



Red and White Report



Volume 16
Issue 3
Spring 2018



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Spring 2018

Congratulations

Graduation

Class of 2018

Names included in the word cloud:

- Matthew O
- Yazeed Haleem
- Avery Welsch
- Anne Jeffers
- NataneK
- Julia Kotas
- Oceguera
- Lia Sanchez
- Sebastian Gonzalez
- Razelle
- Josue Araujo
- Daniel Ellsworth
- Liliana Harb
- Mateusz Zych
- Elizabeth Gibbons
- Sydney Walters
- Aditya Rao
- Fakhri Salameh
- Mohamed Alhadhrami
- Szlembarski
- Cailean Gordon
- Talia Blanton
- Alexandra Staron
- Yadhira Serna
- Kathleen Boyle
- Beckham Ebert
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- Grace Evans
- Laila Barakat
- Maeva Duffly
- Joseph Zeiler
- Christiano DiBenedetto
- Jacob Ehrling
- Lenny Kobilica
- Mustafa Alharsha
- Kaylah Mack
- Dezimere Rodriguez
- Maya Amezcua
- Hernandez
- Jeremiah Rombakis
- Liam Bailey-Stobbs
- Isabel Abu
- Jake Lata
- Kyle K
- Marissa K
- Colin Loomis
- Peyton Schmit
- Diala Al-Swais
- Javier Moyzis
- Vincent Marotta
- David Papineau
- Jena Elmosa
- Amelia Slanda
- Sabreen Saleh
- Katharine Recchia
- Joseph Dajani
- Mark Jones
- Aliyah Rivera
- Mitchell Potocsnak
- Hamameh
- Cole Downs
- Ana Zoko
- Luke Lisiecki
- Jessica DiCola
- Karson Rosello
- Tiffani Kawa
- Amber Hooker
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- Hajer Elfegy
- Bella Tresch
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- Rafuanto
- Landon
- Sofia Loasacio
- Thomas Quintas

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PALOS SOUTH MIDDLE SCHOOL

Amelia Kuna
Amy Cypko
James Tan
Julia Vogrich
Mohamad Mohamad
Sadie Szkapiak
Leo Amador-Rojas
Kiernan Saunders
Simona Bilevicius
Faith Finegan
John Duda
Aya Alaraj
Alvaro Huicker
Michael
Zakiah Alqadhi
Molly Malecki
Julia Radkiewicz
Owen Harty
Atahan Ors
Amr Ajaj
Olivia Herring
William Hardison
Aydan Wilson
Maria
Ryan Farkas
Nedas Guzyis
Shirel Morales
Lillian Alford
Venclovas

Q & A with Mrs. Byrne

By: Erin Hayes

Palos South, did you know you had a real live author who works at this school? If you didn't, let me introduce you to her. I will be interviewing Mrs. Byrne about her new book.

Q1. What inspired you to become an author?

A1. My dog Cutie.

Q. How did you become interested in rescuing dogs?

A1. I have always loved dogs. My best friend asked me to join her in starting "Safe Now Animal Rescue".

Q2. Are you working on any other books at this moment, or is this your final book you have wrote?

A2. I have many ideas in my head, but I haven't written them down yet.

Q3. When was the book published and will the book be available for students to check out in the library?

A3. It was published in early fall of 2017. YES, it is available in the library.

Q4. Do you have any animals at home, if so are they rescue dogs?

A4. I have three dogs. And two of them Cutie and Andrew are rescue dogs.

Continued on the next page



(interview with author, Nancy Byrne cont.)

Q5. What do you want your readers to take away from your book that you have written?

A5. I would like those who have read my book to realize that love is a pretty powerful energy.

Q6. How many rescue dogs have you rescued?

A6. "Safe Now" has rescued over 200 dogs.

Q7. What does rescuing dogs mean to you or any animal?

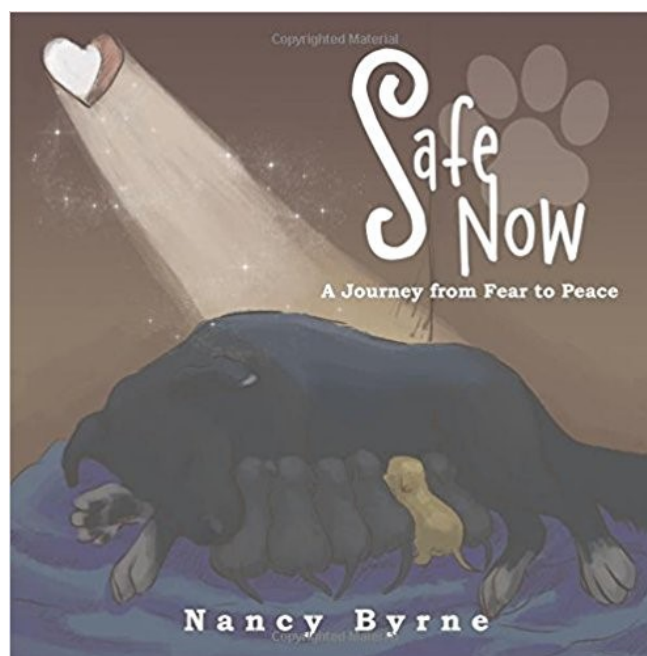
A7. To me rescuing dogs gives me a great sense of accomplishment. To see a dog come from the most terrible situations and be united with a loving family is a feeling that I can't describe.

(Q8. What was your best rescue you ever did with the dogs?

A8. My best rescue was rescuing Cutie. Not only did we save her, we also saved her pups. Saving Cutie has helped many people. She is a therapy dog. She visits retirement homes and will be soon volunteering at a local hospital.

Q9. What is the title of your book?

A9. My book title is called "Safe Now.... A Journey Fear to Peace".



Music Through Time

-Written By: MJ Javate

Music it is all around us! The presence of Music can be obtained from anywhere and made by anything; from pots and pans, to the car radio, music is everywhere. Musicians (like myself), take this point into intense consideration and use that philosophy in our everyday lives. Speaking of musicians and artists, we use and develop techniques that improve our music and give it some flair. This is what every musician does all the time. Not only do musicians have to perform the instrument, sing, or make music well, but have the strong drive and motivation to make a difference in the music community. This is how the world of music has many variations and genres that have changed significantly throughout history. As time passed by, music has evolved from the early melodies of the first Mesopotamian civilizations to the pop and rap hits of today.

Mesopotamian God-Worshipping Music (5000-3500 B.C.)

The first civilizations of early history made music solely for special occasions such as weddings, birthdays, religious ceremonies, and most commonly: god worshipping songs. Music was harder to access during this time (besides vocal instrumentals and tunes,) thus making it only available to the wealthy and reserved events. Music was not played on the regular basis. However, musicians at the time were considered as part of the lower class. Over the time of growth in these early civilizations, new opportunities for raised-hierarchy appeared. The “value” and respect of musicians grew. Wind/bone instruments, harps, bongos, and lyres were the instruments Mesopotamians had access to. Mesopotamian music gave off an earthy, natural, and traditional sound to it. Folk songs and tribal songs are a similar type of genre.



The Baroque Period (1600-1750s) and the Classical Period (1750-1830s)

Fast forward about 6,000 years ahead in time: Europe started to experiment with early genres of music and invented ornamental and sophisticated pieces of art such as the music belonging to the Baroque Period. This was during the time of the famous composers and musicians, Bach, Vivaldi, Schutz, Rameau, Monteverdi, Scarlatti (brothers), Handel, etc. Their styles and those of similar composers during this time sounded overly ornamented and exaggerated. This music was also played at balls, dances and weddings. Baroque music was barely played on the streets. Therefore concluding that these sophisticated pieces were only heard and made for the wealthy and classy of this time.

Soon after the Baroque period, the Classical genre became popular among Europe. Classical music took a more calming, lighter, less complex, and elegant approach to early music rather than including the exaggerated Baroque styles. Composers such as Mozart, Wagner, Beethoven, Haydn, Brahms, and others are paragons of the world of classical music. Sonitinas, Symphonies, Piano Concertos, and many more performances were made very popular during this time. Like the Baroque period, Classical pieces and composes performed at parties and balls in front of the most prosperous and formal individuals such as nobles, monarchs, and successful business proprietors.

Ragtime (late 1800s) and Opera (1900-1960s)

Syncopated and ragged rhythms gradually became popular as an alternative to orchestra music and classy pieces from the past. Scott Joplin started this increasingly different movement. A large percent of ragtime performers and artists were African American. Ragtime later became a heavy influence on the Jazz Era of the early to mid-1900s.

Over the next decades, Opera and a variety of classic musicals rose into the spotlight, (literally.) Opera is a genre of musical performance in which is displayed through dramatic and exaggerated scenes and scenarios. Opera songs are usually narrations, descriptions, relationships, and character perspectives. Opera sings are very theatrical in their performances in order to form a story and connect with the audience. Giacomo Puccini was one of the first most successful opera masters of the early 20th century.

New Orleans: Jazz (1920s-1930s) and R&B (1940s-1960s)

The jazz beats of the “Roaring Twenties” gained recognition world-wide. African American artists and musicians rose to fame and fortune. The Great Depression hit the United States like a storm. Jazz music was often played to cope with the stressful times. I mean, who could be down in the dumps while listening to the syncopated rhythms of jazz? Name one person...bet you can't. Flappers in sequin-covered dresses and feather boas would come running down stage, kicking their legs, and thrusting their arms to the beat while musicians play their best tunes on pianos, tubas, trumpets, and basses.



With more African American artists gradually topping the charts, more music related to African American history arose. One of these genres was R&B. r&b stands for rhythm and blues. Artists like Aretha Franklin, Ray Charles, BB King, Little Richard, and other renowned artists specialized in R&B. This is considered a version of soul and funk. This genre later influenced a more common type of music called pop.

Classic Rock (1950s-1980s) and Punk/Alternative Rock (1980s- late 2000s)



The bands Led Zeppelin, AC/DC, Aerosmith, Queen, Pink Floyd, The Who, The Beatles, Deep Purple, Journey, The Eagles, Guns and Roses, and other iconic rock gods changed the music community for years to come. From the most theatrical stage performances, to the epic distorted sweep-picking guitar solos. Rock music includes the most distortion a guitar can get, emphasized drumbeats, unique and powerful vocals, strong bass lines, and the most emotional lyrics to date. The rock movement touched the hearts of many including mine. Personal topics such as love, life, sadness, disaster, depression, mental illness, and own experiences were sang in lines that made even the most impassive person can relate to. This inspired, personally, my favorite genres: Emocore, aka: emo, punk rock, pop punk, metal, hard rock, alternative rock, and indie.

FINALLY! YES! MY MOST FAVORITE PERIOD AND GENRE OF THEM ALL: Punk/Alternative rock and metal. Rock music heavily influenced the creation of many subcultures and lifestyles such as goth, cybergoth, scene, and emo. Usually, I prefer not to label people, but I do consider myself as emo. Emo(core) is a rock music genre characterized by an emphasis on emotional expression, sometimes through confessional lyrics. I love this genre so much. It is very similar to Classic Rock. Punk/Alt Rock captivated mostly teenagers with its angst(y) and emotional lyrics and the powerful and distorted instrumentals. Head banging and moshing are common among this genre. The 2000s was a great time to be alive in my opinion. Bands such as My Chemical Romance, Panic! At the Disco, Fall Out Boy, Black Veil Brides, Blink-182, Green Day, Paramore, The Killers, Muse, Gorillaz, Sum 41, Get Scared, Thirty Seconds to Mars, Simple Plan, Linkin Park, Good Charlotte, and All American Rejects are just a few of the most popular and my most favorite rock bands of the 2000s. Like Classic Rock ballads, the lyrics channel emotions and images that no other genre has. The instrumentals include the most dominant power chords, slides, and "power picking." Aspects of metal and screamo combined with this genre and eventually entered the scene as a separate field. The lyrical perspective of this genre is described as uplifting, emotional, touching, inspirational, sad (or any other feeling), relatable, and a way to escape the stress of reality. Some people find this music scary, bad, offensive, ear piercing, redundant, violent, and aggressive. If only they would listen further into the real meanings that the songs display, for most of these messages are strong and meaningful.



Pop, Electronic, and Rap

(2010s-present)

Our
gener-

ation tends to live in "future." Pop music features evolved from 2000s. Kids, teenagers, and dance along to as Cardi B., Logic, Tay-Sheeran, The Week-Drake, Migos, Pink, Marshmello, and others have pushed the boundaries for the music "new age" of music in the hearts of many these genres of the been very controversial to some. Many bit offensive and nar-acts and explicit con-graceful aspects this new age of music has bestowed upon our generation, many songs and artists have steered away from that scene and found ways to connect with their audience in multiple ways.

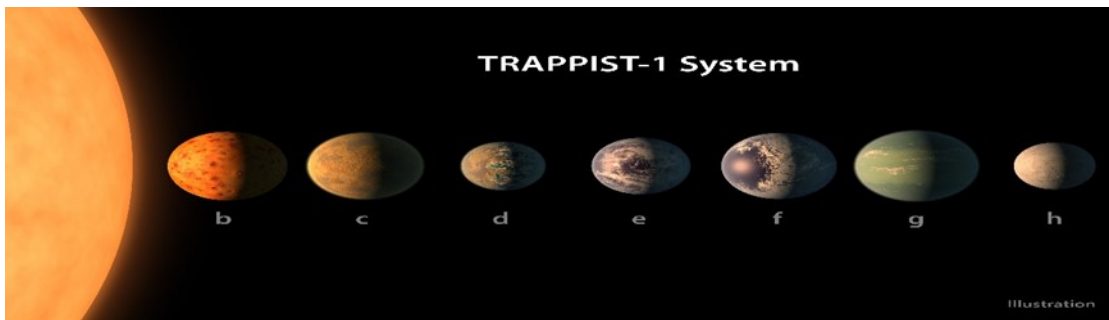


the "present" and and some with electronic the nostalgic hits of the and young adults sing these songs. Artists such as Taylor Swift, Bruno Mars, Ed Sheeran, The Chainsmokers, BTS, Ariana Grande, and others have tested the music community. This has influenced and lived people today. However, the new generation have created a social and scandalous atmosphere and find the new rap scene a bit racist, describing illegal activities. Despite the dis-

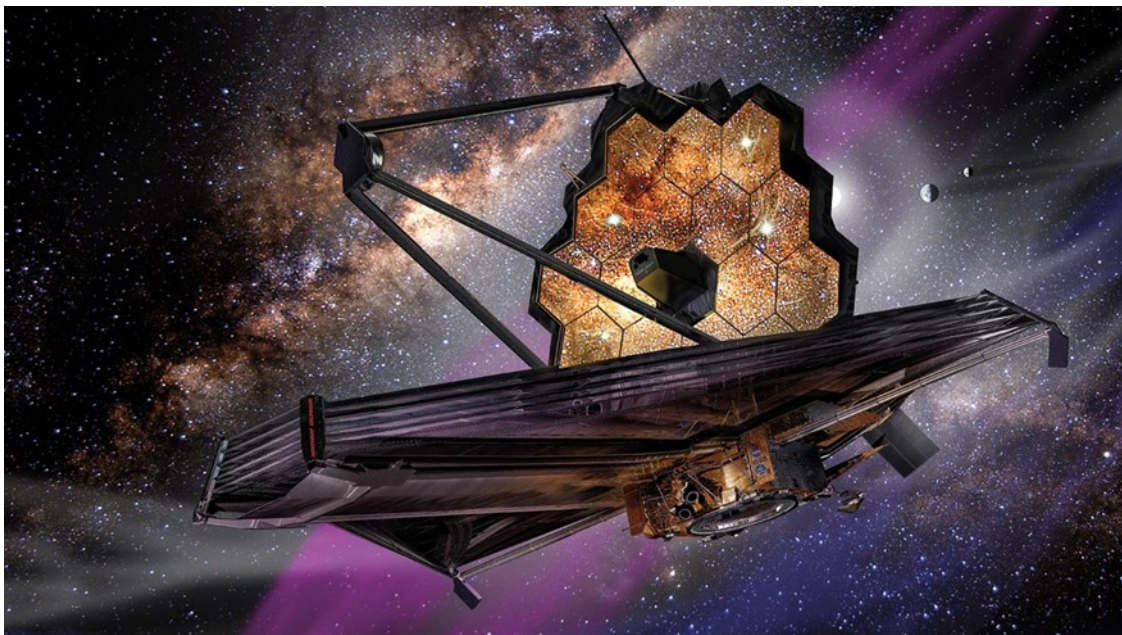
Seven Terrestrial Planets Found!

By Elliott Cabrera

Are you wondering what is meant by the term terrestrial planet? A terrestrial planet, also known as a telluric planet or rocky planet is defined as a planet that is composed primarily silicate rocks or metals. In our solar system, the terrestrial planets are the inner planets. In other words, the ones closest to the Sun. They are planets that could most likely sustain life. Don't be thinking right now: "Oh my gosh, there is proof of aliens!" We don't know that yet. NASA plans to build a satellite that can look and see what is on these planets. We have already taken a surface look at what is on them. One is a water planet. One is a desert.



NASA is planning to launch the James Webb space telescope (see picture below) next year, to look at infrared wavelengths. The new planets found are called "the Trappist-1" planets because they orbit the planet Trappist-1. It is a new solar system.

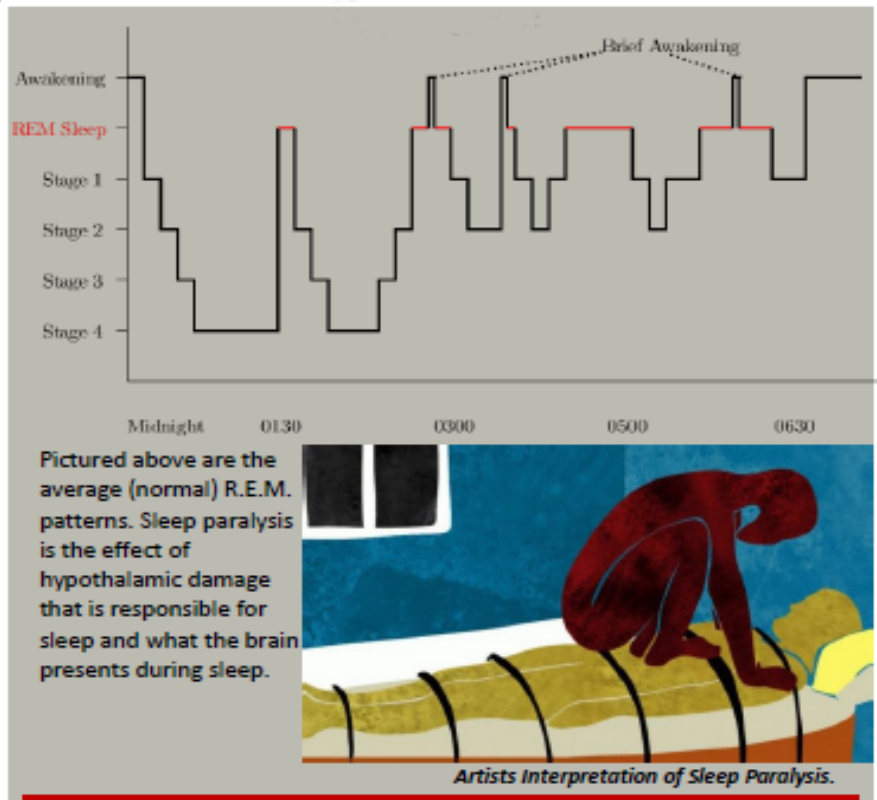


SLEEP PARALYSIS: DREAMS OR REAL-LIFE HORROR MOVIES?

"A GLIMPSE IN THE LIVES OF THE TERRIFIED"

INSIDE THE HALLUCINATIONS

Edgar Allan Poe has experienced vivid and frequent nightmares. These dreams sparked ideas for multiple poems that changed the history of classic literature for years to come. A man named David Booth also received frequent nightmares about a scenario featuring a terrifying crash of an American Airlines flight. Booth's dreams were so intense and realistic, that he decided to take extreme measures. One day, he contacted the Federal Aviation Administration to report on his unusual dreams. Weeks after the disaster, American Airlines Flight 191 took off from Chicago O'Hare International Airport. Within minutes of lift-off, tragedy struck. Are these "dreams" signs from reality-hidden beings or messages from the future? Sleep Paralysis is different. Most people have difficulty fully understanding this complex and frightening topic. Sleep paralysis is, according to psychiatrists, is a form of paralysis that causes the inability to move for a period of time (usually during or right after sleeping) while experiencing horrifying hallucinations such as demons, monsters, dead beings, etc. In some cases, sufferers of sleep paralysis claimed that they felt weightless or as if they were floating out of their bed. This can be the result of many causes such as narcolepsy, medical overdose, overwhelming stress, sleep deficiency, or damage inflicted on the hypothalamus, which produces and regulates R.E.M patterns.



7.6% of the general population, 28.3% of students, and 31.9% of psychiatric patients experienced at least one episode of sleep paralysis. Of the psychiatric patients with panic disorder, 34.6% reported lifetime sleep paralysis. (According to Brian A. Sharpless and Jacques P. Barber of the P.M.C.)



"During sleep paralysis, people—experience a kind of breakdown between states of consciousness which takes place on the fringe of sleep, either when falling asleep or waking. Because the brain turns off the body's ability to move during dreaming, muscles can lose their tone, or tension, causing paralysis." (Roger Highfield, Science Editor)

Global Warming

By: Alec Cabrera

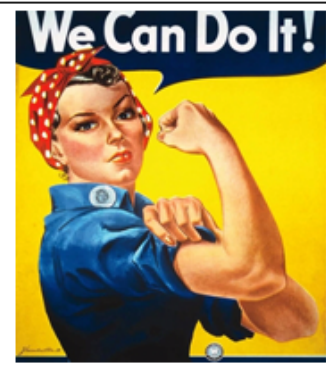
February 2018 was the 6th warmest February since 138 years ago. Why? Global warming. It happens because of many things, such as chopping down trees, burning fossil fuels, and polluting. All of these things are terribly wrong. Chopping down trees puts co2 in the air and lowers our oxygen. Burning fossil fuels puts even more deadly co2 in the air and polluting makes stuff get clogged up. Decomposers have to decompose our junk, but it takes super long. Global warming has had severe changes on our planet. For example, many great forests have been cut down and many important species of animals have become extinct. A more recent change to the planet is the shrinking of the arctic. It once was very large, but now it is getting smaller, and smaller, and smaller. I know, it is very sad and disappointing. Why isn't anything done? Well, some people do not think global warming exists! It is sad, but it is true. Some people just don't realize that it exist. Now, you're probably wondering this: how can you not think it exists? I honestly don't know why they don't believe but I do know one thing: They should look at the facts. Here is another shocking fact: some people just dump junk into the ocean. Well, the ocean is not a landfill, but some people imagine it as one. Below is a picture of one of these trashy places. We should stop all of this clutter and be able to fix our mistake. But, to save the ocean landfills, that would be almost impossible. People should realize that the environment is endangered right now.



The picture above is located in the Caribbean Sea.

Women's Rights

Women's rights is the fight for the idea that women should have equal rights with men. Throughout history, this has taken the form of gaining property rights, the women's suffrage, the right of women to vote, reproductive rights, and the right to work for equal pay. These philosophies were tested and debated on by many during the 1800s and early 1900s. Through the course of history, women have been looked down upon and criticized by the government and society. Men were seen as superior or more significant than a woman. Because of a man's strength and resistance to hard work, many women were left behind at their homes to take care of the household while men would work. Education and occupations were limited to a "woman's sphere" as orator, abolitionist, and suffragist as Lucy Stone would describe it. Lucy Stone was a vocal advocate for women's rights and suffrage. She would participate and organize women's rights conventions where she would speak out about her perceptions of Women's Rights. Lucy Stone wrote the incredibly detailed testimony about the disappointment in women, hence the name of her speech, *Disappointment is in the Lot of Women*. Lucy Stone was the first woman from Massachusetts to graduate with a college degree. Her school choices were narrow as there were close to no schools that would accept female students. Eventually, one opened in the U.S in which Lucy Stone was educated. In her speech, Lucy mentioned multiple examples of how women were treated unjustly such as the wage gap, limited profession options, less education, and the replacement of rights with the courtesy of gentleman. Women's Suffrage was finally fulfilled on June 4, 1919, and ratified on August 18, 1920. The 19th amendment guaranteed all American women the right to vote. As the years passed, women have become more appreciated and respected in most fields. More opportunities are now open to all genders not just women. Although women have more rights compared to before, there are still some controversial aspects of the laws and accessibility to genders that need to be resolved. For all races, all genders including the LGBTQ+, community not just women deserve the full experience of American Freedom.



Written by: MJ Javate

The first woman astronaut



By: Alec Cabrera

Quotes from Valentina

"They forbade me from flying, despite all my protests and arguments. After being once in space, I was keen to go back there. But it didn't happen."

"If women can be railroad workers in Russia, why can't they fly in space?"

"A bird cannot fly with one wing only. Human space flight cannot develop any further without the active participation of women."

Cold war

When someone asks the question "who was the first woman astronaut?" most people would probably say "Sally ride." But, she is not the first woman in space. She is the first woman American astronaut in space. But let's travel all the way back to 1963. Right now America and the USSR are in a period known as the cold war. They are both superpowers- and the only countries able to launch a nuke. Both of them want to become stronger than each other. This tension was called the cold war. There was no battles or fighting, but there was a lot of competition. The two countries even had a race to see who can dig the deepest hole in the ground! But probably the most intense competition was the space race. Both countries wanted to be the first to reach space. They beat us. They sent the first satellite (called Sputnik) to space and cosmonauts. (Astronauts.)

Valentina's beginning

One of the other things they beat us in was the first woman in space. Her name? Valentina Tereshkova. Valentina Tereshkova was born on March 6, 1937. Sadly her father died during a WW2 battle at the Volga River. (The battle of Stalingrad.) Valentina quit school at the age of 16 to work at a textile factory, but still learned from special courses. After she joined the communist factory league, she became interested in parachute jumping and joined the Yaroslavl Air Sports Club. After Yuri Gagarin became the first man in space in 1961, Valentina became inspired. She joined the Soviet space program and even participated a little bit in politics. Now you have a women who went into a space program AND into politics long before America and many other countries did.

First woman in space

Now, after lots of training, she hears about her mission: She and another cosmonaut have to orbit around the earth and communicate with each other. On June 16, 1963 Valentina launches off into space on the space rocket Vostok 6. She orbited the earth 48 times and stayed in space for 70 hours. Yet there was a problem. There was an error in the navigation system and her spacecraft started to move away from Earth. Thankfully, because of her training and experience, she saved herself and the spacecraft. She landed safely after many terrifying minutes. She was in a good condition. (Except for a bruise.) She landed on the border of Mongolia, China, and Kazakhstan. Even though she received a gold medal of honor, she never went into space again. She is still alive today and even carried the Olympic torch to the stadium in 2008.

Read more at: https://www.brainyquote.com/quotes/valentina_tereshkova_734062

How do students balance their time?

I



Irini Mihas

Now, I get that this may be nerdy and dorky, but hear me out. I'm not saying this will be the most interesting article you have ever read, but it's worth a shot.

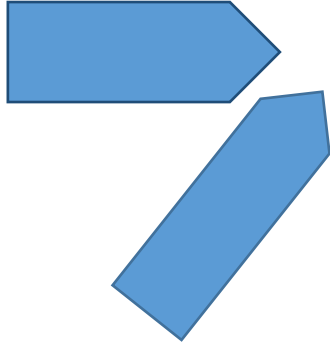
When students get home from school, what do you really think they do? In a perfect world, we would sit down, do our homework and then have tons of extra time because we finished early. Yea, that's not what usually happens. Take it from me, a student who on the verge of their teenage years, homework is the last thing we do. (Unless we don't do it at all, then it's the first thing we do in the morning.) You know I am being honest, even though you may not want to admit it; I'll be the first one to admit that I sure don't do my homework first. It's not like I don't want to do it (it is,) but we usually take a break right when we get home. When our break is over, we force ourselves into our rooms because our parents make us, then do whatever we did on break, but this time our parents don't know. We know we shouldn't but- POOF- the time flies and its already time for dinner. So now we are left with tons of homework, and a full stuffed stomach.

So we finally decide to do our homework, and if we're lucky we may even get a few problems or pages done! Then we check take a break because we deserve it, right? The cycle starts all over again. We constantly lose track of time. So, I have come up with a plan. What if the students simply don't take a break first? OK OK, before you start throwing pebbles and tomatoes at me, just yet again hear me out. If we go home, and dive straight into homework, we would be so consumed with figuring out what the answer to the problem is, that we wouldn't even think out our phones. When were finally done, we realize that we finished and get some happy feeling because we can finally do what we want. Now, if your parents randomly decide to interrogate you, telling you to do something, say you have finished your homework, and you deserve a break.... Ok so me and you both we can't ever negotiate that without parents, so simply do what they ask. They will probably be shocked by how you're doing it without a complaint. They might take advantage of it, so just be careful, but do the work anyways.

There, that was the big plan I created. (Or, merely adapted it and changed it up.) Hope you enjoyed, and took some advice. Bye!

Kendall Coyne Assembly

By Elliott Cabrera



On March 14, 2018, Kendall Coyne visited Palos South for a fantastic assembly! She won GOLD while going against the Canadian hockey team in Pyeongchang. Her career started way before that gold medal though. She started playing hockey when she was three. At that time, I didn't know what to be when I grew up. Then she went to Palos West. She was always thinking about being a hockey player when she grew up. But people didn't think she should. Hockey was not as popular during this time, and not many girls played it. Many said she should do soccer but she said she loved hockey more. She then went to Palos South. I think Palos School District 118 is proud that a gold medal Olympian came from 2 of their schools. Mrs. Buyan says Kendell always wrote about hockey in her journal entries. It must be emotional to come back to a school you used to go to. Kendell Coyne was greeted by tons of Palos students and teachers during the assembly. She is a great role model for District 118 students to look up to.



Things to Start Doing

By: Erin Hayes



Being positive and having a smile on your face can brighten up someone's day. There is always room for positive and really happy people. Choose every day to be positive because it will change your mood and the people around you and their moods. Being negative could make people assume that you are a very negative and evil person. If you surround yourself with positive people, you will become a positive person. Scientific fact: if you are positive and very happy you will have a longer life span. If you have a positive mind and want something good to happen you have a better chance that it will happen if you are positive and if you truly believe. For success, attitude and positivity is as important as ability. Start the day telling yourself that "this is going to be a good day".



Be yourself. You shouldn't change your personality or style for someone else. It is important to be yourself and love yourself. Being yourself could help you learn more about yourself because you learn new things about yourself every day. You should be confident and try not to say negative things about yourself. People need to see the real you. People should love you for you not for who you pretend to be or want to be. So be yourself because it would make yourself feel better and give you a higher self-esteem.

If you love something very much such as a career, or music, or basically anything, then you shouldn't let anyone tell you that you can't do it or accomplish it. Do what you love and not what others love. Go after what you want or want to happen. You should be a leader not a follower. And don't let anyone tell you, you can't do something in life because it will hold you back from doing what you love to do. Work hard for what you want and never give up on it.



Be kind to others. You should always be kind to others and treat them how you would want to be treated because they are human beings just like you. And you are living life just like that person is. Also you have no idea what that person could be going through so be nice to them, because we all go through the bumpy roads of life and the smooth roads. So be kind and respectful to everybody. Even if you don't like them you should still be nice to that person because it shows proper decorum and respect. Even if it is just a friendly hello or a smile. Make it your goal to be kind to everyone you see, and you will be happier in the long run!

My Story of Adoption

By: Erin Hayes

Many of you do not know what adoption is or why it happens. And many of you find it shocking or sometimes sad. Well I am here to tell you about adoption from my words and experience that I have with it. Adoption is the act of legally taking another person's child into your family and raising it as your own. I know from my own experience, I am adopted. From my story I was born at 24 weeks. And I wasn't a pound I was 994 grams. My biological parents took medication, and drank liquor, also smoked so I nearly died. I was born in a house. They then called the police and left me. From birth I wasn't breathing correctly. I was taken to many hospitals all over Illinois. To add to this, the foster families that took



care of me couldn't take care of me anymore. Then I ended up with a good-loving family who takes very good care of me. Sadly, there are worse stories than mine. But we are either brought into foster homes with different people or we are adopted, or put into an orphanage. Since the adoption process takes a long time, children are kept in foster care. I think adoption is beautiful,

but it also is hard to understand why it happened. Usually the biological parents have problems that they deal with. For example, they are poor, they are too young to take care of their kid, mental health issues, they feel that they can't protect their kid, or they just don't want the kid and don't want to take on that responsibility of having a child. Sometimes the people who adopt the children don't tell their kids they are adopted. Sometimes kids grow up, find out the truth, that they are adopted and their feelings are permanently hurt forever. Furthermore, some kids who were adopted start to question where they came from and what their story is which is very hard to understand. Those questions are hard to answer if you don't know who their biological parents are. Many kids want to find out who their biological parents are, especially when they get older. You can find out when you are the age of eighteen. It may drive you crazy if you are adopted to know your biological parents. Also there are some people who know their biological parents from the start. When some people adopt kids, they let them have an open-bonding relationship. Which means they could see their biological parents sometimes and they know who they are. Most people adopt kids because they either want kids or they want to save kids. So adopting kids could save someone's life. And that is my personal background knowledge of Adoption.



What I am made of poem

Of decisions and choices
Of thunderstorms and summer breezes
Of pointe shoes and bedroom doors
Of cookies and ramen noodles
And inside the world of books
By the park and in the library,
And the paved roads that lead me there
I am made of happy and sad,
And quick witted comments
Of reading and watching and running and dancing
And sleeping and playing and hugging
I am made of music and the birds loudly chirping
I am made of dreams and goals
Of struggles with emotion and jealousy
And a genius with caring and thinking
I am made of gold and knowledge and determination.

-Anonymous

What I'm Made of Poem

By Amber Hooker

Of wide open stages to closing curtains.

Of sun showers and leaning towers to white chocolate donuts.

Of finished era's and drive in theater's.

Of city lights and flowing oceans to crammed zoo's.

Of rainy days to misty spring air.

Of peoples laughs and a variety of different music.

Of drama practice to painting sunsets and hopes of making it big.

Of flashing the photography camera to being right in front of it.

To singing songs by the campfire to trying on stupid clothes and making detailed dis tracks.

I'm made up of constant traveling and thunder storms.

Of struggles with math and genius with English.

I'm made of wide open stages and closing curtains.

Chess, more than a game!

By Elliott Cabrera

My chess story is a short one. One day in 4th grade, it was board game day. These students brought in chess. I watched them play and thought this: This is my game. So I went to chess Scholars and soon, I knew how to play. I kept going back to challenge the others. I got two first place trophies. (I only



went twice, but might go again!) Chess is not just fun, but actually can help you be smarter. It can even prevent Alzheimer's. It increases your creativity and memory. It exercises both sides of the brain. It increases your problem solving skills too. To learn more about the benefits of playing chess [click here](#).



Should we have a chess club?

By Elliott Cabrera

At Palos South, we offer many clubs. Art club, book club, percussion ensemble, and environmental club. I am a chess player, and I am friends with chess players. They agree that we should have a chess club where people go against each other or have a chess team. For the kids going to



Stagg high school, I read an article in the newspaper about Sandburg's chess team. They are on fire, why? Because high schools that have chess teams have feeder schools, Schools that are elementary and middle. They have chess, so when kids get to high school, they are good. But since Stagg doesn't have one, they have a bunch of newbies on their team with a bit of good players. Even some kids that aren't going too Stagg and play chess, chess club can be a good challenge. The problem is, we need a chess coach, teacher, whatever. Without a coach you can't have a team. And what day they go on. I have a busy schedule. Friday's would be a good day for chess club. Another problem is kids. How much will go? Will kids like it? I know I will like it for sure. The final problem is this: do we have too much clubs? I don't think this will be a prob. Stagg has truckloads of after school activities. They have hundreds. And you can make one. So I don't think it will be a problem. And Palos South is kind of like Stagg, so we can make a new club!

Inspirational quotes

By: Alec Cabrera

"Every great dream begins with a dreamer. Always remember, you have within you the strength, the patience, and the passion to reach for the stars to change the world."

Harriet Tubman

"Our truest life is when we are in dreams awake."

Henry David Thoreau

"No one has ever achieved anything from the smallest to the greatest unless the dream was dreamed first."

Laura Ingalls Wilder

"Hold fast to dreams, for if dreams die, life is a broken winged bird that cannot fly."

Lanston Hughes

"The future belongs to those who believe in the beauty of their dreams."

Eleanor Roosevelt

"Commitment leads to action. Action brings your dream closer."

Marcia Wiederelt

BORED ?: Here's are a few quick games you can play

By Elliott Cabrera

Intro: To play these games all you need is to think.

Just answer the question or questions) in your head.

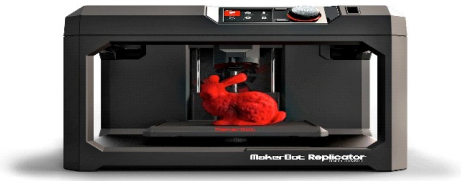


1: Think of a fruit. Name types of fruit in your head that begin with a, b, c, and so on.

2: You and a friend have to actually talk for this one. So one person names anything, a fruit, a company name, anything. And the other person has to say something related to that. Here is an example: I say apple, you say red. You say that because red is related to an apple. Some apples are red. Then I say fire, you say firefighter because firefighters are related to fire.. It keeps going on and on.

3: You will need a post-it note for this. Fold it. Fold it again, keep folding till you can't. Unfold. Do it again. It will keep you busy, promise!





What is a 3-D Printer?

By Nicholas Skweres

A 3D printer is a device that hooks up to your computer and “prints” an object from a file on your computer. This digital file will be created using a computer program. Some popular computer programs are TinkerCAD, 3D Slash, SketchUp, MakePrintable, and OctoPrint. The 3D printer will create an object out of plastic for you to enjoy!

How Can I 3D Print?

First, you need a computer, a 3D printer (most beginner models are around \$300 - \$500), plastic filament, and some type of computer programs like the ones I mentioned above. To begin you need to hook up the 3D printer to your computer and download the software for the computer program. Then you can get to work! You will have to create a model of the object you want to 3D print. When you are done designing the object you will have to put some plastic filament into your printer. This is what your object will be made of. The printer will have to heat up and then print the object. This will take a long time. 3D objects are printed when the machine melts some plastic filament. This filament then is released through a nozzle. The nozzle moves around the object it is creating, laying down plastic. Because of the way the printer lays down the filament, most 3D printed objects are hollow!

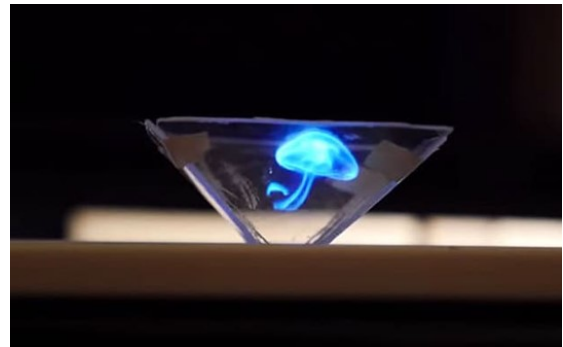
How to Make Your Smartphone Into a 3d Hologram Projector

By Hamza Albanna

This is an easy but cool thing to do with your phone. Also it doesn't require much material.

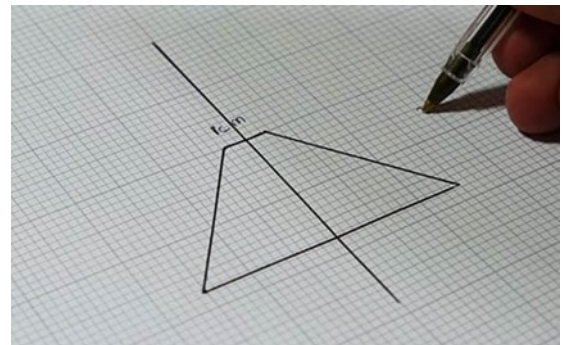
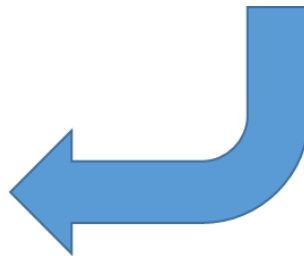
Materials:

Graph paper
A CD case
A pen
A pair of scissors
Sellotape or superglue
A craft knife or glass cutter
Your smartphone



Steps:

1. Sketch out a basic trapezoid shape on the graph paper using the dimensions 1xm x 3.5cm x 6cm.
2. Snap off the shallow sides of the CD case and carefully trace around the paper template to cut the shape into the transparent plastic. Repeat four times.
3. Tape the four shapes together, with the longest sides facing the top of the structure.
4. Select the holograph-specific video you'd like to project - [this](#) is a good example.



5. Place the shape over a video playing on your smartphone to create a mirrored, 3D hologram.



Spring puzzles! By: Alec Cabrera

Unscramble the words!



Rpsig
Sretae
Geg
Snu
Prail
Yma
Rcham
Ybnun
Wfoelr



Decode the message!

1{,!%

%@{{# 7@1+7,

^@#

@{,!\$ 1%0?7,1 8,!/& ^7



Key:

1=s @=a 7= e += t ,=r %= H {= p #= y !=i 8= l &= G \= N \$= L *= s 0=o ?=W 8=b ^= M

Spring word search!

BY Elliott Cabrera

N M E T O Q W J R F Y B L C E Y B
S E N U S P R I N G W A M F O F A
U E Q U S N P O L U J V F G U U G
N R F W A R M I H Y U N G H N T
F L O W E R S Y U B H G G R A S S



Up and down, Not across

A blue double-headed vertical arrow is positioned to the left of the text "Up and down,". To the right of the text "Not across" are two orange arrows: one pointing diagonally down-left and another pointing diagonally down-right.

Spring- Sun- Flowers- Fun- Grass- Warm

New movies coming out in 2018!!

By: Alec Cabrera

Lots of movies are coming out in the year 2018! Such as toy story 4, which will be released on June 15 2018.



The Grinch,
which will be

released on November 9 2018,

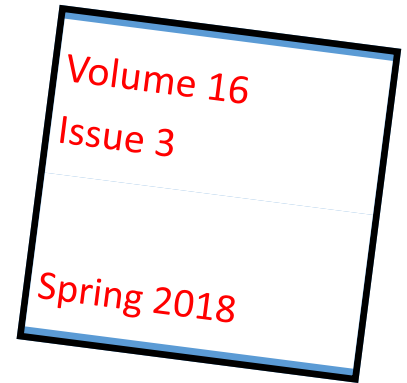
and Dumbo, which will come out in March 2019!!!! And that is not all! Sgt. Stubby an American hero that came out to theaters in April !



PALOS SOUTH RED AND WHITE REPORT ROSTER



Hamza AlBanna
Alec Cabera
Elliot Cabera
Erin Hayes
Marie Joslyn 'MJ' Javate
Iriní Mihás
Sajal Shukla
Nicholas Skweres
Joseph Swais



Teacher Advisors:
Mrs. Lindeman
Mrs. Schramm