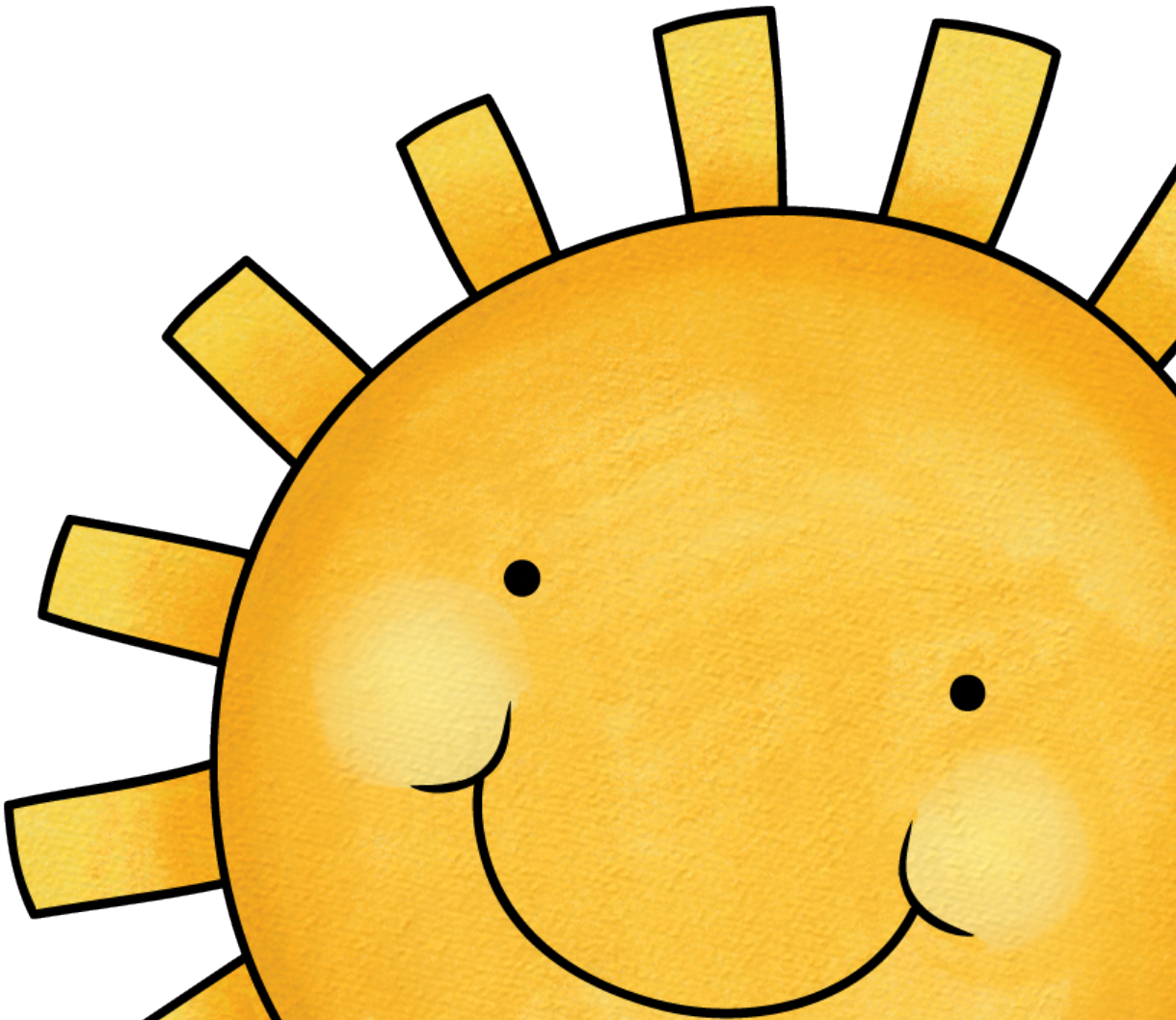


MORNING MEETING

greetings & activities



Copy these greetings & activities on to cardstock, laminate, and hang on a binder ring for quick reference!

click below for more resources you'll love!

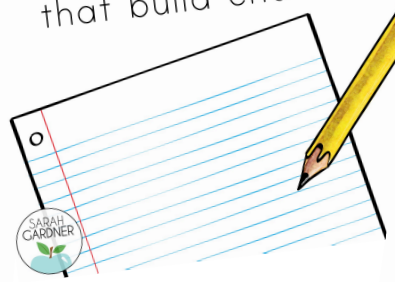
the bundle
MORNING MEETING
messages



empathy
A PARENT LETTER



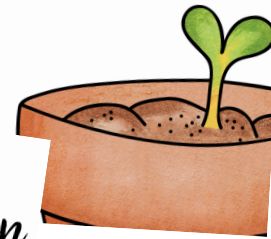
a bundle of
PARENT LETTERS
that build character



ENEMY PIE
a book companion



growth
mindset
bulletin board



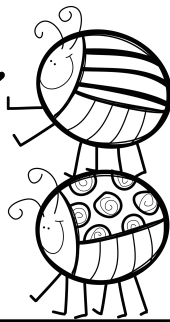
a big thank you to...



MORNING MEETING

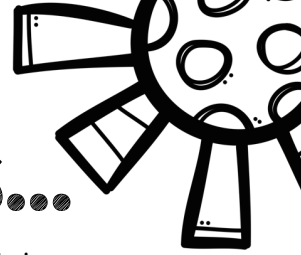
greetings

BY SARAH GARDNER



Hello!

My name is...



Person A says, in the chosen language, "Good day, my name is __" to person B, who responds, "Good day, __" and turns to person C to continue.

Arabic: Al salaam a'alaykum, ismit

French: Bonjour, je m'appelle

Greek: Kalimera, to honoma moo

Japanese: Konichiwa, watakushi-wa

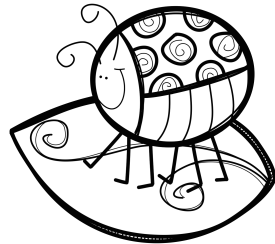
Portuguese: Bom dia, meu nome

Swedish: God day, mitt namn ar

Icelandic: Gothan dag, 'eg heiti

1

hello, neighbor!



This is a quick greeting song!

Hello neighbor (wave to a friend)

What do you say?

It's going to be a happy day!

Greet your neighbor (handshake to someone next to them)

Boogie on down (twist hips)

Give a bump (bump hips with a neighbor) and turn around!

2

Hit the Floor!

1, 2, 3, 4! Come on ----- hit the floor!

We're so glad you're here today, Hooray, Hooray,
Hooray!

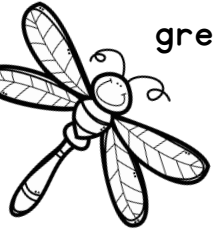


Each student will go to the middle of the circle and do a dance when their name is called... I challenge them to get back to their spots by the last "Hooray!"

3

circle greeting

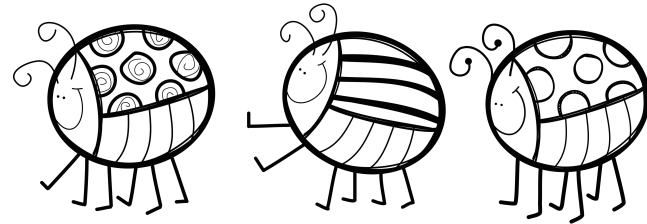
Create an "inner" circle and an "outer" circle with students facing each other. Students will give a handshake and a "Good morning, ___" Then, ask either the inner circle or the outer circle to rotate one person to the right. Repeat greeting as many times as you'd like!



4

I can do this!

Choose one student to start. The student will chant "My name is ___ and I can do this!" while doing an action (clapping, stomping, etc.) The class will respond by saying "His name is ___ and he can do this!" and copying their movements.



5

knock, knock

Student 1: Knock knock!

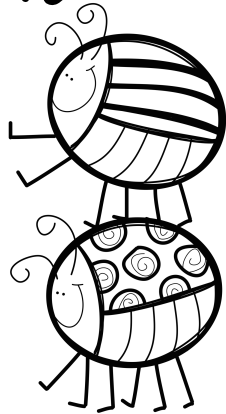
All: Who's there?!

Student 1: (says first name)

All: (first name) who?

Student 1: (says first and last name)

All: Good morning (repeats first and last name)



6

quick greeting

When short on time, I will ask students to greet 5 students in a certain way. Here are some ideas:

curtsey/bow

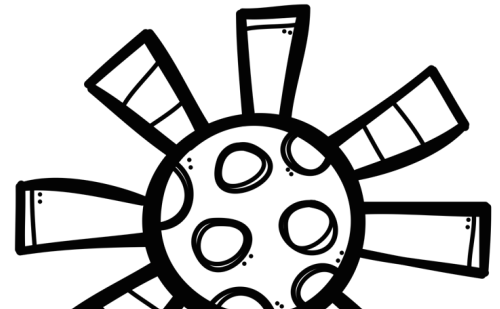
high five

fist bump

pinky shake

butterfly hands

elbow bump



7

snowball fight!

Ask students to write their name on a scrap piece of paper, then ball it up tight (they love this!). When you say go, students may throw their "snowballs" for a short time. When you say "stop!" they will pick up the snowball closest to them, open it up, and greet that person.

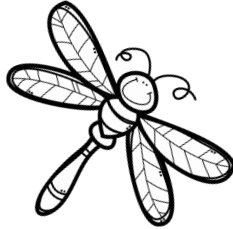


Repeat!

8

Squeeze!

Students stand in a circle holding hands. Choose one student to start the "squeeze" that student will (gently) squeeze the hand of the person next to them, then that person will squeeze the next persons hands and so on. Race to see how fast the squeeze can travel around the circle!



9

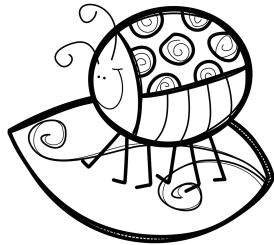
who do we appreciate?

2, 4, 6, 8

Who do we appreciate?!

____, ____, YAAAY ____!

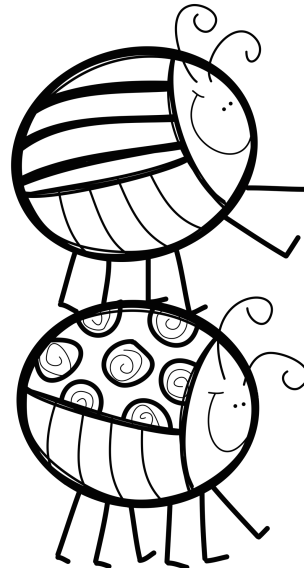
(chosen student runs around circle giving high fives to each student until they get back to their spot). Repeat until all students have been greeted.



10

action alliteration

Give students time to think of an action word that begins with the same letter (or sound) as their first name. Provide ideas if necessary. For example the student will say, "Hey guys, I'm Giggly Garrett" and do the action. The class will respond "Hey Giggly Garrett!" and do the action as well.



11

dice greeting

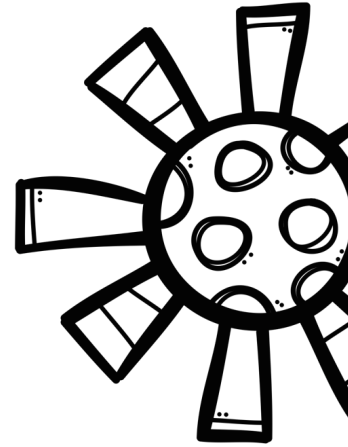
One student rolls a die and counts that number of students clockwise around the circle to greet that person. The "roller" sits down and the greeted student rolls the die again. Continue until everyone has been greeted.



12

silly voices

Students greet each other with a, "Good morning, ----" in silly voices. Some ideas: cowboy, opera, whisper, baby, underwater (rub finger up and down on lips), scary, squeaky, cowboy, police officer... the possibilities are endless!



13

good morning poem

Post this poem for students to say with you as a call/response:

Hello Jell-O

Hi there, Grizzly Bear!

How are you, Caribou?

What's up, buttercup?

Not much, coconut!

Hi, hi, pumpkin pie!

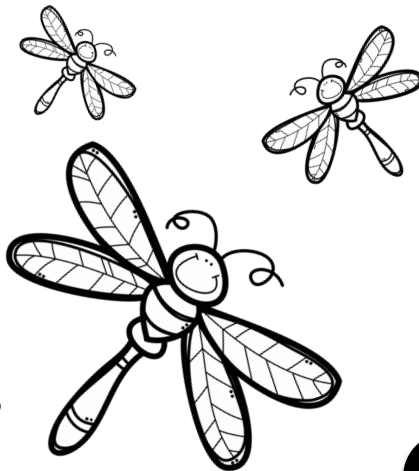
How've you been, dolphin?

Just great, rattle snake!

What's shakin', little bacon?

Not a lot, tator tot!

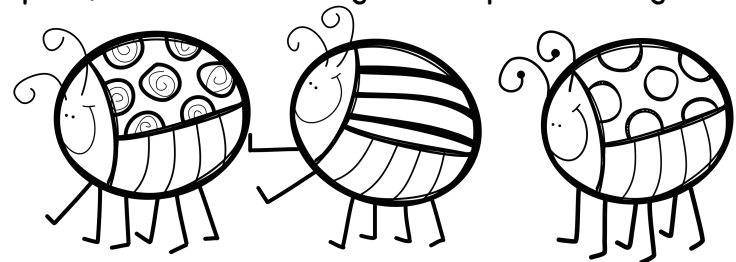
This is how our day begins!



14

closed eye greeting

Students sit in a circle with their eyes closed. The teacher counts 1, 2, 3, open! When the students open their eyes, they try to make eye contact with someone across the circle. When they make eye contact they get up to greet that person. Repeat, this time finding a new person to greet.



15

friends in our class

(sung to the tune of Addam's Family)

Friends in our class [snap, snap]

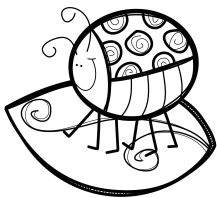
Friends in our class [snap, snap]

Friends in our class, Friends in our class, Friends in our class
[snap, snap]

There's [name] and there's [name],

There's [name], and there's [name], there's [name] and
there's [name], We're here to learn and play!

*repeat until everyone has been greeted



16

alphabet story

The first person in the circle starts telling a story with a sentence beginning with the letter "A". The next person in the circle continues, adding a sentence that begins with "B". The class continues until everyone has added to the story.



1

MORNING MEETING

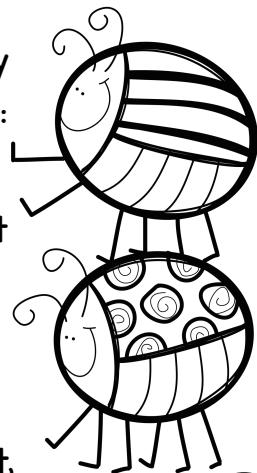
activities

BY SARAH GARDNER



aroostasha

Students stand in a circle. Start by rocking from side to side, chanting: Aroostasha, aroostasha, aroostasha-sha. Add one movement at a time, repeating the "aroostasha" chant each time. Ideas: thumbs up, elbows back, knees together, toes in, bottom out, tongues out.



2

a warm wind blows

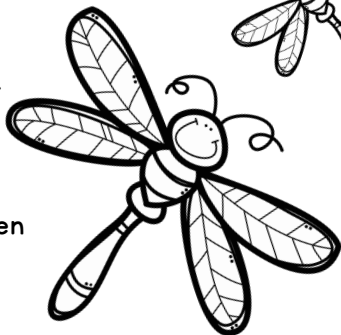
Bring chairs into the meeting circle - the number of chairs should be one less than the number of people. A student stands in the circle and says "A warm wind blows for anyone who ___" filling in the blank with a category (such as, "has a dog") Everyone who fits that category comes into the circle and then quickly finds a new place to sit, including the student who started in the middle. The one person who doesn't find a seat stands in the middle and states a new category.



3

Cooper says...

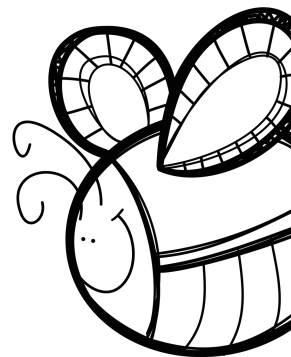
This is similar to Simon Says, except no one is ever out. The leader gives the group instructions. Students follow the instructions only if the instructions are preceded by "Cooper says..." If the leader does not say "Cooper says..." students stay still. Increase the difficulty by challenging the group to follow ten directions correctly.



5

category snap

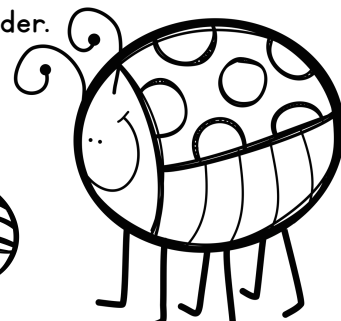
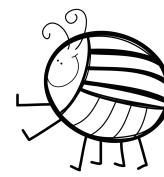
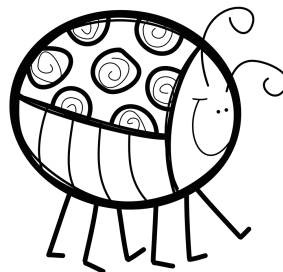
Name a category (ex: fruit). The group sits in a circle. The leader starts a rhythm using a sequence of knee slap, hand clap, snap with right hand, snap with left hand. Once the rhythm gets started, the leader names an example (ex: apples) the next person repeats "apples" and adds their own example. The play continues around the circle with no repeats!



4

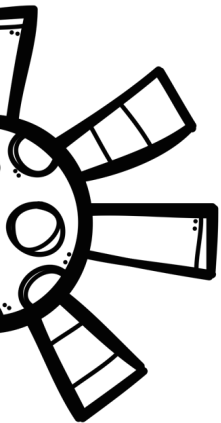
guess the leader

Choose one student to leave the circle and stand where she cannot see the group. Choose a "leader" - the leader will do a movement (such as stomping) and the rest of the class follows. The leader changes the movement regularly and the others follow the new movement. The hidden student returns and tries to guess the leader. After three tries, reveal the leader.



6

guess the number



Tell the class you've chosen a number between one and _____. Going around the circle, students ask yes-or-no questions to try to determine the number. Anyone can try to guess the number at any time. If the guess is incorrect, the questioning continues. Encourage students to think of questions that will give them information about the number rather than just eliminate one number.

7

hands up for 2015

Name an academic category.

Chant:

Hands up // (silent beats)

For '15 // (silent beats)

Gonna name (clap, clap)

Some [category] (clap, clap)

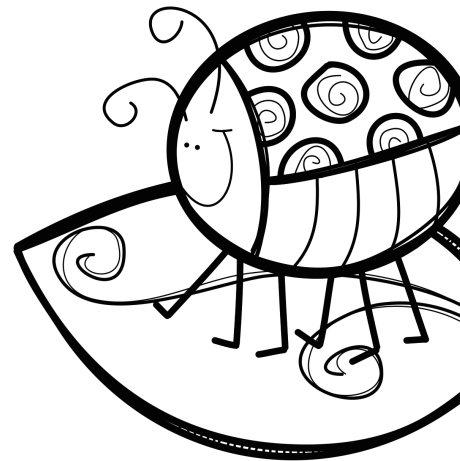
One apiece (clap, clap)

No repeats (clap, clap)

No hesitation (clap, clap)

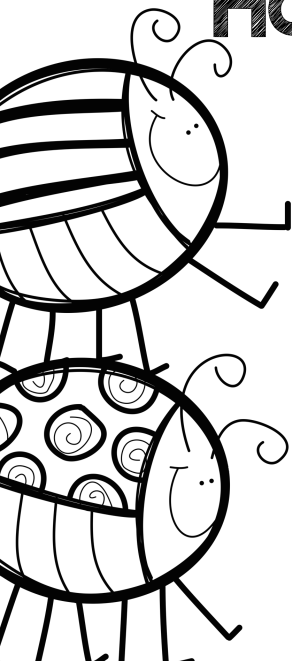
No duplication (clap, clap)

Starting with (clap, clap) [student's name]



8

Hot & Cold

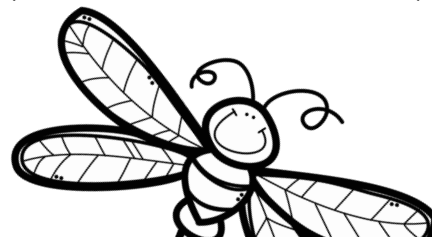


Choose an object to hide. Choose one student to be the "seeker" and send her out of the room. Hide the object. Invite the seeker begins looking for the object. The group guides the search by saying "hot" when the seeker gets near the object and "cold" whenever she moves away.

9

human protractor

Everyone stands in a circle, hands touching toes. Tell students they're going to straighten up gradually, keeping their arms stretched out in front of their bodies. At the same time, they'll be counting from zero to a number that you specify. By the time their hands are reaching overhead, they should be at the upper number. Once students have moved through the range of numbers, call out numbers within the range. Students take the position for each number as you call it.



10

incorporations

At a signal from you, students will form and re-form groups as quickly as possible. Begin by ringing a bell or chime, then give directions for forming groups such as "Get into groups of three." Once the students have formed their groups, ring the chime again and give a different direction. This activity moves very quickly.



11

My Bonny

Everyone sings the song "My Bonny Lies Over the Ocean." Whenever the words beginning with a "b" are sung, students alternate between sitting and standing.

My Bonny lies over the ocean.

My Bonny lies over the sea.

My Bonny lies over the ocean.

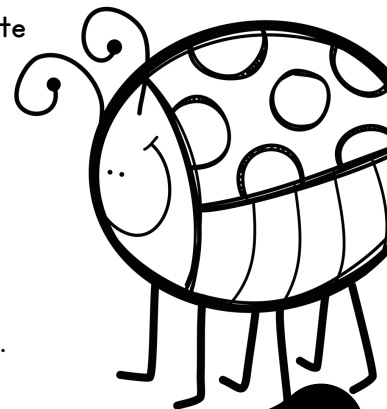
Oh bring back my Bonny to me.

Bring back, bring back,

Oh bring back my Bonny to me, to me.

Bring back, bring back,

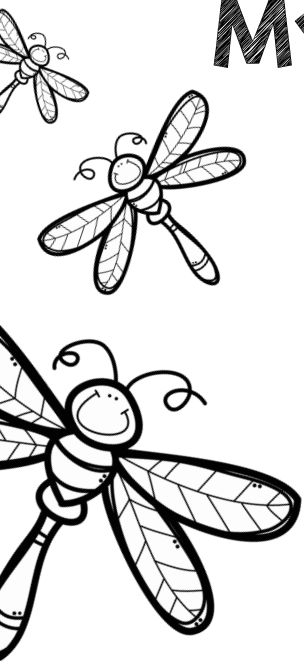
Oh bring back my Bonny to me.



12

Mystery Word

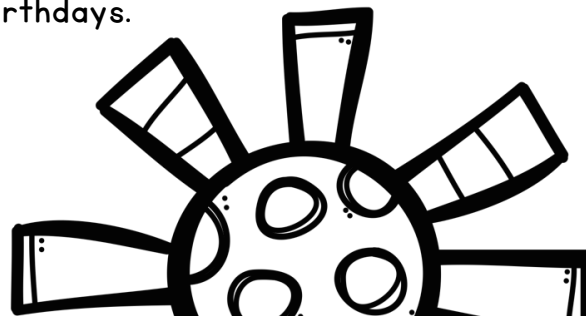
On cards, write key vocab words from recent studies. Confirm that everyone is familiar with all the words. Choose a student to be "IT" and tape a word to her back. Her job is to guess the word using clues from classmates. She moves slowly around the circle so they can see the word. They offer clues in the form of sentences that could include that word.



13

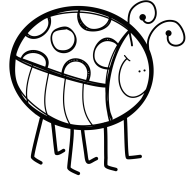
Birthday Lineup

Students line up according to their month and day of birth, without any talking. This challenges students to be creative and communicate nonverbally. Remind students that they should always remain friendly in the body language that they use to communicate their birthdays.



14

Oliver Twist



Use the chant below. Start slowly, then speed up until students can't keep up.
Oliver twist, twist, twist (hands on hips and twist body)

Can't do this, this, this (tap right foot and shake pointer finger)

Touch his head, head, head (touch head)

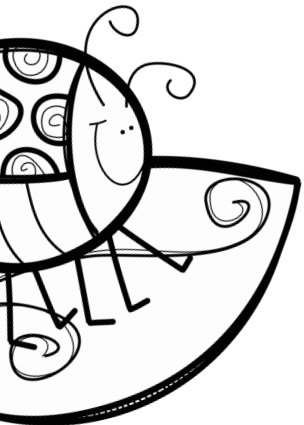
Touch his nose, nose, nose (touch nose)

Touch his ears, ears, ears (touch ears)

Touch his toes, toes, toes (touch toes)

15

Whatcha Doin'?

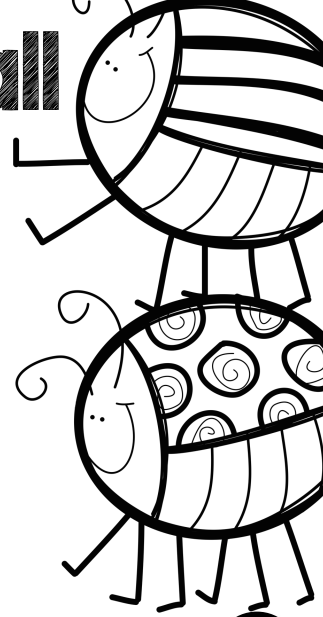


A student goes to the center of the circle and pantomimes a simple action, such as brushing her hair. The next student approaches and asks, "Whatcha doin'?" The first person responds by saying something completely different such as "I'm washing the floor." The person who asked now pretends that he is washing the floor. The next student approaches and asks, "Whatcha doin'?" This goes around until everyone has had a turn.

17

Speed Ball

Students sit in a circle. Call out a student's name and quickly toss them the ball. They will then quickly call out another name and toss it to that student. Once a student has had the ball, they will put their hands in their laps. Play continues until everyone has had the ball. Be sure to review safety expectations before playing.



16

Zip, Zap, Pop

A student begins by placing his right or left hand on top of his head so his finger point to the student to his right or left and saying "Zip." The student who receives the Zip can either pass it on to the next student, or pass it back to the same student by placing his hand under his chin and saying "Zap," or he can point at someone across the circle and say "Pop." Continue until everyone has been zipped, zapped, or popped.



18