

Easterseals Joliet Region Summer Therapy Groups 2019

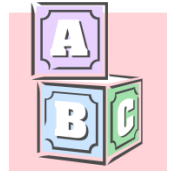
Blooming Buddies Developmental Groups

This group is led by developmental therapists. The focus is to help children ages 2 through 4 years old interact and develop peer relationships while having FUN! Summer activities include scavenger hunts, arts and crafts, fine and gross motor play, music and more. Snack is provided.

Participant Minimum: 3 Maximum: 6

Tuesdays 10:30am-11:30am from June 4th – July 30th (no class July 2nd)

Contact Karrie Racutt at 815-725-2194 ext. 238



Golf for Kids with Special Needs

Our golf group works on motor planning, endurance, strength, coordination, balance and recreational skills. Instructed by a PGA Golf Professional at a golf course, with therapy services provided by a Physical Therapist and Occupational Therapist. For children of all ability levels ages 4 years old and up.

Participant Minimum: 2 Maximum: 8

Group meets at Inwood Golf Course

Tuesdays June 11th – July 16th (time TBA), July 23rd rain date, August 7th awards banquet

Contact Kim Creagh at kcreagh@joliet.easterseals.com



Soccer Shots

A national group that brings their program to us! Co-facilitated by a physical and occupational therapist, children can work on developing soccer skills while also working on motor planning, endurance, strength, coordination, balance and recreational skills. For children 4 years old and up.

Participant Minimum: 2 Maximum: 12

Day and time TBA, Starts the week of June 10th

Contact Kim Creagh at kcreagh@joliet.easterseals.com



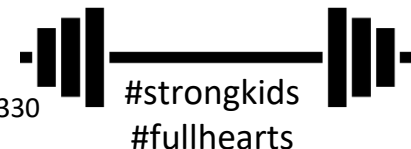
Adaptive Athletes

A partnership between Crossfit Plainfield and ESJR to offer a strength and conditioning program for kids of all abilities, ages 7 and up. Led by ESJR physical therapists and Crossfit trainers, sessions promote strength, endurance, balance, mobility and fun! Meets at Crossfit Plainfield and parents are required to stay onsite.

Participant Minimum: 2 Maximum: 10

Wednesdays 3:30pm-4:30pm June 12th – July 17th (No class July 3rd)

Contact Lisa Funnell at lfunnell@joliet.easterseals.com or 815-725-2194 ext. 330



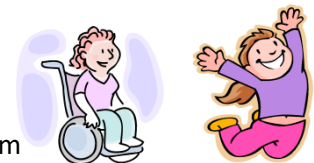
Fit, Fun & Fabulous

FFF is a wellness program for teen girls to focus on health choices, being active and meeting new friends! The group is facilitated by an Occupational Therapist and Social Worker. For girls of all abilities ages 8 to 13 years old that can follow one step directions and enjoy new activities.

Participant Minimum: 2 Maximum: 8

Tuesdays June 11th to July 30th 2:00pm-3:00pm

Contact Kimberly Bosh at 815-725-2194 x 263 or kbosh@joliet.easterseals.com



Fit, Fun & Fierce

FFF is a wellness program for teen boys to focus on fitness activities, healthy lifestyle habits and building friendships. The group is co-facilitated by an Occupational Therapist and Social Worker. For boys of all abilities ages 8 to 13 years old that can follow one step directions and enjoy new activities.

Participant Minimum: 2 Maximum: 8

Tuesdays June 11th to July 30th 3:00pm-4:00pm

Contact Kimberly Bosh at 815-725-2194 x 263 or kbosh@joliet.easterseals.com



The Alert Program: How Does Your Engine Run?

The Alert Program is a fun way to help children to identify, label, monitor, and maintain their levels of alertness for self-regulation. Interactive lessons will incorporate language, sensory processing, and cognitive approaches. Co-therapy led by an Occupational Therapist and a Speech/Language Pathologist.

Participant Minimum: 3 Maximum: 7 *No groups the week of Fourth of July*

Group #1: 3 to 5 year olds Mondays 2:00pm-3:00pm from June 10th to July 29th

Group #2: 6 to 8 year olds Thursdays 2:00pm-3:00pm from June 13th to August 1st

Contact Kristianne Dierkes at 815-927-5495 or kdierkes@joliet.easterseals.com



Handwriting Without Tears

This program is run by two Occupational Therapists to assist children with learning and improving the skills necessary for handwriting utilizing a multi-sensory approach in a fun and friendly environment. This group is for children 3 to 5 years old.

Participant Minimum: 3 Maximum: 8

Wednesdays 1:30pm-2:30pm from June 12th - July 31st, no group July 3rd

Contact: Megan Geyer, OTR/L or Sara Maternowski, COTA/L at 815-725-2194 ext. 282



Feeding Group

A feeding group for 3 to 5 year olds that have difficulty eating or avoid eating. Facilitated by a speech pathologist and occupational therapist that are certified in the SOS feeding approach and trained in other feeding approaches like food chaining. Child must be evaluated and approved for group by a therapist.

Participant Minimum: 2 Maximum: 4

Tuesdays 3:00pm-4:15pm from June 11th to July 30th

Contact Megan Eads at 815-725-2194 x282



Sensory & Self-Regulation for Success

Led by two Occupational Therapists, this group will focus on introducing a variety of sensory experiences and independent strategies to promote self-awareness and regulation for children 8 to 12 years old.

Participant Minimum: 2 Maximum: 8

Tuesdays 3:00pm to 4:00pm from June 11th to July 30th

Contact Stephanie Rheingruber at 815-725-2194 or srheingruber@joliet.easterseals.com

**Unless otherwise noted, all groups are held at ESJR Regional Pediatric Center
212 Barney Drive Joliet, IL 60435 815-725-2194**

Sensory Exploration Play Group

Children ages 4 to 9 years old will be exposed to a variety of sensory input through activities encouraging development in social skills, self-help skills, play skills, motor skills, communication, and self-regulation. Led by two experienced occupational therapists, for children experiencing significant developmental delays that aren't quite ready for a group setting and require a 1:2 adult to child ratio. All group activities will allow the children to develop skills at their own level and pace in a safe and positive environment with a focus on fun!

Participant Minimum: 2 Maximum: 8

Thursdays 1:00pm to 1:45pm from June 13th to August 1st (no group July 4th)

Contact Erica Buchenau at 815-725-2194 x217 or ebuchenau@joliet.easterseals.com

Moms and Babies

A group for expectant moms and new moms with babies that are newborn to 8 months old. Led by a Physical Therapist this group will focus on positioning, tummy time and promoting sequential meeting of motor milestones.

Participant Minimum: 2 Maximum: 8

Will meet three dates from 9:30 – 10:30 : 7/23, 7/24 and 7/30

Contact Dana Kubinski at 815-725-2194 x 271



Preschool Pals

This group is led by a Speech/Language Pathologist and an Occupational Therapist to target preschool language and fine motor skills for children 3 to 5 years old. Children must be able to follow simple directions, separate from caregivers and remain with peers in a group setting.

Participant Minimum: 2 Maximum: 8

Wednesdays 1:00 – 2:00 from June 12th - July 31st

Contact Katie Shank at kshank@joliet.easterseals.com or 815-927-5460



Aquatic Therapy

One on one sessions with either an occupational therapist to provide therapy treatment to your child in a new setting. They can work on your child's OT goals while benefitting from an aquatic environment. These are not swim lessons, but rather therapeutic sessions in the pool! Spots are limited and require a medical prescription for occupational therapy.

Times scheduled with individual therapists

Contact: Lisa Meyer PT, DPT at 815-725-2194 ext. 330 or lmeyer@joliet.easterseals.com



More sections or groups may be added as these scheduled groups fill up. If you are interested in registering your child for a group, please call or email the contact listed to sign up. Once the maximum limit for a group is reached, your child will be placed on a waitlist for any openings or additional sections.

