

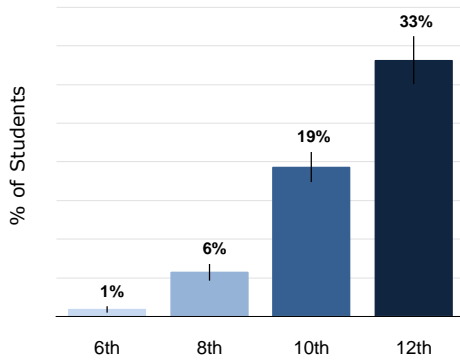


Youth Alcohol Use for Lake Washington School District in 2018

Are OUR youth using alcohol?

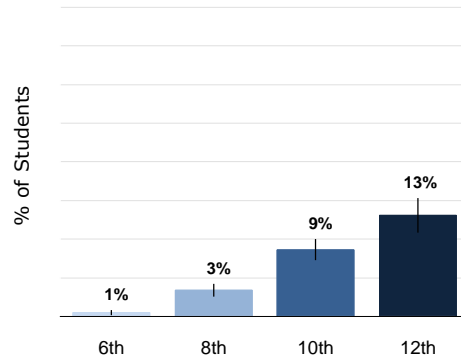
Current Drinking

Students who report drinking at least once in the past month



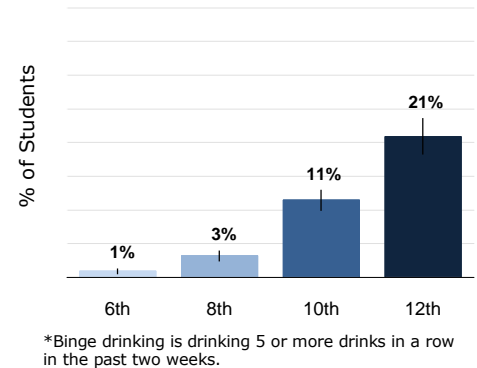
Experimental Drinking

Students who report drinking on 1-2 days in the past month, but no binge drinking



Problem or Heavy Drinking

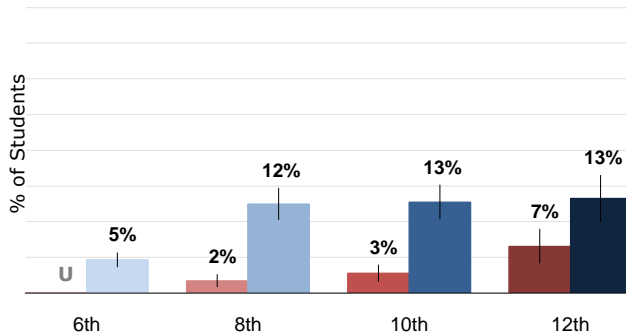
Students who report drinking 3 or more days in the past month and/or one or more binge drinking episodes*



In a Vehicle

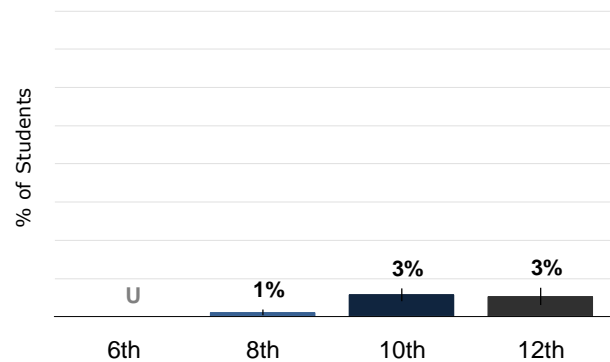
Students who report drinking and driving OR riding with a driver who had been drinking

■ Drove after drinking ■ Rode with drinking driver

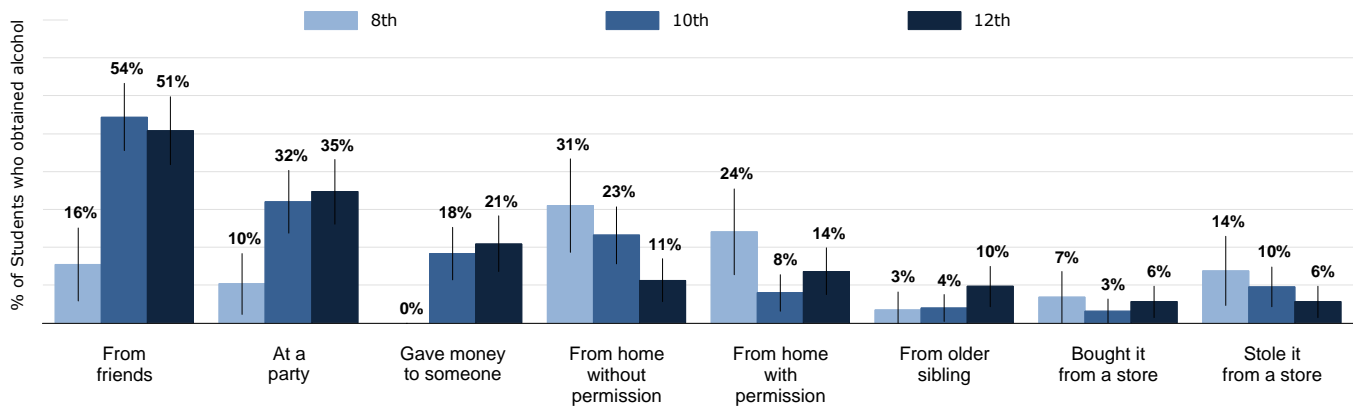


On school property

Students who report drinking on school property in the past month



Where Do Youth Get Alcohol?



The percentages in this chart are based on all students who reported getting alcohol in the past 30 days, regardless of whether they reported drinking in the past 30 days. Students could select multiple sources.

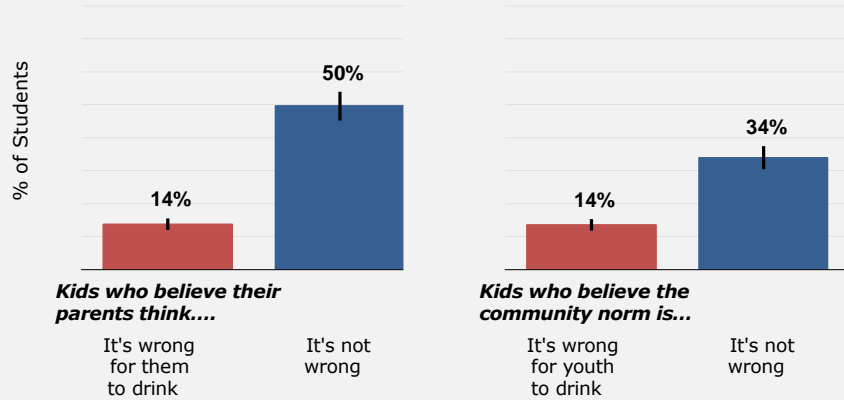
The data in these charts are based on the Healthy Youth Survey conducted in fall 2018. In Lake Washington School District, 2,033 6th graders, 1,920 8th graders, 1,640 10th graders and 925 12th graders completed the survey.

For more results from the 2018 Healthy Youth Survey, please visit www.AskHYS.net

Parents and communities have influence!

Kids are less likely to drink if they believe their parents or their communities disapprove of youth drinking.

Percent of 10th Graders who Drink Alcohol (Statewide)

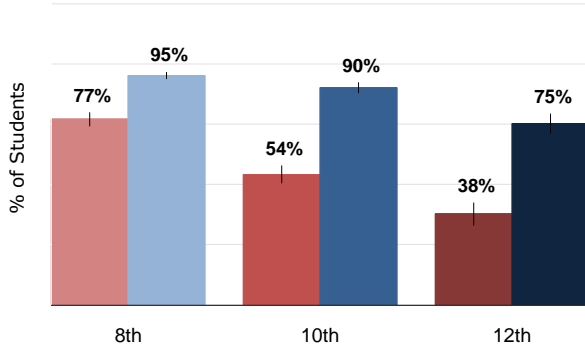


What does this chart say?

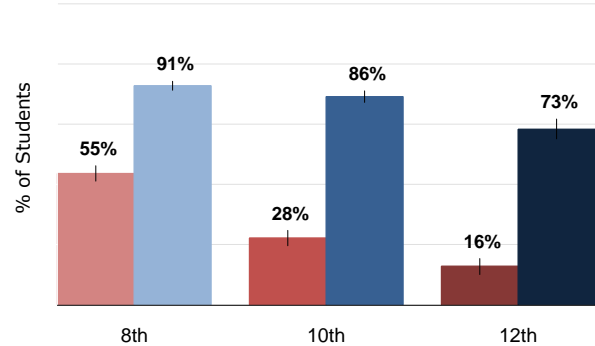
- Only 14% of kids drink alcohol if their parent's think it's wrong, while 50% drink if their parents don't think it's wrong
- 14% of kids drink alcohol if their community thinks it's wrong, while 34% drink if their community doesn't think it's wrong.

Kids in Lake Washington School District reported that they believe...

■ Parents would catch me if I had been drinking
■ Parents think youth drinking is wrong



■ Police would catch me if I had been drinking
■ Community norm is that youth drinking is wrong



Take action to reduce youth alcohol use!

Community Members - help reduce youth drinking by making it difficult for them to get alcohol.

The percent of Lake Washington School District kids who think that it would be easy to get alcohol increases as they get older, from 12% in 6th Grade to 65% in 12th Grade.

Parents - talk to your kids about the dangers of drinking alcohol.

The percent of Lake Washington School District kids who said their parents **didn't** talk to them about the dangers of alcohol increases as they get older, from 20% in 8th Grade to 37% in 12th Grade.

Start the conversation

Continue the conversation

Visit us at: www.StartTalkingNow.org

