ATHLETIC FORMS INSTRUCTIONS

I. TRANSFER WAIVER FORM INSTRUCTIONS II. CIPPE SECTIONS 5 AND 6 INSTRUCTIONS

I. **TRANSFER WAIVER FORM INSTRUCTIONS**: NEW DAY STUDENTS AND NEW INTERNATIONAL STUDENTS MUST COMPLETE THE TRANSFER WAIVER FORM. NEW BOARDING DOMESTIC STUDENTS DO NOT HAVE TO COMPLETE THIS FORM.

If you are a NEW DAY student or a NEW INTERNATIONAL student in grade 10, 11 or 12 and you are participating in a Varsity or JV PIAA sport (Cross Country, Golf, Basketball, Tennis, Soccer, Volleyball, Field Hockey, Swimming, Bowling, Softball, Track and Field, Lacrosse), the PIAA requires all transfers to turn in a transfer waiver form that is completed by you, the school from which you are transferring and the new school.

Please follow the directions below and turn in the forms to Shellee Copley, Director of Athletics by August 19. Contact Ms. Copley at <u>scopley@lindenhall.org</u> or 717-626-8512 with questions.

- 1. The student and parents must first complete sections 2 and 3, making sure that the parent/ guardian signs and dates the end of section 3.
- 2. The principal at your FORMER school must complete and sign section 5.
- 3. When sections 2, 3 and 5 are complete, please return the full forms to Shellee Copley, Director of Athletics with all 5 sections so that we can complete sections 1 and 4.
- 4. Once I complete sections 1 and 4, I will send them to the PIAA, District III to be approved so please allow time for this to happen by returning forms to me no later than August 19.

Student-Athletes are not permitted to compete in a contest until the forms are reviewed and approved by the District 3 committee so for us to be able to get the forms reviewed in time for the first contests, please return these completed forms (all 5 sections) to me no later than August 19.

II. CIPPE FORMS SECTIONS 5 AND 6 INSTRUCTIONS

All students are required to complete a sports physical examination prior to practicing their sport. Physicals must be completed after May 31, 2019. Please complete section 5 and bring it with you to your physical examination. The doctor performing the examination should complete section 6. When both sections are complete, please upload the forms to your registration account or turn the hard copies in to Shellee Copley, Director of Athletics, scopley@lindenhall.org.

ALL INTERNATIONAL STUDENTS: International students are required to complete their sports physicals in Pennsylvania. Linden Hall will arrange for those physicals. Physicals cost \$20-\$30. Please complete Section 5 prior to arriving to campus and upload it to your registration account or turn in the hard copy to Shellee Copley, Director of Athletics, <u>dhenry@lindenhall.org</u>. We will bring section 5 with us to the physical.

Thank you,

Shellee Copley