



Lakeland School District Elementary Breakfast Menu, May 2019

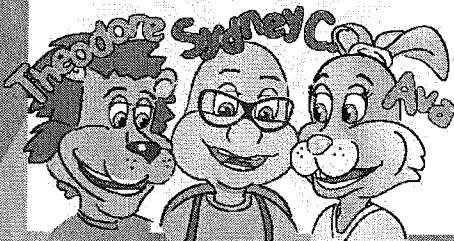
Student \$1.50 • Student Reduced \$0.30 • Adult \$2.25

Student breakfast includes a choice of entrée, a minimum of one fruit side dish, and choice of milk

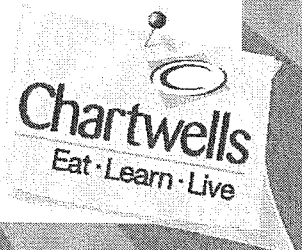
All meals are offered with 1% white or non-fat chocolate milk

Monday	Tuesday	Wednesday	Thursday	Friday
		1 BREAKFAST PIZZA -OR- CEREAL CHOICE & CHEESE STICK Fruit, Juice Assorted Milk	2 WAFFLE W/ MAPLE SYRUP SCRAMBLED EGGS -OR- CEREAL CHOICE & TOAST Fruit, Juice Assorted Milk	3 CINNAMON ROLL & YOGURT -OR- CEREAL CHOICE & YOGURT Fruit, Juice Assorted Milk
6 BREAKFAST PARFAIT -OR- CEREAL CHOICE & CHEESE STICK Fruit, Juice Assorted Milk	7 PANCAKE ON A STICK W/ MAPLE SYRUP -OR- CEREAL CHOICE & MUFFIN Fruit, Juice Assorted Milk	8 BREAKFAST PIZZA -OR- CEREAL CHOICE & CHEESE STICK Fruit, Juice Assorted Milk	9 PANCAKES W/ MAPLE SYRUP -OR- CEREAL & TOAST Fruit, Juice Assorted Milk	10 BISCUITS & GRAVY -OR- CEREAL & YOGURT Fruit, Juice Assorted Milk
13 WHOLE GRAIN STRAWBERRY POP TART & YOGURT -OR- CEREAL CHOICE & YOGURT Fruit, Juice Assorted Milk	14 PANCAKE ON A STICK W/ MAPLE SYRUP -OR- CEREAL CHOICE & TOAST Fruit, Juice Assorted Milk	15 BREAKFAST PIZZA -OR- CEREAL CHOICE & CHEESE STICK Fruit, Juice Assorted Milk	16 WAFFLE W/ MAPLE SYRUP SCRAMBLED EGGS -OR- CEREAL CHOICE & TOAST Fruit, Juice Assorted Milk	17 No School
20 BREAKFAST PARFAIT -OR- CEREAL CHOICE & CHEESE STICK Fruit, Juice Assorted Milk	21 PANCAKE ON A STICK W/ MAPLE SYRUP -OR- CEREAL CHOICE & MUFFIN Fruit, Juice Assorted Milk	22 BREAKFAST PIZZA -OR- CEREAL CHOICE & CHEESE STICK Fruit, Juice Assorted Milk	23 FRENCH TOAST STICKS W/ MAPLE SYRUP -OR- CEREAL & TOAST Fruit, Juice Assorted Milk	24 CINNAMON ROLL & YOGURT -OR- CEREAL & YOGURT Fruit, Juice Assorted Milk
27 NO SCHOOL	28 PANCAKE ON A STICK W/ MAPLE SYRUP -OR- CEREAL CHOICE & MUFFIN Fruit, Juice Assorted Milk	29 BREAKFAST PIZZA -OR- CEREAL CHOICE & CHEESE STICK Fruit, Juice Assorted Milk	30 FRENCH TOAST STICKS W/ MAPLE SYRUP -OR- CEREAL & TOAST Fruit, Juice Assorted Milk	31 BISCUITS & GRAVY -OR- CEREAL CHOICE & YOGURT Fruit, Juice Assorted Milk

Make the Grade
WITH SCHOOL BREAKFAST

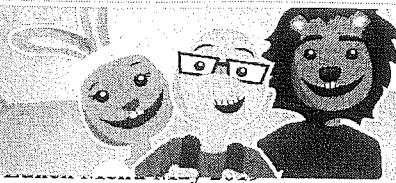


This Institution is an equal opportunity provider



www.eatlearnlive.com

KID'S STOP Cafe



eat. learn. live.

Student Lunch \$2.70 ** Reduced Price \$0.40 ** Adult \$4.00

A full student lunch includes a choice of entrée supplying protein and whole grain, up to three (3) vegetable side dishes, one (1) fruit side dish, and 1% white and skim chocolate. A cold vegetable and fruit bar is available daily on which we feature a variety of vegetables and fruits when seasonally available. Each week we feature deeply colored, nutrient-rich vegetables including red/orange and dark green varieties, as well as beans and other additional choices. We also offer at least one hot vegetable daily on our serving line.

fish, and milk. Milk choices include locally grown fruits including locally grown well as beans and other additional

All of our offerings contain zero grams of artificial trans fat.

Monday	Tuesday	Wednesday	Thursday	Friday
		1-May Spaghetti & Meatballs Seasoned Green Beans Fruit and Vegetable Bar Assorted Milk	2-May Homemade Cheese Pizza Seasoned Carrots Fruit and Vegetable Bar Assorted Milk	3-May Strawberry Parfait Fruit and Vegetable Bar Assorted Milk
6-May French Toast! Toast Sticks Syrup Sausage Patty Fruit and Vegetable Bar Assorted Milk	7-May Meatball Sandwich! Meatball Sandwich served with Seasoned Wedges Fruit and Vegetable Bar Assorted Milk	8-May Waffle Breakfast Waffle w/Maple Syrup Sausage Patty Fruit and Vegetable Bar Assorted Milk	9-May Pepperoni Pizza Warm Cinnamon Apple Slices Fruit and Vegetable Bar Assorted Milk	10-May BBQ Chicken Sandwich! Chicken Sandwich served with Kale Jicama Slaw Fruit and Vegetable Bar Assorted Milk
13-May Sloppy Joe Seasoned Wedges Fruit and Vegetable Bar Assorted Milk	14-May Toasted Cheese Sandwich Tomato Soup Fruit and Vegetable Bar Assorted Milk	15-May Pancake Breakfast Pancake w/Maple Syrup Scrambled Eggs Sausage Patty Fruit and Vegetable Bar Assorted Milk	16-May Homemade Cheese Pizza Seasoned Corn Fruit and Vegetable Bar Assorted Milk	17-May No School
20-May Cheese Quesadilla Mexi Corn Fruit and Vegetable Bar Assorted Milk	21-May Lucky Tray Day! Soft Beef Taco Seasoned Wedges Fruit and Vegetable Bar Assorted Milk	22-May Chicken Alfredo Garlic Twist Fruit and Vegetable Bar Assorted Milk	23-May Pepperoni Pizza Warm Cinnamon Apple Slices Fruit and Vegetable Bar Assorted Milk	24-May Shepherds Pie! Seasoned Ground Beef Washed Potatoes and Mixed Veggies Fruit and Vegetable Bar Assorted Milk
27-May No School	28-May BBQ Pulled Pork Sandwich Seasoned Wedges Fruit and Vegetable Bar Assorted Milk	29-May French Toast! Toast Sticks Syrup Sausage Patty Fruit and Vegetable Bar Assorted Milk	30-May Homemade Cheese Pizza Seasoned Carrots Fruit and Vegetable Bar Assorted Milk	31-May Tangerine Chicken Brown Rice Seasoned Peas Fruit and Vegetable Bar Assorted Milk

The following alternate entrees are available w/daily hot vegetable offering, choice[s] from fruit/vegetable bar, and choice of milk:

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
Chicken Nuggets w/ Whole Grain Dinner Roll Nachos Fun Lunch	Cheese Pizza Deli Turkey Sandwich & Cookie	Whole Grain Corn Dog Lunch: Yogurt & Cereal	Chicken Caesar Wrap Lunch: Mystery Fun Lunch	Hot Dog Deli Turkey Ham & Cheese Sandwich

Daily Fruit and Vegetable Bar Offerings

Tossed Salad Fresh Baby Carrots Power Peas Dried Fruit Assorted Chilled Fruit	Tossed Salad Broccoli Assorted Chilled Fruit	Tossed Salad Fresh Baby Carrots Home Style Potato Salad Dried fruit Assorted Chilled Fruit Crisp Apple	Tossed Salad Broccoli Legumes Assorted Chilled Fruit	Tossed Salad Fresh Baby Carrots Dried Fruit Assorted Chilled Fruit Orange Wedges
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