












# Beaverton Community Resources

Categories	Places that Help	Phone Number	Comments
<b>Multi-Service Centers</b>      	Dept. of Human Services Self-Sufficiency Offices <b>Beaverton</b> (15625 SW Greystone) <b>Hillsboro</b> (5300 NE Elam Young) <b>Tigard</b> (10777 SW Cascade)	(503) 646-9952 (503) 693-4555 (503) 670-9711	Food stamps, Cash Aid, Temporary Cash Assistance (TANF), Oregon Health Plan.  <i>Estampillas de Comida</i>
	Washington County <b>Community Action</b>	(503) 648-6646	Information, energy asst., emergency rent asst, food
	Neighborhood House (SW Pdx)	(503) 246-1663	Parenting classes, homelessness.
	Family Resource Centers <b>Tigard</b> (9000 SW Durham Rd Portable 716 M-Th 9-12; 1-3)	(503) 603-1585	Referrals, information, food, housing, parenting classes, clothing, diapers, energy assistance.
<b>General Information Lines</b>	<b>211; <a href="http://www.211info.org">www.211info.org</a></b> TEXT your zip code to 898211	<b>Dial 211</b> Or (866) 698-6155	Info & referrals for health care services, emergency social needs, mental & dental help, WIC, housing. <i>Se Habla Español</i>
<b>Women, Infants, and Children</b>  	WIC Washington County Women, Infants and Children	(503) 846-3555	Food vouchers, breastfeeding classes, breast pumps, parenting classes. <i>Se Habla Español</i>
<b>Housing</b>  	Dept. of Housing Services Washington County	(503) 846-4794	Information on housing options.
	Community Action	(503) 640-326 (503) 615-0770	Housing assistance, case mgnt, shelter information/waitlist. Emergency rent assistance.
<b>Utilities</b>  	Care to Share	(503) 726-0407	Utility assistance.
	Community Action	(503) 615-0771	Energy assistance.
	Salvation Army	(503) 640-4311	Energy and water assistance.
<b>Transportation</b>  	Ride to Care (Healthshare) Tri-County MedLink (Open card, Cawem plus) Ride Connection (Nonmedical appts)	(855) 321-4899  (866) 336-2906 (503) 226-0700	Free transportation to and from your medical appointments.  <a href="http://www.ridetocare.com">www.ridetocare.com</a>
<b>Legal Assistance</b>	Legal Aid	(503) 640-4115	Free legal assistance.
	Tenant Advice Hotline (M,W 9-12)	(503) 648-7723	<i>Se Habla Español</i>
	Child Support Hotline (M 1-4)	(800) 383-1222	<i>Se Habla Español</i>
	Renters Rights Hotline	(503) 288-0130	M, W, F, Sat 1-5pm, Tues 6-8pm
	St. Andrew Legal Clinic	(503) 648-1600	Low cost legal consultation.
Immigration Counseling Services	(503) 221-1689	Low cost assistance for immigration issues.	
<b>Medical Insurance</b>	1. Oregon Health Plan 2. HealthShare of Oregon (Providence, CareOregon, Kaiser, Tuality) <a href="https://one.oregon.gov">https://one.oregon.gov</a> Opening Doors	1. (800) 699-9075 2. (503) 416-8090  (503) 517- 3198	State medical insurance applications and eligibility information. Request an Application, Client Services, Birth Reporting Line, Customer Service line. Help with applying for OHP for expectant mothers.

<b>Counseling Services</b>  <b>Counseling Services</b>	Morrison Child & Family Services (SW Farmington)	(503) 258-4381	Counseling and support services. OHP accepted.
	Sequoia Mental Health Services (SW)	(503) 591-9280	Counseling and support services. OHP accepted.
	Lifeworks NW Intake	(503) 645-9010	Multiple locations. <i>Se Habla Español</i>
	Lewis and Clark Community Counseling	(503) 768-6320	4445 SW Barbur Blvd Pdx \$15 flat rate, limited availability. <i>Español</i>
	Hawthorn Walk-In Center (NE Hillsboro) 24-hour Washington County	(503) 846-4555 (503) 291-9111	Appointment or walk-in. Urgent care services for mental health and addiction concerns. Crisis line.
	Wolf Pack Consulting (SW Beaverton)	(503) 828-3402	Therapeutic Services. Accepts private insurance.
	Pacific University Psychology Comprehensive	(503) 352-7333	Hillsboro; \$50 intake and \$10-\$50 sessions.
<b>Domestic Violence</b> 	Domestic Violence Crisis Line	(503) 469-8620	24 hour DV crisis lines; can call collect. 24 hour crisis line; supports callers of all genders; <a href="https://calltosafety.org/">https://calltosafety.org/</a>
	Call to Safety	(503) 235-5333	
	Domestic Violence Resource Center & Counseling	(503) 640-5352	Support, resources, and counseling services for DV.
	Family Justice Center WaCo	(503) 430-8300	DV support.
<b>Health Clinics</b> 	School-Based Health Center Beaverton High School 13000 SW 2nd Street Beaverton, OR 97005	(503) 356-3895 After hours tel. number (800) 867-6577	Health services for Beaverton School District students.
	Merlo Station High School 1841 SW Merlo Drive Beaverton, OR 97003	(503) 941-3210	
	Neighborhood Health-Beaverton 17175 SW TV Hwy, Suites A & B Beaverton, OR 97006	(503) 848-5861	<a href="http://www.nhcoregon.org/">http://www.nhcoregon.org/</a>
	Neighborhood Health-Hillsboro 266 W Main Street Hillsboro, OR 97213	(503) 941-3016	
Virginia Garcia Clinic Beaverton Hillsboro	(503) 352-6000 (503) 601-7400	Medical care for OHP patients and the uninsured. <i>Se Habla Español</i>	
<b>Childcare</b>	Childcare Resource & Referral	Call: 211 Text: the keyword "children" to 898211 Email: <a href="mailto:help@211info.or">help@211info.or</a>	Referrals for childcare in your area.
<b>Food/Comida</b> 	Care to Share (9-12pm & 12:30-3pm)	(503) 591-9025	Referrals for emergency food. 97003, 97005, 97006, 97007, 97008, 97078, 97123, 97124, 97223, 97225, and 97229.