	Chicken Caesar Salad with Homemade Croutons and Dressing	
Soup	\$3.00		
Single Sandwich	\$3.00	Egg Salad & Salami & Cheese Sandwiches on Whole Wheat	
Treats	1.50/2.00		
<b>Tuesday</b>		<b>Breakfast and Break</b>	
Spartan Starter	\$3.00	Scrambled Eggs with Bacon, Potato and Bacon Or Breakfast Burritos	
Fresh Fruit	\$3.00	Fresh Fruit Cups	
Breakfast Sandwich	\$3.75	Breakfast Bagel Sandwich with Egg, Bacon, Cheese and Hash brown	
Breakfast Sandwich	\$3.25	Egg, Bacon & Cheese Bagel	
Hot	\$2.00	Hot Oatmeal with Brown Sugar	
Baked Goods	\$2.00	Freshly Baked Coffee Cake and Home Made Muffins	
Cold Cereal	\$1.50	Assorted Cold Cereals	
Yogurt Parfait	\$3.00	Yogurt Parfaits with Fresh Fruit and Organic Granola	
Spartan Starter	\$3.25	Pancakes and French Toast with Syrup and Whipping Cream	
		<b>Lunch</b>	
It's a Wrap	\$ 5.00	Chicken Cobb Wrap with Fresh Fruit and Chips	
Nana's Pasta	\$ 5.00	Pasta Alfredo with Chicken and Garlic Bread	
Grill It	\$ 5.00	Smash Burgers with Cheese and French Fries	
Spartan's Table	\$ 5.00		
Nana's Pizza	\$ 4.00	Cheese and Pepperoni Pizza	
Toss It	\$ 5.00	Chicken Caesar Salad with Homemade Croutons and Dressing	
Soup	\$3.00		
Single Sandwich	\$3.00	Egg Salad & Salami & Cheese Sandwiches on Whole Wheat	
Treats	1.50/2.00		
<b>Wednesday</b>		<b>Breakfast and Break</b>	
Spartan Starter	\$3.00	Scrambled Eggs with Bacon, Potato and Bacon Or Breakfast Burritos	
Fresh Fruit	\$3.00	Fresh Fruit Cups	
Breakfast Sandwich	\$3.75	Breakfast Bagel Sandwich with Egg, Bacon, Cheese and Hash brown	
Breakfast Sandwich	\$3.25	Egg, Bacon & Cheese Bagel	
Hot	\$2.00	Hot Oatmeal with Brown Sugar	
Baked Goods	\$2.00	Freshly Baked Coffee Cake and Home Made Muffins	
Cold Cereal	\$1.50	Assorted Cold Cereals	
Yogurt Parfait	\$3.00	Yogurt Parfaits with Fresh Fruit and Organic Granola	
Spartan Starter	\$3.25	Pancakes and French Toast with Syrup and Whipping Cream	

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It's a Wrap	\$ 5.00	Peanut Butter and Jelly on Whole Wheat with Fresh Fruit and Chips
Grill It	\$ 5.00	Cheese or Chicken Quesidillas with Freshly Made Chips
Spartan's Table	\$ 5.00	3 Taquitos with Spanish Rice and Whole Beans
Spartan's Table	\$ 5.00	
Nana's Pizza	\$ 4.00	Cheese and Pepperoni Pizza
Toss It	\$ 5.00	Taco Salad with Beans, Cheese, Chicken, Green Onions, Tomatoes, Sour Cream and Salsa
Soup	\$ 3.00	
Single Sandwich	\$3.00	Egg Salad & Salami & Cheese Sandwiches on Whole Wheat
Treats	1.50/2.00	

## Thursday

### Breakfast and Break

Spartan Starter	\$3.00	Scrambled Eggs with Bacon, Potato and Bacon Or Breakfast Burritos
Fresh Fruit	\$3.00	Fresh Fruit Cups
Breakfast Sandwich	\$3.75	Breakfast Bagel Sandwich with Egg, Bacon, Cheese and Hash brown
Breakfast Sandwich	\$3.25	Egg, Bacon & Cheese Bagel
Hot	\$2.00	Hot Oatmeal with Brown Sugar
Baked Goods	\$2.00	Freshly Baked Coffee Cake and Home Made Muffins
Cold Cereal	\$1.50	Assorted Cold Cereals
Yogurt Parfait	\$3.00	Yogurt Parfaits with Fresh Fruit and Organic Granola
Spartan Starter	\$3.25	Pancakes and French Toast with Syrup and Whipping Cream

### Lunch

It's a Wrap	\$ 5.00	Chicken Caesar Wrap with Fresh Fruit and Chips
Nana's Pasta	\$ 5.00	Pasta Pomodoro with Chicken and Garlic Bread
Grill It	\$ 6.00	All Beef Jumbo Hotdogs with French Fries
Spartan's Table	\$ 5.00	
Nana's Pizza	\$ 4.00	Cheese and Pepperoni Pizza
Toss It	\$ 5.00	Chicken Caesar Salad with Homemade Croutons and Dressing
Soup	\$ 3.00	
Single Sandwich	\$3.00	Egg Salad & Salami & Cheese Sandwiches on Whole Wheat
Treats	1.50/2.00	

## Friday

### Breakfast and Break

Spartan Starter	\$3.00	Scrambled Eggs with Bacon, Potato and Bacon Or Breakfast Burritos
Fresh Fruit	\$3.00	Fresh Fruit Cups
Breakfast Sandwich	\$3.75	Breakfast Bagel Sandwich with Egg, Bacon, Cheese and Hash brown
Breakfast Sandwich	\$3.25	Egg, Bacon & Cheese Bagel
Hot	\$2.00	Hot Oatmeal with Brown Sugar
Baked Goods	\$2.00	Freshly Baked Coffee Cake and Home Made Muffins
Cold Cereal	\$1.50	Assorted Cold Cereals
Yogurt Parfait	\$3.00	Yogurt Parfaits with Fresh Fruit and Organic Granola
Spartan Starter	\$3.25	Pancakes and French Toast with Syrup and Whipping Cream

### Lunch

It's a Wrap	\$ 5.00	
Grill It	\$ 5.00	
Nana's Pasta	\$ 5.00	
Spartan's Table	\$ 5.00	No Lunch
Nana's Pizza	\$ 4.00	
Toss It	\$ 5.00	
Soup	\$ 3.00	