

Students

Second Recess for Elementary School Students: Grades 1 Through 4

Teachers in grades 1 through 4 may, at their discretion, take their classes out for a second recess break up to 15 minutes up to three times per week in order to help improve their learning, social development, and health. The recess period shall be outside, except in the case of extreme weather conditions, in a safe outdoor area with play equipment designated for that purpose. Recess shall be in addition to, and not a substitute for, physical education class. Recess shall be supervised but shall largely consist of unstructured play time. Scheduling shall be conducted at the school and classroom level.

The Superintendent shall establish procedures to implement this policy.

CROSS REF.: 6:50 (School Wellness)

ADOPTED: April 29, 2015