



# HUMAN DEVELOPMENT

## COURSE DESCRIPTION

Human Development introduces the developmental stages of individuals across the lifespan. Students will study biological, cognitive, and social/emotional developmental changes of the individual in the context of the family and society. It emphasizes and demonstrates the vital connections between theory, research, and application. This can be offered as a concurrent enrollment course. Student leadership and competitive events (FCCLA) may be integrated into this course. This course will strengthen comprehension of concepts and standards outlined in Sciences, Technology, Engineering and Math (STEM) education.

## STRANDS

Participate in activities that help increase their awareness about stages of development through the lifespan, understand the major developmental theories, and the scientific method

Understand the prenatal development process from conception to birth including genetics and risk factors.

Understand the typical patterns of physical and cognitive growth, and language acquisition that occur in healthy development during infancy (first two years).

Explore the psychosocial development of the first two years; including self-awareness and personality, the relationships between the infant and parents, and their culture.

Explore the developing child between the ages of 2 and 6.

Explore the ways young children begin to relate to others in expanding social environments.

Explore biological and cognitive development of middle childhood.

Understand psychosocial development in middle childhood (ages 7 to 11) and master abilities that are important in the child's culture.

Identify the biological and cognitive development for adolescents (ages 11 to 18).



**Identify adolescents' search for self-understanding and identity.**

**Examine the overall development of emerging adults.**

**Examine biological and cognitive development during middle adulthood (ages 25-65).**

**Examine psychosocial development during middle adulthood.**

**Identify biological and cognitive development during late adulthood (ages 65+), discussing the myths and reality of this final stage of the lifespan.**

**Examine psychosocial development during late adulthood.**

**Explore various views on death and dying over the lifespan.**

**SKILL CERTIFICATION PERFORMANCE OBJECTIVES: TEST # 301**

**Research happenings during your cohort, identify how these have shaped or affected your development and outlook on life**

**Research a teratogen and explain how it can affect a developing fetus**

**Complete a conservation experiment with a preschooler and a 7-8 year old. Identify the differences you observed between the two ages**

**Relate two personal experiences in your life and identify which of Erickson's stages of development they relate to**

**Identify where you feel you are in the four major life statuses (role confusion, foreclosure, Moratorium, and Identity Achievement). List reasons that substantiate this status. Identify some of the challenges faced by adolescents and emerging adults (drug or alcohol abuse early sexual activity, bullying, etc.). Explain ways to help avoid the pitfalls of these challenges.**

**Identify which of the Big 5 you most relate to in your personality and discuss how this affects your interactions with others.**

**List choices or changes you could make in your life to help yourself age well.**

