

BARRE TOWN MIDDLE AND ELEMENTARY SCHOOL

70 Websterville Road
Barre, VT 05641
(802)476-6617
FAX: (802)479-5723
btmes.org

May 2019



Erica Pearson: New Middle School Principal



Erica Pearson will assume the duties of Principal for grades five through eight at Barre Town Middle and Elementary School this July. No stranger to the school or its population of nearly 900 children, she's spent the past five years serving as Assistant Principal under Jennifer Nye, who will remain as Principal of Barre Town's Pre-K through fourth grade classes, and Scott Griggs, who is leaving to become the Assistant Director at the Central Vermont Career Center.

"I'm so excited to continue being part of a strong and collaborative leadership team," Pearson said this week, "and I'm especially excited given where education is headed these days, not just in Vermont, but right here in Barre. We'll be operating as a brand new district beginning July 1, and that could bring with it new opportunities to look at how we deliver education to our students."

With a background in both psychology and school counseling – as well as five years working with the Barre Town school community – Pearson has a number of thoughts on how students learn and what they do with that learning.

"I'm a big believer in meeting kids where they are," she said. "Learning takes place on so many different levels and in so many different ways. If we can connect that learning to helping students discover and develop their strengths and interests, we can get them thinking early about where their education could take them. Being able to answer the question 'Why am I learning this?' can be a great motivator for even very young students."

Prior to joining the staff at Barre Town, Pearson co-taught an alternative classroom at Union Elementary School in Montpelier. She also served as a counselor in the Chelsea and Randolph, VT schools, as well as the Clara Martin Center. She earned her Bachelor's degree in Psychology and her Masters in Clinical and School Counseling at Johnson State College.

"I'm so pleased Erica will be staying on here at Barre Town," said Principal Jennifer Nye. "Her experience, expertise, and access to outside resources will not only be a great asset, but they'll also help her look at things through a fresh new lens. We're both looking forward to a great partnership, and to making the school everything it can be."

Last Day of School for Students

Last Day for Preschool:

Wednesday, June 19

Last Day for 8th Grade:

Thursday, June 20

Friday, June 21 (Half Day)

Dismissal Times:

Grades 5-7: 11:30 a.m.

Grades K-4: 12:30 p.m.

Walk to School	2
News from the	3, 4
Crops by Kids/	5
SHS Open House	6
Spring Run	7
Measles Update	8
PTO Flyer	9
Summer Garden	10
Music and Art	11
Calendar	12



May 8, 2019

**Barre Town Middle and Elementary School
is participating in Walk to School Day on
Wednesday, May 8, 2019**

Join children and adults around the world to celebrate
the benefits of walking and bicycling.

About our event:

Where: Meet at the Rock of Ages Visitor Center

Time: Middle School Students at 7:30 a.m.
Elementary Students at 8:30 a.m.

Distance: One full mile

Any Questions? Please contact: Dianna Fecher @ 476-6617 x 6188

Learn more at

walkbiketoschool.org

Walk to School Day is coordinated in the U.S.A. by
the National Center for Safe Routes to School.



News from the Nurses

Dear Families,

The warm weather has arrived and with it many more opportunities for our students to be outside exploring the wonderful natural surroundings of our school community. Living among the natural beauty are ticks. Although ticks may be small, they do have the ability to transmit diseases to both humans and animals. While it is important to be cautious all year round, ticks are most active April-September.

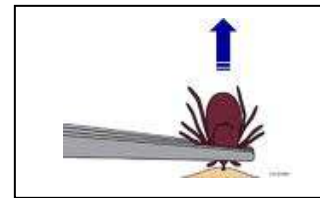
Think Prevention:

- **Wear appropriate clothing:** Please see attached page for more information.
- **Conduct a full-body tick check** Parents should check their children for ticks under the arms, in and around the ears, inside the belly button, behind the knees, between the legs, around the waist, and especially in their hair.
- **Examine clothes and gear.** Ticks can ride into the home on clothing, then attach to a person later, so carefully examine coats, and day packs. Tumbling clothes in a dryer on the highest heat for at least one hour may help kill remaining ticks.
- **Shower soon after being outdoors.** Showering within two hours of coming indoors has been shown to reduce your risk of being bitten by a tick.
- **Repellents** containing 20% or more DEET (N, N-diethyl-m-toluamide) can be applied to the skin, and they can protect up to several hours. **Always follow product instructions!** Parents should apply this product to their child before school, avoiding hands, eyes, and mouth.

What to do if you find a tick attached:

If the tick is still attached to the skin, remove it:

- Using fine-tipped tweezers, grasp the head of the tick close to the skin.
- Firmly and steadily pull the tick straight out of the skin.
- Do not twist the tick or rock it from side to side while removing it.
- Put tick in a sealed container or zip-locked bag and save it to show the doctor if your child becomes ill.
- Do not use petroleum jelly or a hot match to kill and remove the tick.
- Wash area with soap and water or swab the area with rubbing alcohol.



Signs & Symptoms of Tick-Related Diseases:

- **Fever/chills:** With all tickborne diseases, patients can experience fever at varying degrees and time of onset.
- **Aches and pains:** Tickborne disease symptoms include headache, fatigue, and muscle aches. With Lyme disease you may also experience joint pain. The severity and time of onset of these symptoms can depend on the disease and the patient's personal tolerance level.
- **Rash:** Tickborne diseases can result in mild symptoms treatable at home to severe infections requiring hospitalization. Although easily treated with antibiotics, these diseases can be difficult for physicians to diagnose. However, early recognition and treatment of the infection decreases the risk of serious complications. See your doctor immediately if your child may have been bitten by a tick and experiences any of the symptoms described above.

News from the Nurses (con't)

Seek Medical Care if:

- The tick might have been on the skin for more than 6-8 hours.
- Part of the tick remains in the skin after attempted removal.
- A rash of any kind develops (especially the red-ringed bull's eye rash or red dots on wrists and ankles).
- The bite area looks infected (increasing redness, warmth, swelling, pain or oozing pus).
- Symptoms like fever, headache, fatigue, chills, stiff neck or back or muscle or joint aches develop.

For more informatin about ticks, visit the Center for Disease Control Site <http://www.cdc.gov/ticks/index.html>



Crops by Kids



Beginning on April 24 and continuing into May, a group of second graders will be participating in the spring Garden Club. This year we will focus on planting seedlings, preparing the beds, pulling weeds and planting early crops.

Deb will be assisting the teachers and students with planting seeds indoors and seedlings into the garden.

Once again, students in Mrs. Thygesen's PE classes will help spread the mulch around the garden. Our thanks to Shara Vitagliano and her business, TLC Gardening, for the mulch.

Want to harvest some fresh vegetables this summer but don't have a garden of your own? The CBK garden can fulfill that desire. Several of the spring school plantings will be ready for harvest during the summer months: lettuce, spinach, beans, and radishes, tomatoes, peppers, etc, just to name a few. Be thinking about your summer. **Might you and your family be available to help water and weed during a particular week?** A note will be sent home in early June asking when you might be available over the summer. This effort has been really successful and we appreciate your help. Your kids will love it and they might even eat something new that you never expected! How awesome would that be?!? Please contact me with questions at dcurtbte@u61.net.

While we are thinking of summer, the summer garden - library series will begin June 26 and run for 6 Wednesdays from 10AM - 12PM. (No series on July 3). The flier is included in this newsletter detailing the planned activities. We would love to see you there! You and your child(ren) can come to just one or all six.

Happy Gardening.....

Deb Curtis, Garden Coordinator, dcurtbte@u61.net

PTO News

Be on the lookout for information coming home on purchasing tickets to go see the Lake Monsters! The Barre Town School Night will be on June 30th - game time at 6pm. Tickets are on sale for \$7 per ticket. If you cannot make the game on June 30th, but would still like tickets to the Lake Monsters, they are very willing to switch your tickets for a different night. Just call or email the Lake Monsters and they will switch the game night for you!

The PTO Bookstore's LAST day for this school year is Tuesday May 7th from 8am-noon. Come check us out and get your books for summer reading!!

The LAST PTO Meeting for the school year will be on May 21st at 6:30pm in the BTMES Library. Everyone is welcome!!

Meghan Spaulding, PTO

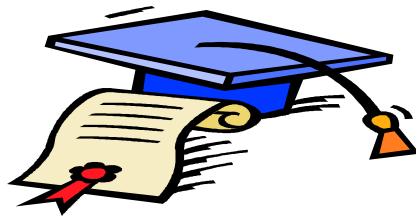


A Note from the Middle School Guidance Counselor

Open House for New Students at Spaulding High School

When: Thursday, May 23rd
Time: 5:30-7:00pm,
Where: Spaulding High School Auditorium

This night is for all incoming freshman and their parents to learn more about Spaulding. Students will be able to meet Spaulding staff, get a tour of the building, get their summer reading assignment, and sign up for clubs/activities.



Graduation Date: Thursday, June 20th 6:00pm

Barre Town Spring Run

Come support your community The third and fourth grade Barre Town Running Club for Boys and Girls will participating in their culminating event on May 18th. The Barre Town Spring Run, sponsored by Central Vermont Runners, is open to the public and supports the Boy and Girls Running Club with free entries. All proceeds go to the Barre Town Recreational Department.

Barre Town Spring Run (5k)

Date: May 18, 2019

Pre-Registration: <https://cvrunners.org>

Race Day Registration 7:45 - 8:45

Race Time: 9:00

Cost: \$5.00

Location: Barre Town Recreation field track



Thank you to the Abbey Group

A big thank you to The Abbey Group for the 20 plus years at Barre Town Middle and Elementary School. Effective July 1, 2019, Aladdin will be the contracted food service provider across our District. We look forward to welcoming them to Barre Town.



GUITAR LESSONS

Mrs. Mehuron will be offering private beginner guitar and ukulele lessons this summer in Barre.

If interested please call her at (802) 793-3261 or email at bphuron@gmavt.net for more information.



Top 4 Things Parents Need to Know about Measles

You may be hearing a lot about measles lately, and all of this news on TV, social media, Internet, newspapers and magazines may leave you wondering what you as a parent really need to know about this disease. CDC has put together a list of the most important facts about measles for parents like you.

1 Measles can be serious.

Some people think of measles as just a little rash and fever that clears up in a few days, but measles can cause serious health complications, especially in children younger than 5 years of age. There is no way to tell in advance the severity of the symptoms your child will experience.

- About 1 in 4 people in the U.S. who get measles will be hospitalized.
- 1 out of every 1,000 people with measles will develop brain swelling, which could lead to brain damage.
- 1 or 2 out of 1,000 people with measles will die, even with the best care.

Some of the more common measles symptoms include:

- Fever
- Rash
- Runny nose
- Red eyes

2 Measles is very contagious.

Measles spreads through the air when an infected person coughs or sneezes. It is so contagious that if one person has it, 9 out of 10 people around him or her will also become infected if they are not protected. Your child can get measles just by being in a room where a person with measles has been, even up to two hours after that person has left. An infected person can spread measles to others even before knowing he/she has the disease—from four days before developing the measles rash through four days afterward.

3 Your child can still get measles in United States.

Measles was declared eliminated from the U.S. in 2000 thanks to a highly effective vaccination program. Eliminated means that the disease is no longer constantly present in this country. However, measles is still common in many parts of the world, including some countries in Europe, Asia, the Pacific, and Africa. Worldwide, an estimated 20 million people get measles and 146,000 people, mostly children, die from the disease each year.

Even if your family does not travel internationally, you could come into contact with measles anywhere in your community. Every year, measles is brought into the United States by unvaccinated travelers (Americans or foreign visitors) who get measles while they are in other countries. Anyone who is not protected against measles is at risk.

4 You have the power to protect your child against measles with a safe and effective vaccine.

The best protection against measles is measles-mumps-rubella (MMR) vaccine. MMR vaccine provides long-lasting protection against all strains of measles. Your child needs two doses of MMR vaccine for best protection:

- The first dose at 12 through 15 months of age
- The second dose 4 through 6 years of age

If your family is traveling overseas, the vaccine recommendations are a little different:

- If your baby is 6 through 11 months old, he or she should receive 1 dose of MMR vaccine before leaving.
- If your child is 12 months of age or older, he or she will need 2 doses of MMR vaccine (separated by at least 28 days) before departure.



FEB 2015

National Center for Immunization and Respiratory Diseases

Division of Viral Diseases





It's Your Turn to Come Have Fun!

**BARRE TOWN MIDDLE/ELEMENTARY SCHOOL
NIGHT OUT AT THE BALLPARK**

*Saturday, June 30th
Game Time 6:05 Gates Open at 5:00*



VERMONT LAKE MONSTERS
(OAKLAND A'S AFFILIATE)



BROOKLYN CYCLONES
(NEW YORK METS AFFILIATE)

PROMOTIONS:

VT EXPOS JERSEY GIVEAWAY

Athletes, be sure to join the team on the field for the national anthem!



**Summer
Library Hours:**
Monday &
Wednesday's
9:00a.m. - 1:00p.m.

*Garden story
time Wednesday's
at 10:00a.m.



June 26 - Little

We will read the book, *Three Feet Small* in the Library.
Outside we will plant little seeds and look at the size of honey bees and their homes.
The snack will be little honey animal crackers.

July 3 - No Series



July 10 - Long

We will read a book in the library and continue outside. We will plant carrots, do an activity involving long "worms" and dig up long garlic scapes, if they are ready.
The snack will be fruit on a long skewer.

July 17 - Round

As always, we will begin in the library with a book. If the blueberries are ready we will pick and eat them. The art activity will include a collage with round objects.
We will plant seeds in the garden.

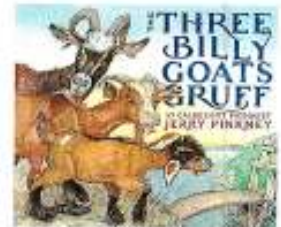


July 24 - Fat and short

We will read a book then make bird feeders out of pinecones. What vegetables could we find that are fat and short? Let's find out.

July 31 - Big

We will read *Three Billy Goats Gruff*.
In the garden we will find big vegetables and eat cabbage salad.



August 7 - All shapes and sizes

We will read a book about shapes and sizes. Outside we will plant late crops and have a scavenger hunt for different shapes and sizes.
Snack will include many items of various shapes.





Music, Art, Theater, Singing, Dance, Hiking



Music, Art, Theater, Singing, Dance, Hiking



Music, Art, Theater, Singing, Dance, Hiking



Music, Art, Theater, Singing, Dance, Hiking



Music, Art, Theater, Singing, Dance, Hiking

For students entering Grades Three through Eight

Date: July 15—19, 2019

Time: 9 a.m.—2 p.m.

Location: Barre Town Music Room and the Barre Town Campus

Cost: \$185 per week, art materials included

Please plan to bring snack, lunch, sunscreen, walking shoes, and a water bottle

Enrollment deadline: May 31, 2019

For an application contact:

Tamara Cooley at tcoolbte@u61.net 476-6617 ext. 5162 or

Peg Mehuron at mmehubte@u61.net or 476-6617, ext. 5287

Scholarships available—Please contact Diana Fecher at 476-6617, ext. 6188



Music, Art, Theater, Singing, Dance, Hiking



Music, Art, Theater, Singing, Dance, Hiking



Music, Art, Theater, Singing, Dance, Hiking



May

Monday	Tuesday	Wednesday	Thursday	Friday
		1 School Board Meeting—6 p.m. Library 5th/6th grade Spring Concert—6:30pm	2 7th/8th grade Spring Concert—6:30pm	3 Student Council Dance—Gr. 6/7/8
6 PreK Conferences	7 PreK Conferences PTO Bookstore—Lobby 8am-12pm	8 Walk to School Day VT All-State Parade	9	10
13	14 PTO Mtg. 6:30pm in Library	15	16	17
20	21	22	23 SHS Open House for 8th grade students 5:30-7:00pm SHS Aud.	24 Memorial Day Observance Program 10:00am
27 No School—Memorial Day	28	29	30	31



June



Monday	Tuesday	Wednesday	Thursday	Friday
3	4 Spring Carnival Grades PK-8	5 School Board Meeting—6 p.m. Library	6 Music Program Gr. 3 and 4, Gym 10:30am	7 High Note Festival Senior Band/Chorus
10	11	12	13	14
17 Principal's Breakfast 7:30am 7th Grade	18 Principal's Breakfast 7:30am 8th Grade	19	20 Last day of school for PK students Last day of school for 8th grade students 8th Grade Graduation 6:00pm	21 Last day of school for Grade K-7 students (1/2 day) 11:30—5th-7th 12:30—K-4th