

Inglewood Middle School (Lake Washington School District)

Highlights from the Healthy Youth Survey (March 1, 2019)

Student Participation Inglewood Middle School (Lake Washington School District)

- 375 (85%) of Grade 6 students
- 385 (90%) of Grade 8 students

Current Cigarette Smoking Percent of students who report smoking cigarettes in the past 30 days



Current E-Cigarette Smoking or Vaping Percent of students who report using an electronic cigarette, e-cig or vape pen in the past 30 days



Type of Substance Used in E-Cigarette or Vaped in Past 30 Days

Percentages are of students who used e-cigarettes in the past 30 days







Current Alcohol Use

Percent of students who report having drunk a glass, can or bottle of alcohol (beer, wine, wine coolers, hard liquor) in the past 30 days



Current Binge Drinking Percent of students who report having drunk 5 or more drinks in a row in the past 2 weeks



Levels of Alcohol Use



No drinking: (no drinking in the past 30 days)

Experimental drinking: (1-2 days drinking in the past 30 days, no binge drinking) Problem drinking: (3-5 days drinking in the past 30 days and/or 1 time binge drinking) Heavy drinking: (6+ days drinking in the past 30 days and/or 2+ binge drinking)



Lifetime Marijuana Use Percent of students who report having ever used marijuana



Current Marijuana Use Percent of students who report using marijuana in the past 30 days



Current Illegal Drug Use Percent of students who report using illegal drugs in the past 30 days (not including alcohol, tobacco or marijuana)



Current Prescription Drug Use Percent of students who report using prescription drugs not prescribed to them in the past 30 days



Current Over-the-Counter Drug Use

Percent of students who report using over-the-counter drugs, like cough syrup or cold medicine for non-medical purposes in the past 30 days



Alcohol Drinking while Using Marijuana

Percent of students who report drinking alcohol at the same time they were using marijuana in the past 30 days



Substance Use at School Percent of students who report being drunk or high at school in the past year



Tobacco Use on School Property

Percent of students who report using cigarettes, cigars, or chew/dip on school property in the past 30 days



E-Cigarette Use on School Property

Percent of students who report using electronic cigarettes on school property in the past 30 days



Alcohol Use on School Property

Percent of students who report having at least one drink of alcohol on school property in the past 30 days



Marijuana Use on School Property

Percent of students who report using marijuana on school property in the past 30 days



Riding with a Drinking Driver Percent of students who report having ridden in the past 30 days with a driver who had been drinking alcohol



Riding With a Recent Marijuana User Percent of students who report having ridden in the past 30 days with a driver who had been using marijuana



Perception of Neighborhood Norms - Alcohol Percent of students who report that adults in their neighborhood think youth drinking is "very wrong"



Perception of Neighborhood Norms - Smoking Percent of students who report that adults in their neighborhood think youth smoking is "very wrong"



Perception of Neighborhood Norms - Marijuana Percent of students who report that adults in their neighborhood think youth marijuana use is "very wrong"





Perceived Availability of Cigarettes Percent of students who report cigarettes would be "very hard" to get





Perceived Availability of Marijuana

Perceived Risk of Regular Alcohol Use Percent of students who report "great risk" of harm from drinking alcohol daily



Perceived Risk of Regular Cigarette Smoking Percent of students who report "great risk" of harm from smoking a pack or more a day



Perceived Risk of E-Cigarette Smoking or Vaping Percent of students who report "great risk" of harm from using e-cigarette or vape pen regularly (almost daily)



Perceived Risk of Regular Marijuana Use Percent of students who report "great risk" of harm from using marijuana at least once or twice a week



Enjoyment of School

Percent of students who report "often" or "almost always" enjoying being at school in the past year



Skipping School Percent of students who report skipping 1 or more whole days of school in the past 4 weeks



Bullying Percent of students who report being bullied in the past 30 days

Bullying is when one or more students threaten, spread rumors about, hit, shove, or otherwise hurt another student over and over again.



School Tries to Stop Bullying Percent of students who report teachers or other adults at school "almost always" or "often" try to stop bullying


Students Know How to Report Bullying Percent of students who report they know how to report bullying at school



Feeling Safe at School Percent of students who report that they feel safe at school



Opportunities for School Involvement Percent of students who report that they have lots of chances for involvement in school activities





Children's Hope Scale

Hope reflects a future orientated mindset and motivational process toward attaining a desirable goal. Research has linked hope with overall physical, psychological, and social well-being.





Gang Membership Percent of students who report being members of a gang in the past year



Walking/Biking To or From School Percent of students who report walking or riding a bicycle to or from school during an average week



Eating Breakfast Percent of students who report eating breakfast



Sleep on a School Night Percent of students who report sleeping less than 8 hours on an average school night



Excessive Sugar Sweetened Beverages Consumption

Percent of students who report drinking sugar sweetened beverages 2 or more times a day



Excessive Television/Video Game Use

Percent of students who report 3 or more hours watching television, playing video games or using the computer for fun on an average school day

(TV includes movies or stream videos on any electronic device. Video games includes tablets, smartphone, social media)



60 Minutes of Physical Activity per Day Percent of students who report being physically active 60 minutes per day, 7 days a week





Current Asthma Percent of students who currently have asthma



Lifetime Sex Percent of students who report ever having sex in their lifetime

	Your Students	Statewide	2	
100% -				
80% -				
60% -				
40% -				
20% -	Question not asked of this grade		9%	
0% -		1%		
Grade 6		Grad	Grade 8	
Ir	nglewood Middle School (Lake	e Washington School	District)	

Sexual Orientation





Gender Identity



*Some students may select multiple answers to this question so that their response is consistent with how they identify. For example, a student who identifies as a transgender woman may select both female and transgender. This type response is represented in the 'selected more than one response' category.



Lifetime Sexual Abuse

Percent of students who report having ever been in a in a situation where someone made them engage in kissing, sexual touch or sexual intercourse when they did not want to



Access to Dental Care

Percent of students who report visiting a dentist for a routine checkup in the past year



Depression

Percent of students who report feeling so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities in the past year.



Contemplation of Suicide

Percent of students who report having seriously considered suicide in the past year



Someone in Community to Talk To

Percent of students who report having an adult in their neighborhood or community they can talk to about something important

