



**MEADOWBROOK SCHOOL OF WESTON
AFTER SCHOOL ENRICHMENT CLASSES FALL 2019
Grades JK through 5**

JK Chess

Instructor: James Della Selva

Offered: *Mondays 1:15- 2:00*

Grade: **JK only**

Cost: \$175

Chess is a game of skill based on scientific principles which can be taught at a very young age. Students will explore and practice basic chess theory while listening to age-appropriate chess stories. The course will consist of instruction, play and group work on chess problems and games. Jim Della Selva's Chess Class has become a beloved class with our younger students! "Mr. Jim" has been teaching chess at Meadowbrook for 20 years.

Karate

Rocky DiRico's School of Kenpo Karate

Instructor: Rocky DiRico

Offered: *Mondays 3:15-4:15*

Grades: **JK through 4th**

Cost: \$225

With over 600 first place finishes and 100 grand championship wins, Rocky DiRico has won the most titles as a master/senior competitor in the history of karate. We are fortunate that he brings his expertise in karate to Meadowbrook and has done so for almost twenty years. In one of our most popular classes, the students are taught skills in karate and also reminded of the values: respect, self-control, and gratitude. Rocky has been running his own karate school in Arlington since 1978.

Business Sharks

with Right Brain Curriculum

Instructor: Matt Bowling

Offered: *Mondays 3:15-4:15*

Grades: **3rd through 5th**

Cost: \$300

In our Business Sharks class, students play the role of young entrepreneurs as they start with the germ of an idea for a

product and business and take it through the entire entrepreneurial process. Our students develop prototypes, formulate a business plan and devise a marketing strategy. Meanwhile, students learn through contextual lessons on concepts such as wages, profits and branding while designing print ads, acting out “TV commercials,” researching real estate locations and designing their storefronts. The class concludes with our young executives pitching their ideas to a "Shark Tank" of parents. These young entrepreneurs will really be taking care of business!.

Creative Sewing
with Ramune Jauniskis

Instructor: Ramune Jauniskis

Offered: *Tuesdays 3:15-4:15*

Grades: : 2nd through 5th

Cost: \$200

Ramune Jauniskis brings her popular sewing class to Meadowbrook. Students will learn both hand and supervised machine sewing while having fun and developing concentration. Sewing basics will be reviewed including threading a needle, tying a knot and basic stitching. Exciting, creative ideas will be presented for kids to work on at their own pace. Sewing is a useful practical skill that students will take pride in mastering and completed projects bring a feeling of satisfaction. **Each session new projects are presented.* To learn more about Ramune please visit: addictedtomermaids.blogspot.com

Yoga with Judy

Instructor: Judy Henderson

Offered: *Tuesdays 3:15-4:15*

Grades: JK through 2nd

Cost: \$225

This is a fun, musical introduction to Yoga and Meditation with music, activities, and stories. Judy is a trained Kidding Around Yoga instructor. She teaches in Weston and is a graduate of Teachers College, Columbia University. Let's stretch and learn together! Breathe and relax! Parents welcome to join final relaxation exercise!

LEGO Class
with Meadowbrook's Dotty Corbiere

Instructor: Dotty Corbiere

Offered: *Tuesdays 3:15-4:15*

Grades: SK through 3rd

Cost: \$200

This LEGO Class offers an open space where children can have fun while building skills like creativity, team work, problem-solving, and collaboration. LEGO classes teach children concepts such as math, science, geography, history, natural sciences and engineering. LEGO products are supplied and used as a tool to teach them, so they have FUN while learning! This class will be offered on Tuesdays throughout the year with Meadowbrook's beloved math teacher Dotty Corbiere!

Polite Society
in association with of Business Class

Instructor: Susan Callender
Offered: *Wednesdays 3:15-4:15*
Grades: JK through 5th
Cost: \$325.00

This class is always evolving and reinforcement of these skills is how we will get better. **“Polite” is a superpower that allows you to sparkle in any situation.** This 8-week program encompasses the finite social skills your child needs to make an engaging and impactful first and lasting impression, develop confidence, manage conflicts, dine like a mini diplomat, and **use manners to show people how much they matter.** The course covers topics including meeting and greeting new people and safety with strangers, making introductions, and being aware of how your body language speaks for you. Through this class, children experience a heightened sense of awareness, self-control, increased confidence and the basis for developing strong relationships.

Dollar Scholars

Instructor: Patricia White & Lisa Caperna
Offered: *Wednesdays 3:15-4:15 (10 classes)*
Grades: 3rd through 5th
Cost: \$350

Dollar Scholars is offering a ten-week financial literacy program designed for kids. Topics include: earning, saving, spending, budgeting, investing, philanthropy, advertising, and entrepreneurship. Students learn important life-long skills such as delaying gratification and setting long-term goals. Our classes engage students in meaningful discussions and encourage them to collaborate with each other on various fun projects. The goal of Dollar Scholars is to support parents and schools in giving their kids a strong foundation of financial literacy. More information at dollar-scholars.com and parent reviews at [Facebook.com/dollarscholarsclass](https://www.facebook.com/dollarscholarsclass)

Budding Scientists
in association with Budding Bookworms

Instructor: Michelle Bearak
Offered: *Thursdays 2:00-3:00*
Grades: JK only
Cost: \$325

Calling all JKers! Come enjoy After School fun from 12:30-2:00 and then go on to a special class geared toward the JK before carline at 3:10. Our Junior Kindergarteners will learn how science relates to their world. Children are encouraged to explore and recognize the links between science and the day-to-day. For example, after talking about the anatomy of a cloud, children make cloud dough. Or they concoct their own toothpaste following a lesson on the impact of good oral hygiene. Budding Scientists also learn to identify beginning and ending consonants, recognize rhyming words and develop number sense by matching numbers to corresponding quantities. New activities presented each session. Michelle Bearak is the founder of Budding Bookworms (1997) and has her Master’s in Elementary Education from Wheelock College.

Art

Instructor: Beth Meditz
Offered: *Thursdays 3:15-4:15*
Grades: JK through 3rd
Cost: \$225

Beth Meditz, M.Ed, has been bringing her love of art to Meadowbrook for over ten years. Your children will express themselves in the most delightful ways! Children share a wonderful learning environment while choosing from a wide array of inspiring and unusual materials. Your artists will create unique, individual masterpieces that also expand thinking and learning skills. They will be encouraged to experiment and explore materials to create expressive art, as well as unique usable objects of art. Imagination grows! Creative energies flow! Children will expand their artistic sides and see the world through the eyes of an artist! The art activities are fun, inspiring and designed by Beth, co-owner of the children's entertainment company, Event-FULL! LLC (www.event-full.net).

International Chefs in association with Budding Bookworms

Instructor: Michelle Bearak
Offered: *Thursdays 3:15-4:15*
Grades: 1st through 3rd
Cost: \$325 per session

Students experience the magic of cooking while exploring geography and cultural traditions around the world. Children stir up some fun with food while discussing the importance of health and nutrition. Each child creates a personalized cookbook with kid-friendly recipes prepared in class. They will cover the role of practical mathematics in recipe measurements, as well as letter formation and word recognition. Michelle is the founder of Budding Bookworms (1997) and has her Masters in Elementary Education from Wheelock College. *This class will open to students in SK later in the year.

Take Apart Art - Reverse Engineering with Viki Stathopoulos

Instructor: Viki Stathopoulos
Offered: *Thursdays 3:15-4:15*
Grades: 3rd through 5th
Cost: \$325

Children will spend 8 weeks taking apart old machines by using real tools! Using the design and engineering process children will spend 8 weeks making a plan to build a sculpture, robot or creature out of some of their parts and supplement materials. Or as we found in the 2-day workshop, some students just enjoyed the disassembling process and exploring the insides of machines. Ms. Viki has a way with students and addresses them as engineers while discussing reverse engineering and the engineering process. *We encourage you to bring in old cameras, remote controls and other small electronics* Basic safety and use of screwdrivers, hand drills, hammers, hot glue guns and saws will be covered.

Bollywood Dance
with current parent Shikha Malhotra

Instructor: Shikha Malhotra

Offered: *Fridays 1:00-2:00 (8 classes)*

Grades: 2nd through 5th

Cost: \$200

At long last and thanks to popular demand... Bollywood Dancing finally comes to MB! Bollywood dancing is one of the most versatile dancing styles in the world and has tremendous international appeal. Your kids will fall in love with the vibrant music while learning to dance with rhythm, expression, and emotion. Students in this class will learn a choreographed Bollywood dance piece that will help them build fundamental capabilities while having a ton of fun! The steps, body movements, principles and confidence your child learns from Bollywood dancing will set them up for a lifetime of dancing, whether on stage or at a dance party. Great for beginners as well as more advanced dancers.

Soccer
in association with Be Ahead of the Game!

Instructor: Be Ahead of the Game

Offered: *Fridays 1:00-2:00 (6 classes)*

Grades: JK & SK only

Cost: \$150

Be Ahead of the Game clinics are player-centered and coach-driven, practices. Coaches will make sure everyone is learning and getting plenty of practice all while smiling and having fun. We want to help your child become a successful player, by working on all the fundamental skills, shooting; offensive techniques, ball handling, proper defense, footwork and passing. Another focus will be on learning the value of teamwork, sportsmanship and communication during age-appropriate drills. All drills will help them master and navigate the field/court with complete confidence. Although we have many of focuses, our main focus is having fun and inspiring a love of the game. *We will open this up for 1st and 2nd grade for the winter session.

Friday Chess

Instructor: James Della Selva

Offered: *Fridays 1:00-2:00 (6 classes)*

Grades: SK through 5th

Cost: \$150

James Della Selva brings chess instruction to our students in Senior Kindergarten through 4th grade. Chess can be approached as a sport, science and an art form. Class will consist of instruction and play. Instruction will be given so that the advanced player as well as the beginner will benefit. The students will study master instructive games and techniques that are designed to improve their game and will receive a chess trophy upon completion of the program.

ENRICHMENT CLASS POLICIES

- At time of registration, your child's name is entered into a lottery for the class(es) of choice.
- Monday through Thursday classes meet 8 times, *unless* otherwise noted.
- Classes held on Fridays meet 6 times, *unless* otherwise noted.
- Limited space is available in each of these classes. Please do not assume enrollment in these classes until you receive an email confirmation from the After School Director.
- Class dates will be emailed to parents at the time of confirmation in September.
- **Fees for these classes are NON-REFUNDABLE.** You are committed when you sign up for the class. Parents will receive a confirmation email and may drop the class in the allotted time period stated in the confirmation email.
- Meadowbrook accounts *may be* billed PRIOR to the first class meeting.
- Your child will not be billed for After School time while your child is participating in an enrichment class.
- Meadowbrook reserves the right to cancel an enrichment class due to under-enrollment, at which time Meadowbrook accounts will be refunded.
- Class dates may change due to unforeseen scheduling conflicts or inclement weather. Make-up classes will be scheduled when possible. Parents will be notified by email of rescheduled events.