

**November 2018 Community Engagement Survey: Impacts of School Start Time Changes  
Themes Based on Parent Verbatim Comments**

Impact on Work Schedule

- Negative impact on parents' morning work schedules
- Creates challenges for getting to work on time and/or work a morning work shift

Impact on Student Health and Well-Being

- Student fatigue because of the later elementary dismissal time
- Impact of fatigue on completing homework
- Long day for students participating in before and after school opportunities
- Impact of the 7-period schedule - added stress and work load
- Want a later high school start time – current start times are too early for high school students
- Concern with elementary students in the dark at the end of the day

Impact on Child Care

- Financial impact on families to provide for child care in the morning
- Lack of available openings with existing child care providers

Impact on Family and Socialization

- Less time for elementary students to participate in family activities due to later dismissal time
- Impact on elementary students' ability to socialize with their friends after school

Impact on Extracurricular Activities

- Opportunities are available, but school dismissal times hinder ability to participate

Impact on Transportation

- Traffic congestion for parents driving students to school
- Gap in start times between elementary and middle schools creates challenge for parents who have students at both levels

**Themes Based on Staff Verbatim Comments**

Impact on Work Schedule

- Some elementary staff report liking the longer block of planning time before students arrive
- Some middle school staff report liking the amount of planning time before students arrive, with sufficient time at the end of the day
- Elementary staff report having to work beyond the contract day - providing student supervision, waiting for congested parking lots to clear, meeting with colleagues and/or parents
- Impact on ability for staff to schedule after school personal appointments

Impact on Instruction and Learning

- Student focus and engagement is less by the end of the student day
- Instruction is more challenging due to student fatigue
- Elementary reports longer blocks of instruction in the afternoon are challenging
- Increase in student workload with 7 classes
- Staff report more fatigue themselves as well

Impact on Child Care

- Some staff report increased costs to provide for morning child care because their own elementary student have a later school start time