



SCHOOL HEALTH ROOM REPORT
HEAD INJURY

DATE: _____

_____ SUSTAINED AN INJURY TO THE HEAD TODAY.

TIME: _____ LOCATION: _____

DESCRIPTION OF INJURY: _____

NAME OF PERSON CONTACTED: _____ Time: _____

Call the doctor or go to the Emergency Room for any of the following changes within 2-3 days after the head injury:

1. **EXTREMELY DROWSY OR FUSSY.** The injured person may be sleepy and tired after a head injury. However, you should be able to wake him/her as you would normally from a deep sleep.
2. **VOMITING THAT DOES NOT STOP.** Sometimes a person with a head injury may vomit one or two times after the injury. However, the vomiting should not continue or start again later. Do not give him/her anything to eat for about 2 hours after a head injury.
3. **UNSTEADY BALANCE OR MOVEMENT.** Watch the injured person sit, walk and move. Be sure that he/she moves equally on the right side and the left side of his/her body.
4. **HEADACHE THAT GETS WORSE.** Many complain of a headache after a head injury. The headache should not get worse.
5. **Have VISION CHANGES such as double vision or difficulty focusing.**
6. **CONFUSION, DISORIENTATION.** The injured person does not know who or where he/she is, or other changes in behavior.
7. **SEIZURES OR CONVULSIONS.** If the injured person has a seizure, do not panic. Place them on his/her side so they cannot fall and can breathe freely. Call the injured person's doctor or go to the Emergency Department right away.

Call the injured person's doctor, nurse, or clinic if you have any questions or concerns.