

## Executive Function Skills: Resources

**Understood:** <https://www.understood.org/en>

For specific information on Executive Function Skills: <https://www.understood.org/en/about/search-results?q=executive%20function>

This organization is the combined effort of 15 nonprofit organizations that have joined forces to support parents of the one in five children with learning and attention issues throughout their journey. Their goal is to provide the right support, so parents can help children unlock their strengths and reach their full potential. Their mission includes: 1) provide well-researched, practical information that's easy to apply to everyday life, 2) provide daily access to expert advice that's free of charge, 3) help parents recognize and develop their children's strengths—and to address their challenge, and 4) resources and tips to help parents work constructively with schools, professionals and others in their community.

**The Center of the Developing Child at Harvard University**

<https://developingchild.harvard.edu/about/>

For specific information on Executive Function skills: <https://developingchild.harvard.edu/guide/a-guide-to-executive-function/>

The Center on the Developing Child at Harvard University was established in 2006 by director Jack P. Shonkoff, M.D. Their founding mission was to generate, translate, and apply scientific knowledge that would close the gap between what we know and what we do to improve the lives of children facing adversity. They are a multidisciplinary team committed to driving science-based innovation in policy and practice. Their shared goal is to produce substantially larger impacts on the learning capacity, health, and economic and social mobility of young children.

**The Child Mind Institute** <https://childmind.org>

For specific information on Executive Function skills: <https://childmind.org/topics/concerns/executive-function/>

The Child Mind Institute is an independent, national nonprofit dedicated to transforming the lives of children and families struggling with mental health and learning disorders. Their teams work every day to deliver the highest standards of care, advance the science of the developing brain and empower parents, professionals and policymakers to support children when and where they need it most.