The outside activity is intended for students who are already pursuing or wish to pursue an activity that is not offered at Urban. In order to receive 1 credit, the time spent on the activity must be no less than 20 hours throughout the term. If less time is spent, no credits will be earned for this term. This form must be completed and returned to the Athletics Department by the last day of the term.

STUDENT NAME:

GRADE: (Circle One)  9  10  11  12

TERM: (Circle One)  FALL  WINTER  SPRING

YEAR: ____________________________________________________________________

Please describe the activity you have completed:

__________________________________________________________________________________

Hours:

Hours per week: __________________________________________________________________

Total hours completed: __________________________________________________________________

Instructor / Coach

Name: ___________________________________________________________________________

Signature: _________________________________________________________________________

Phone Number: ___________________________________________________________________

Parent Signature: ___________________________________________________________________