

FOOTBALL

TRUST
TEAMWORK
TOUGHNESS



PREPARE
LIKE A
CHAMPION
TODAY

The purpose of the Gilroy High School football program is to forge a team that excels on the field, achieves in the classroom, and positively impacts our school and community. Each individual involved in this program will leave this program with the understanding that they're a better individual that has the competency to lift others to higher standards in the real world.

SUMMER PRACTICE BEGINS
JUNE 10TH, 2019

WHAT TO BRING?

MUST HAVE WORKOUT ATTIRE:

ATHLETIC SHOES

SHORTS

T-SHIRT

FOOTBALL CLEATS

NO PADS NEEDED AT THIS TIME

MUST HAVE THE WAIVER AND
MEDICAL TREATMENT FORM ON
FILE WITH THE COACH TO
PARTICIPATE IN FOOTBALL
DURING THE SUMMER!

WAIVER CAN BE FOUND ONLINE
UNDER ATHLETICS WEBSITE

gilroyhs.gilroyunified.org/athletics

GO MUSTANGS!

PRACTICE TIMES

VARSITY PRACTICE STARTS @ 3:30 pm

TENTATIVE ENDING 6:30 pm

JV/ FRESHMEN PRACTICE @ 5:00 pm

TENTATIVE ENDING 7:30 pm

Practice times subject to change

In order to try-out/play a sport you must stop by the ASB Office to pick up a Sports Packet starting May 21, 2019. The Sports Packet must be CLEARED in the ASB OFFICE BEFORE you can try-out/play any GUSD sponsored sport. Fall Sports start August 9, 2019. All information can be found on website

<https://gilroyhs.gilroyunified.org/athletics/clearance-process>

Contact Information - gilroymustangfootball@gmail.com