

# Course Syllabus

## COSMETOLOGY 2: THE BUSINESS OF SKIN AND NAIL CARE

Helping people put their best face forward is a growing, vibrant industry which needs skilled and personable professionals well-versed in the latest trends and technological advances. In Cosmetology 2: The Business of Skin and Nail Care, experience what the day-to-day life of a cosmetologist is like. You will discover that cosmetology is much more than knowing and applying techniques. Additionally, you will explore skin care and facials, learn how to give manicures and pedicures and how to apply artificial nails, and gain an understanding of different hair removal techniques. Discover the next steps towards launching a rewarding and creative career in cosmetology.

### Required Materials

#### General Materials for All Activities/Labs:

- A computer with:
  - Internet access
  - A word processing program and a slide-show program
- A friend or family member to be your model
- A camera with:
  - Sound—a cell phone camera is fine
  - Video recording capabilities
- Trash can
- Trolley for products and tools
- Disposable Latex or Nitrile Gloves
- Clean sheets and towels
- Examples of work outfits – both appropriate and inappropriate









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## Resume and Portfolio Materials (in addition to General Materials):

- Copies of your diplomas, certificates, and awards
- Photos from practice services you have performed
- Letters of reference or teacher recommendations

## Unit 1: Working in a Salon

### Learning Objectives:

- Begin building your professional image
- Communicate effectively using reflective listening
- Name the main types of skin disorders
- Employ infection control measures
- Identify the functions of Safety Data Sheets

## UNIT 1 Assignments

Assignment	Type	Score
Unit 1 Text Questions	Homework	10 points
Unit 1 Lab	Homework	10 points
Unit 1 Activity	Homework	15 points
Unit 1 Discussion Assignment 1	Discussion	5 points
Unit 1 Discussion Assignment 2	Discussion	5 points
Unit 1 Quiz	Quiz	15 points

## Unit 2: Nails: Basics of Fingers and Toes

### Learning Objectives:

- Distinguish the differences between the cuticle and the eponychium
- Assess the nails and skin for common problems
- Comply with safety and infection control measures for nail care
- Perform a basic manicure including hand massage
- File nails into the five basic shapes for women

### UNIT 2 Assignments

<b>Assignment</b>	<b>Type</b>	<b>Score</b>
Unit 2 Text Questions	Homework	10 points
Unit 2 Lab	Homework	10 points
Unit 2 Activity 1	Homework	15 points
Unit 2 Activity 2	Homework	15 points
Unit 2 Discussion Assignment 1	Discussion	5 points
Unit 2 Discussion Assignment 2	Discussion	5 points
Unit 2 Quiz	Quiz	15 points

## Unit 3: Nail Enhancements: From Tips to Wraps

### Learning Objectives:

- Apply nail tips properly
- Explain the chemistry of acrylic nail enhancements

- Work with UV or LED cured gel nail products
- Maintain tips and acrylic, gel, and nail wraps
- Utilize proper safety procedures when applying nail enhancements

## UNIT 3 Assignments

Assignment	Type	Score
Unit 3 Text Questions	Homework	10 points
Unit 3 Lab	Homework	10 points
Unit 3 Activity 1	Homework	15 points
Unit 3 Activity 2	Homework	15 points
Unit 3 Discussion Assignment 1	Discussion	5 points
Unit 3 Discussion Assignment 2	Discussion	5 points
Unit 3 Quiz	Quiz	15 points

## Unit 4: Specialty Treatments

### Learning Objectives:

- Distinguish the differences between express and spa services for nails
- Safely use paraffin treatments for hands and feet
- Perform a classic French manicure
- Apply nail forms and sculpt nails into different shapes
- Experiment with the tools to create nail art

## UNIT 4 Assignments



<b>Assignment</b>	<b>Type</b>	<b>Score</b>
Unit 4 Text Questions	Homework	10 points
Unit 4 Lab	Homework	10 points
Unit 4 Activity 1	Homework	15 points
Unit 4 Activity 2	Homework	15 points
Unit 4 Discussion Assignment 1	Discussion	5 points
Unit 4 Discussion Assignment 2	Discussion	5 points
Unit 4 Quiz	Quiz	15 points

## Cosmetology 2 Midterm Exam

### Learning Objectives:

- Review information acquired and mastered from this course up to this point.
- Take a course exam based on material from the first four units in this course. (Note: You will be able to open this exam only one time.)

### MIDTERM Assignments

<b>Assignment</b>	<b>Type</b>	<b>Score</b>
Cosmetology 2 Midterm Exam	Exam	<b>50 points</b>
Midterm Discussion Assignment	Discussion	5 points

## Unit 5: Skin Care: Facials

### Learning Objectives:

- Identify the major skin types and their features
- Name the different product types that are used in facials
- Describe the benefits of electrotherapy
- Record all important information in the client record
- Perform a basic facial, choosing the correct products for the skin type

### UNIT 5 Assignments

<b>Assignment</b>	<b>Type</b>	<b>Score</b>
Unit 5 Text Questions	Homework	10 points
Unit 5 Lab	Homework	10 points
Unit 5 Activity 1	Homework	15 points
Unit 5 Activity 2	Homework	15 points
Unit 5 Discussion Assignment 1	Discussion	5 points
Unit 5 Discussion Assignment 2	Discussion	5 points
Unit 5 Quiz	Quiz	15 points

## Unit 6: Skin Care: Hair Removal

### Learning Objectives:

- Recognize the major contraindications for hair removal
- Describe the differences between the many types of hair removal

- Shape the eyebrows to complement face shape
- Wax the eyebrows, upper lip, and chin using sanitary procedures
- Instruct clients on home care after a hair removal service

## UNIT 6 Assignments

Assignment	Type	Score
Unit 6 Text Questions	Homework	10 points
Unit 6 Lab	Homework	10 points
Unit 6 Activity	Homework	15 points
Unit 6 Discussion Assignment 1	Discussion	5 points
Unit 6 Discussion Assignment 2	Discussion	5 points
Unit 6 Quiz	Quiz	15 points

## Unit 7: Skin Care: Makeup for Every Face

### Learning Objectives:

- Identify face shapes and use contour to complement and conceal
- Use color theory to choose appropriate makeup colors for your clients
- Perform a professional makeup application
- Safely apply and remove artificial eyelashes
- Design variations on the smoky eye shadow style

## UNIT 7 Assignments

Assignment	Type	Score
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Unit 7 Text Questions	Homework	10 points
Unit 7 Lab	Homework	10 points
Unit 7 Activity	Homework	15 points
Unit 7 Discussion Assignment 1	Discussion	5 points
Unit 7 Discussion Assignment 2	Discussion	5 points
Unit 7 Quiz	Quiz	15 points

## Unit 8: Expanding Your Skills

### Learning Objectives:

- Compare the pros and cons of different beauty school programs
- Methodically prepare for your licensing exam
- Use the power of networking to expand your contacts
- Compile a professional portfolio and resumd
- Evaluate whether salon entrepreneurship is a good choice for you

### UNIT 8 Assignments

Assignment	Type	Score
Unit 8 Text Questions	Homework	10 points
Unit 8 Lab	Homework	10 points
Unit 8 Activity 1	Homework	15 points

Unit 8 Activity 2	Homework	15 points
Unit 8 Discussion Assignment 1	Discussion	5 points
Unit 8 Discussion Assignment 2	Discussion	5 points
Unit 8 Quiz	Quiz	15 points

## Cosmetology 2 Final Exam

### Learning Objectives:

- Review information acquired and mastered from this course up to this point.
- Take a course exam based on material from units five to eight in this course – the last four units.

(Note: You will be able to open this exam only one time.)

### FINAL Assignments

Assignment	Type	Score
Cosmetology 2 Final Exam	Exam	<b>50 points</b>
Final Exam Discussion Assignment	Discussion	10 points