

# Eastlake High School (Lake Washington School District)

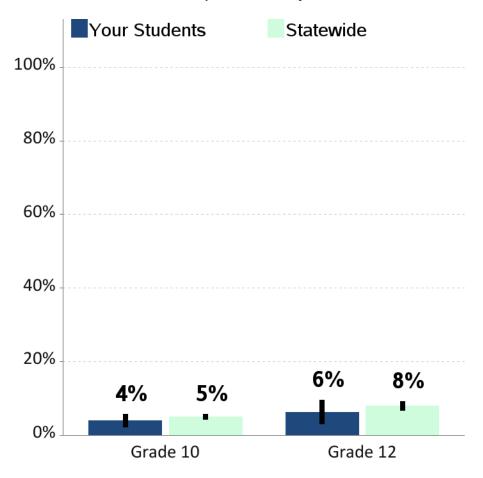
Highlights from the Healthy Youth Survey (March 1, 2019)

# Student Participation Eastlake High School (Lake Washington School District)

- 465 (88%) of Grade 10 students
- 227 (51%) of Grade 12 students

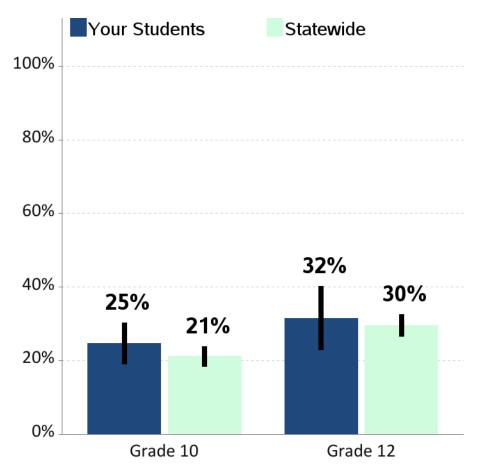
#### **Current Cigarette Smoking**

Percent of students who report smoking cigarettes in the past 30 days



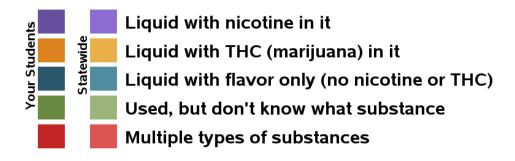
#### Current E-Cigarette Smoking or Vaping

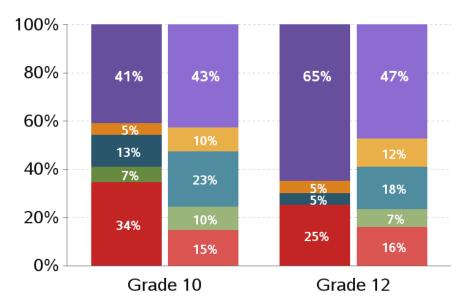
Percent of students who report using an electronic cigarette, e-cig or vape pen in the past 30 days



#### Type of Substance Used in E-Cigarette or Vaped in Past 30 Days

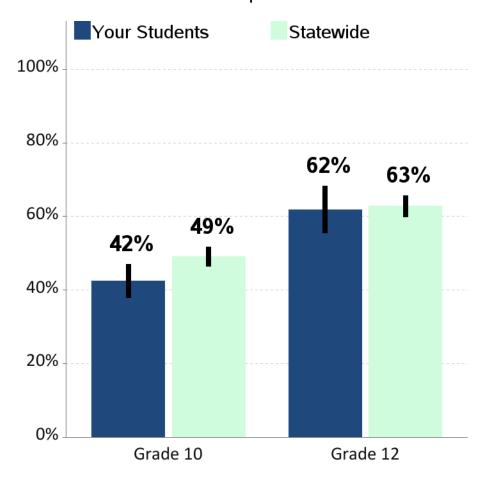
Percentages are of students who used e-cigarettes in the past 30 days





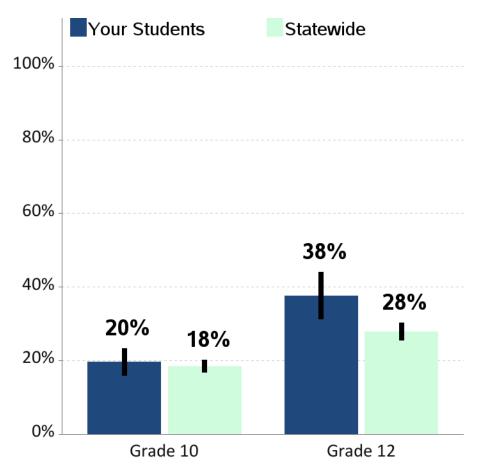
Lifetime Alcohol Use
Percent of students who report having ever drunk

more than a sip of alcohol



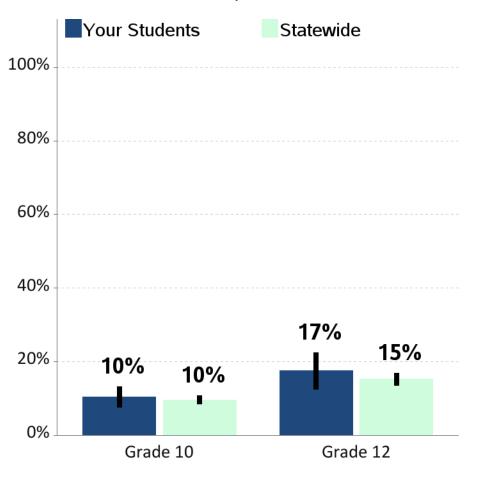
#### **Current Alcohol Use**

Percent of students who report having drunk a glass, can or bottle of alcohol (beer, wine, wine coolers, hard liquor) in the past 30 days

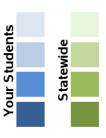


#### **Current Binge Drinking**

Percent of students who report having drunk 5 or more drinks in a row in the past 2 weeks



#### Levels of Alcohol Use

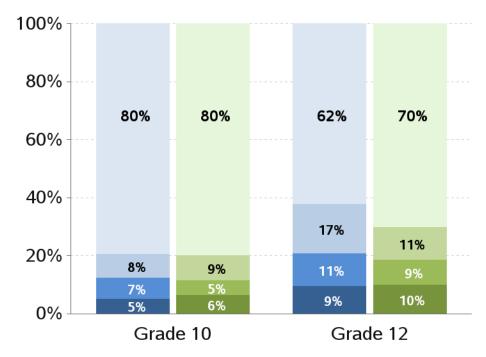


**No drinking:** (no drinking in the past 30 days)

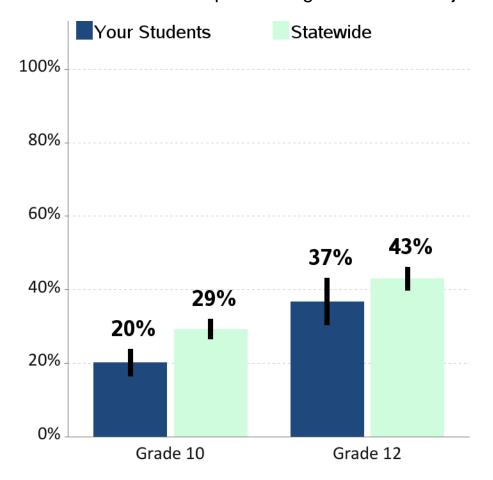
**Experimental drinking:** (1-2 days drinking in the past 30 days, no binge drinking)

**Problem drinking:** (3-5 days drinking in the past 30 days and/or 1 time binge drinking)

**Heavy drinking:** (6+ days drinking in the past 30 days and/or 2+ binge drinking)

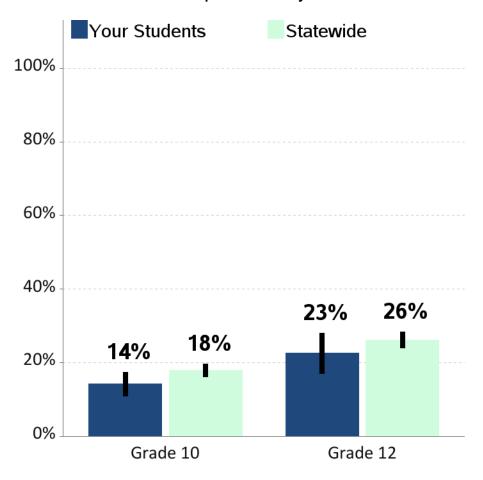


## Lifetime Marijuana Use Percent of students who report having ever used marijuana



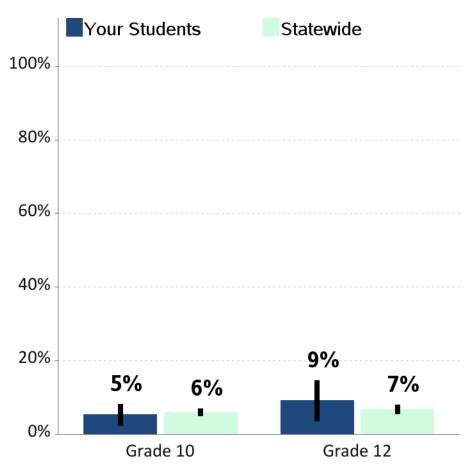
#### Current Marijuana Use

Percent of students who report using marijuana in the past 30 days



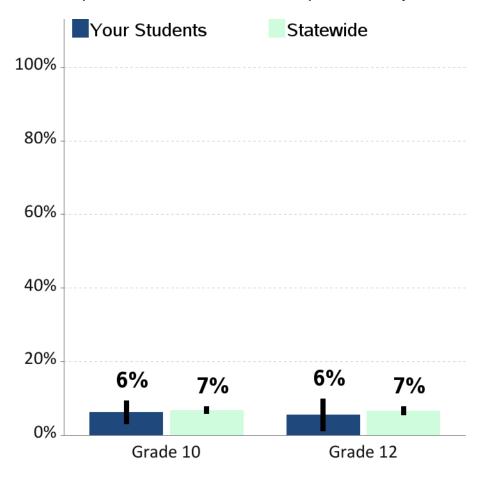
#### Current Illegal Drug Use

Percent of students who report using illegal drugs in the past 30 days (not including alcohol, tobacco or marijuana)



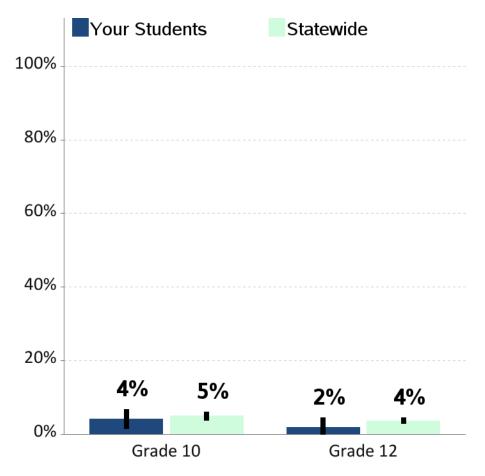
#### **Current Prescription Drug Use**

Percent of students who report using prescription drugs not prescribed to them in the past 30 days



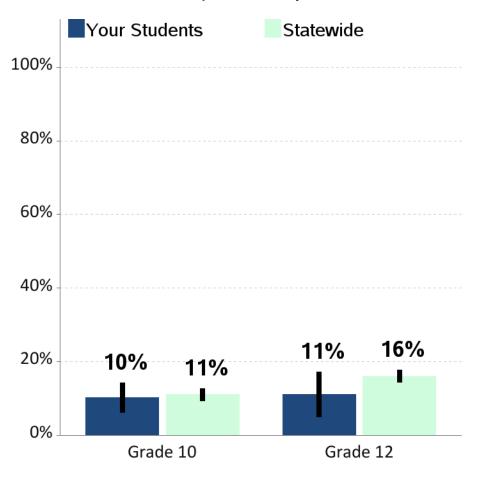
#### Current Over-the-Counter Drug Use

Percent of students who report using over-the-counter drugs, like cough syrup or cold medicine for non-medical purposes in the past 30 days



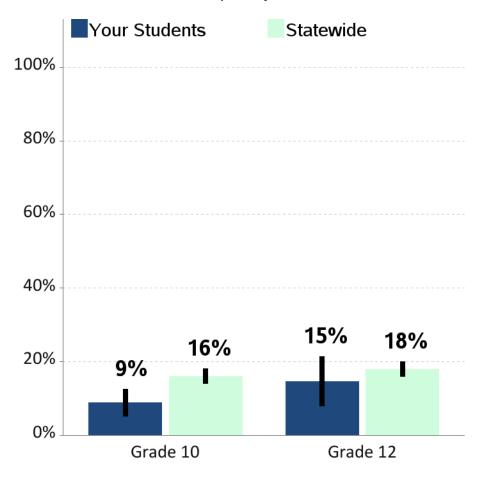
#### Alcohol Drinking while Using Marijuana

Percent of students who report drinking alcohol at the same time they were using marijuana in the past 30 days



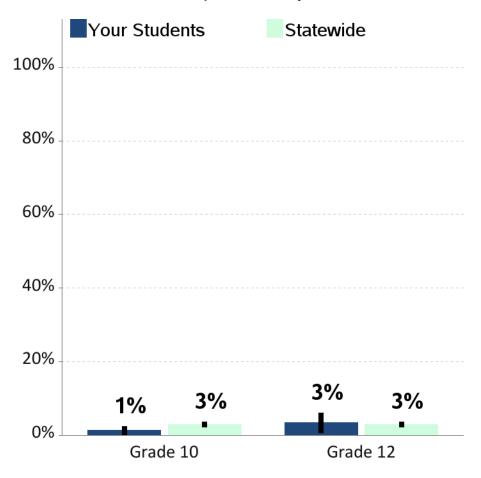
#### Substance Use at School

Percent of students who report being drunk or high at school in the past year



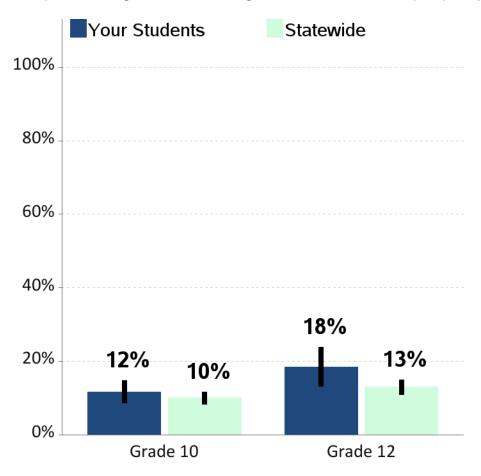
#### Tobacco Use on School Property

Percent of students who report using cigarettes, cigars, or chew/dip on school property in the past 30 days



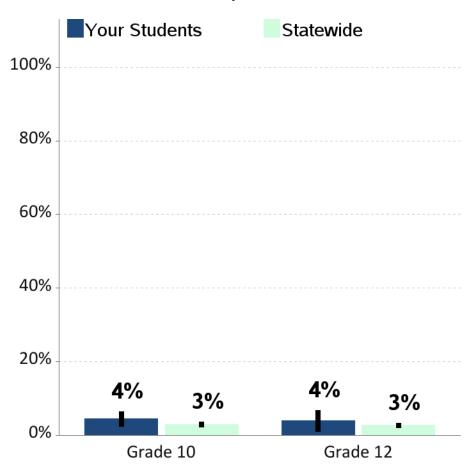
#### E-Cigarette Use on School Property

Percent of students who report using electronic cigarettes on school property in the past 30 days



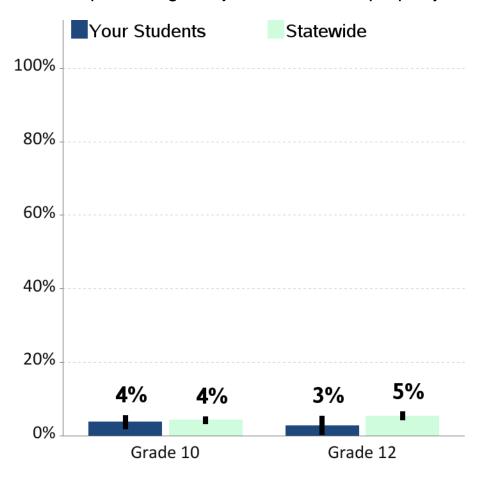
#### Alcohol Use on School Property

Percent of students who report having at least one drink of alcohol on school property in the past 30 days



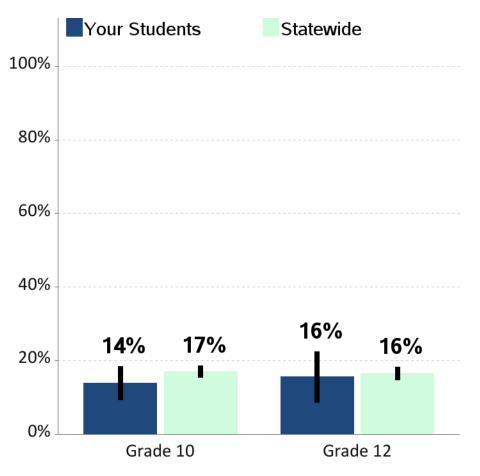
#### Marijuana Use on School Property

Percent of students who report using marijuana on school property in the past 30 days



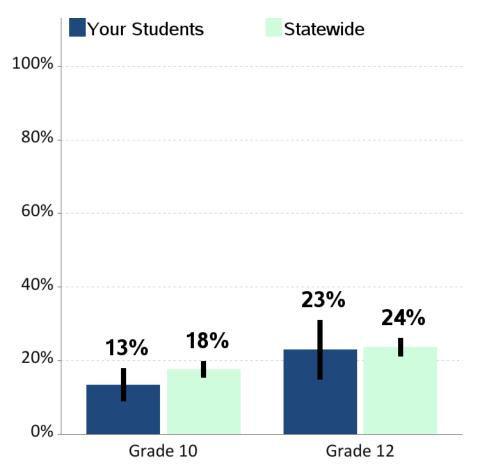
#### Riding with a Drinking Driver

Percent of students who report having ridden in the past 30 days with a driver who had been drinking alcohol



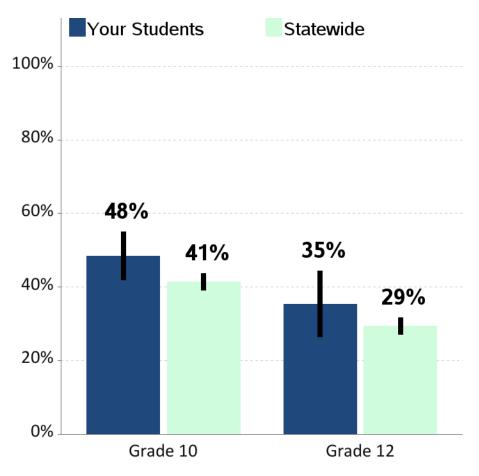
#### Riding With a Recent Marijuana User

Percent of students who report having ridden in the past 30 days with a driver who had been using marijuana



#### Perception of Neighborhood Norms - Alcohol

Percent of students who report that adults in their neighborhood think youth drinking is "very wrong"

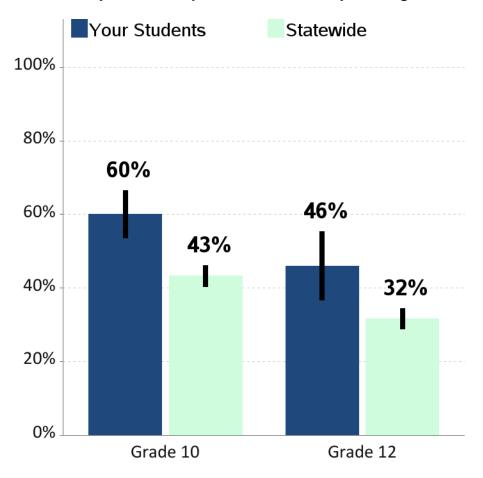


# Perception of Neighborhood Norms - Smoking Percent of students who report that adults in their neighborhood think youth smoking is "very wrong"

Your Students Statewide 100% 74% 69% 80% 61% 60% 50% 40% 20% 0% Grade 10 Grade 12

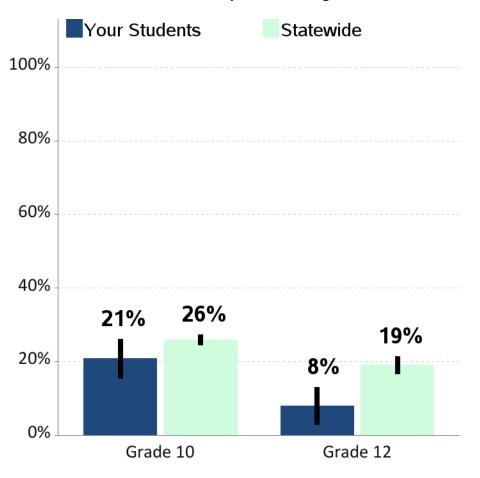
## Perception of Neighborhood Norms - Marijuana Percent of students who report that adults in their neighborhood

think youth marijuana use is "very wrong"



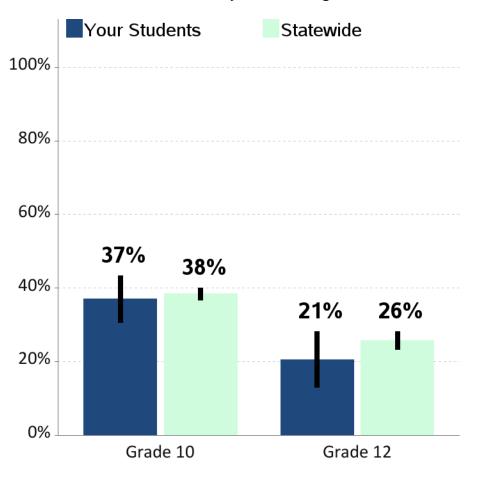
#### Perceived Availability of Alcohol

Percent of students who report alcohol would be "very hard" to get



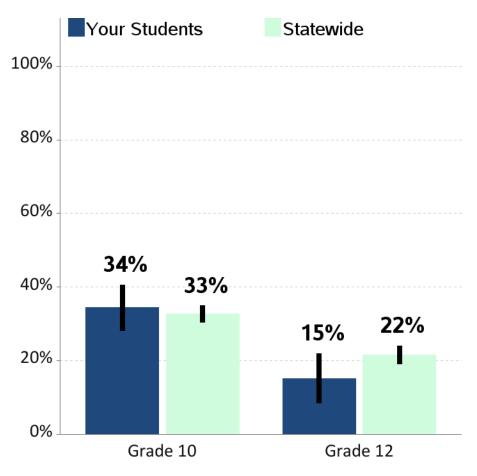
#### Perceived Availability of Cigarettes

Percent of students who report cigarettes would be "very hard" to get



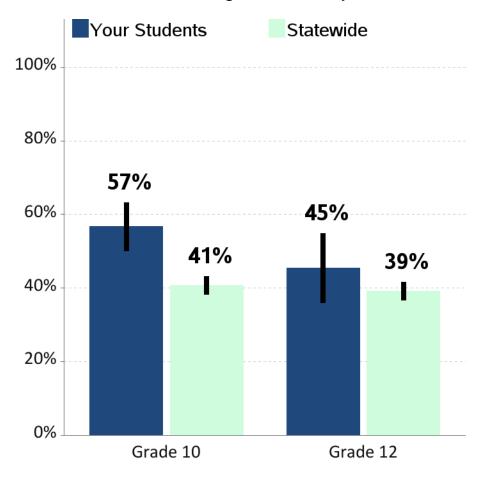
#### Perceived Availability of Marijuana

Percent of students who report marijuana would be "very hard" to get



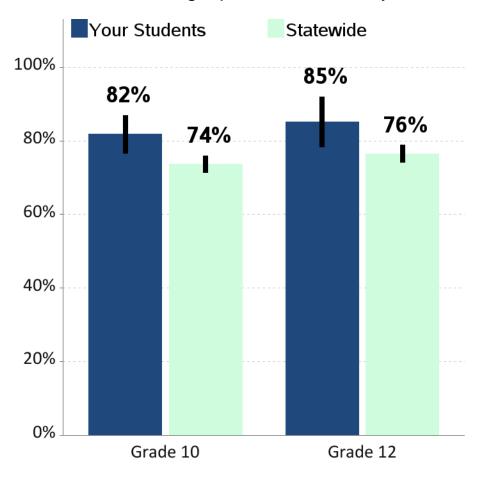
#### Perceived Risk of Regular Alcohol Use

Percent of students who report "great risk" of harm from drinking alcohol daily



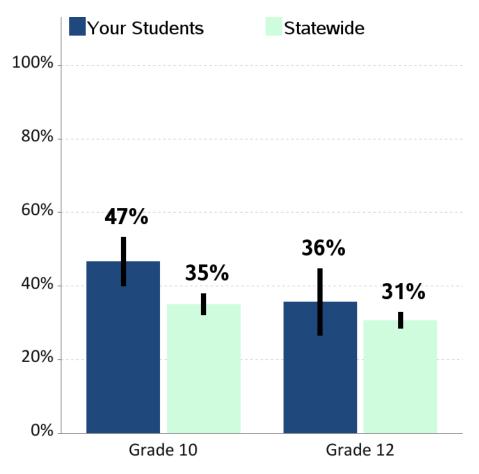
#### Perceived Risk of Regular Cigarette Smoking

Percent of students who report "great risk" of harm from smoking a pack or more a day



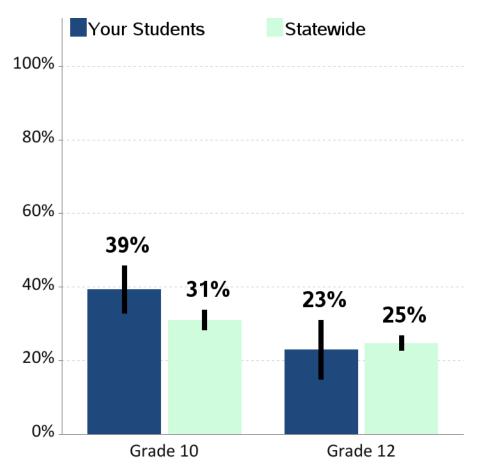
#### Perceived Risk of E-Cigarette Smoking or Vaping

Percent of students who report "great risk" of harm from using e-cigarette or vape pen regularly (almost daily)



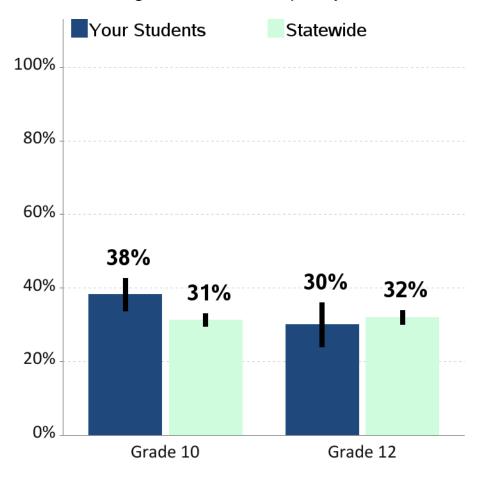
#### Perceived Risk of Regular Marijuana Use

Percent of students who report "great risk" of harm from using marijuana at least once or twice a week



#### **Enjoyment of School**

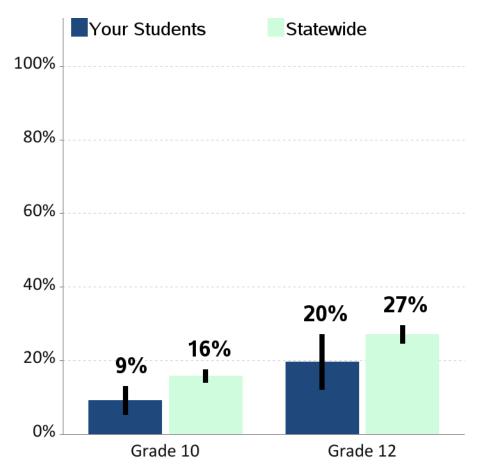
Percent of students who report "often" or "almost always" enjoying being at school in the past year



#### **Skipping School**

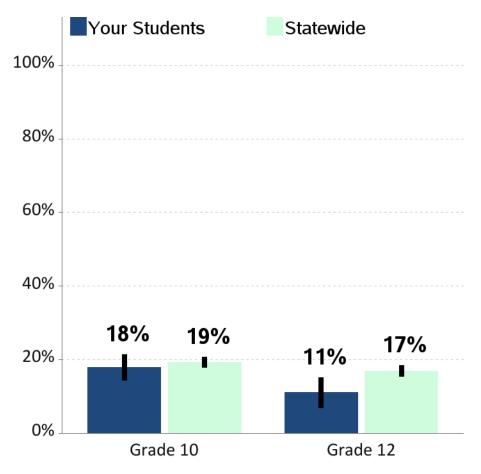
Percent of students who report skipping

1 or more whole days of school in the past 4 weeks



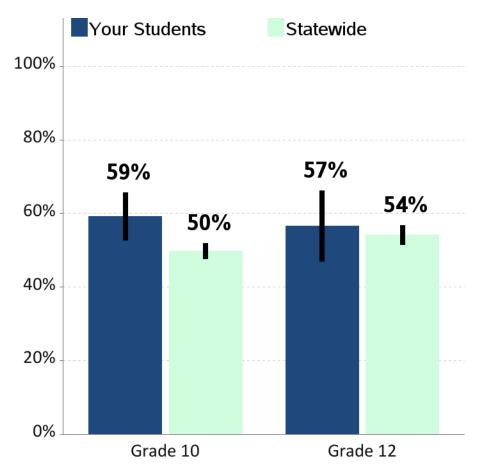
Bullying
Percent of students who report being bullied in the past 30 days

Bullying is when one or more students threaten, spread rumors about, hit, shove, or otherwise hurt another student over and over again.



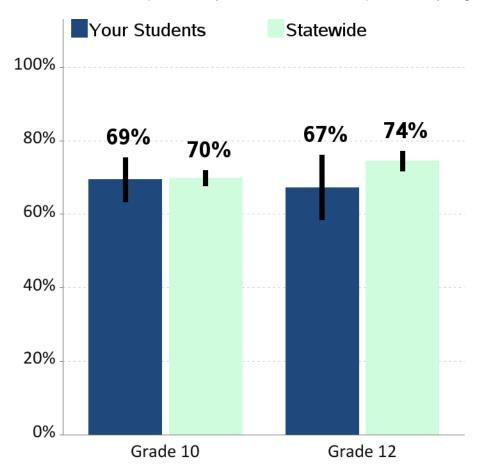
#### School Tries to Stop Bullying

Percent of students who report teachers or other adults at school "almost always" or "often" try to stop bullying

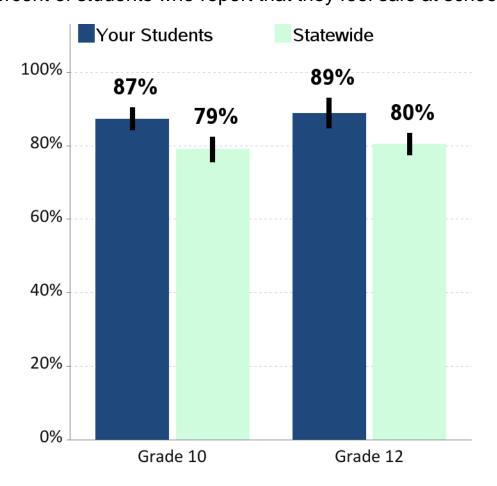


#### Students Know How to Report Bullying

Percent of students who report they know how to report bullying at school

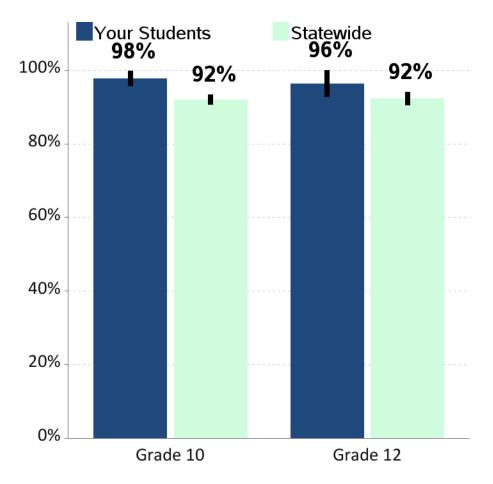


# Feeling Safe at School Percent of students who report that they feel safe at school



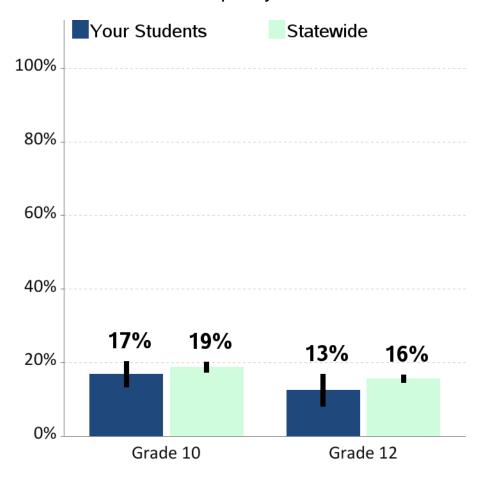
#### Opportunities for School Involvement

Percent of students who report that they have lots of chances for involvement in school activities



Physical Fighting

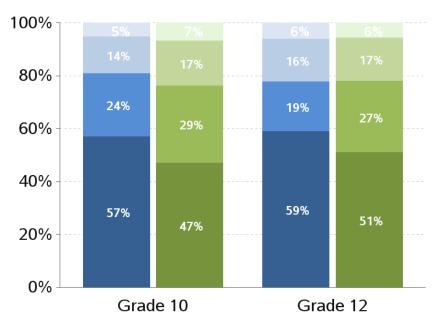
Percent of students who report being in a physical fight in the past year



## Children's Hope Scale

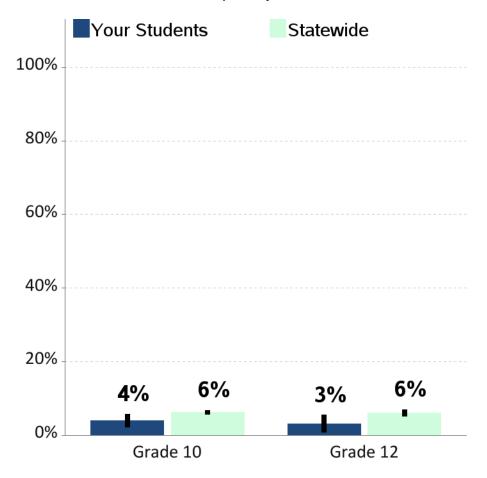
Hope reflects a future orientated mindset and motivational process toward attaining a desirable goal. Research has linked hope with overall physical, psychological, and social well-being.





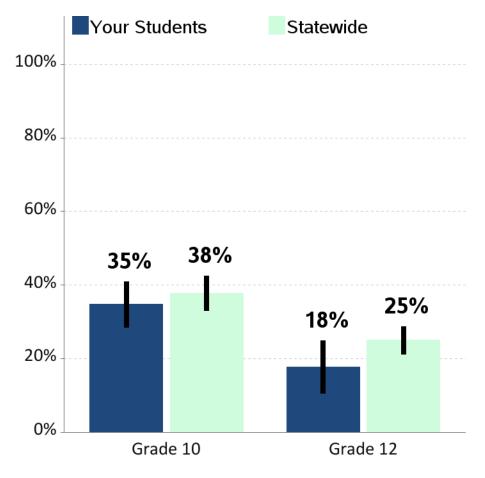
Gang Membership

Percent of students who report being members of a gang in the past year

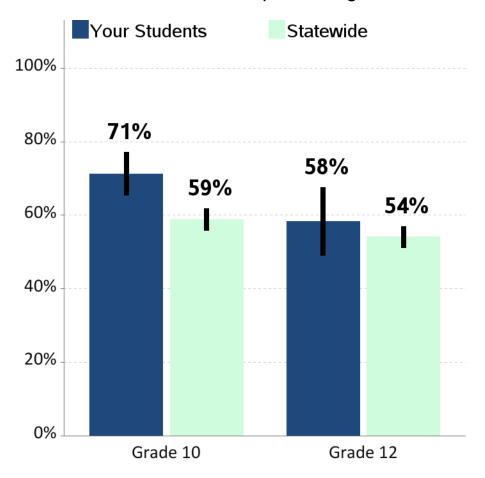


#### Walking/Biking To or From School

Percent of students who report walking or riding a bicycle to or from school during an average week

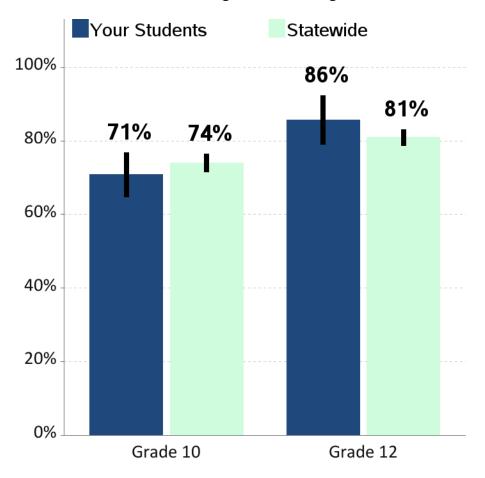


Eating Breakfast
Percent of students who report eating breakfast



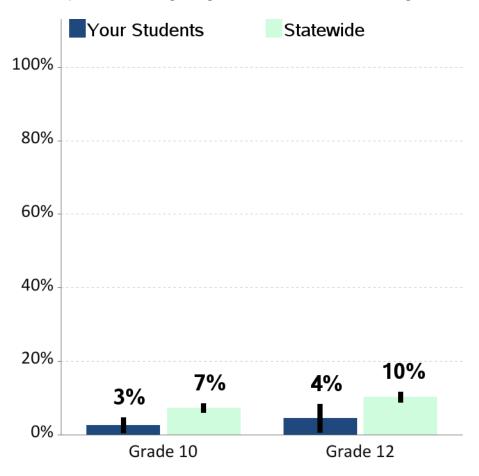
## Sleep on a School Night

Percent of students who report sleeping less than 8 hours on an average school night



#### Excessive Sugar Sweetened Beverages Consumption

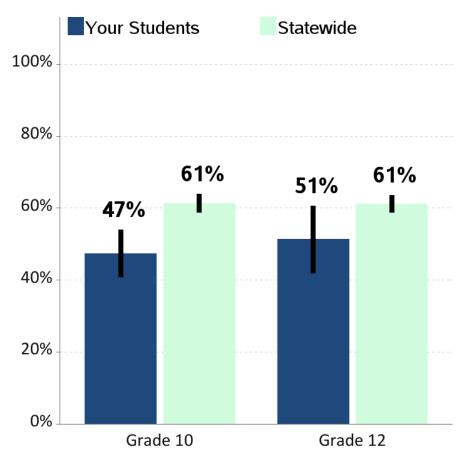
Percent of students who report drinking sugar sweetened beverages 2 or more times a day



#### Excessive Television/Video Game Use

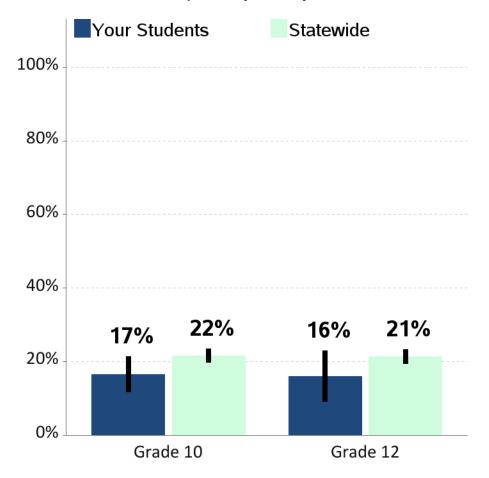
Percent of students who report 3 or more hours watching television, playing video games or using the computer for fun on an average school day

(TV includes movies or stream videos on any electronic device. Video games includes tablets, smartphone, social media)

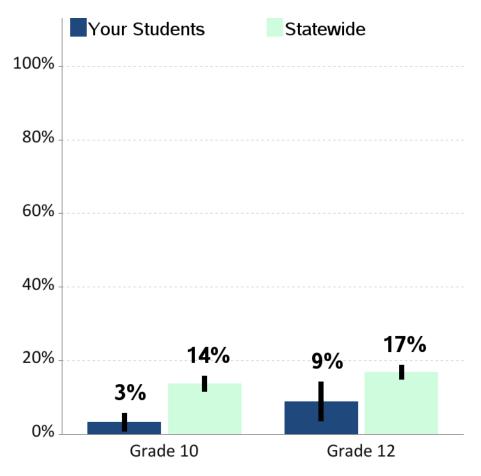


#### 60 Minutes of Physical Activity per Day

Percent of students who report being physically active 60 minutes per day, 7 days a week

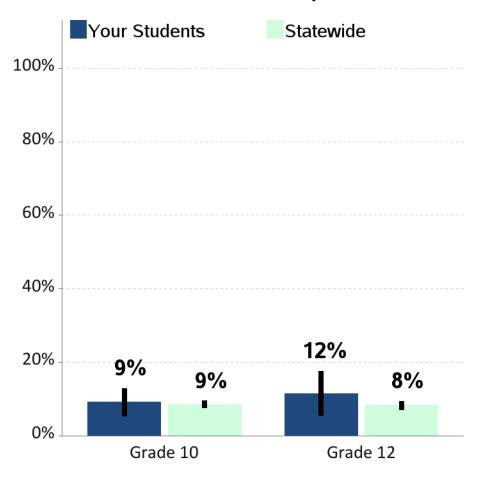


Obesity
Percent of students who are obese
(according to reported height and weight)

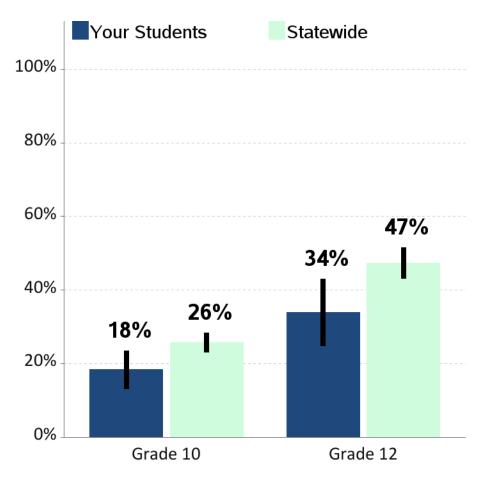


Current Asthma

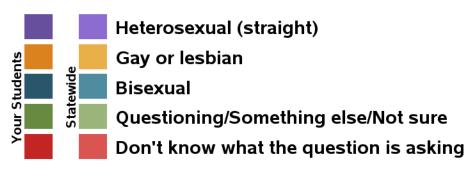
Percent of students who currently have asthma

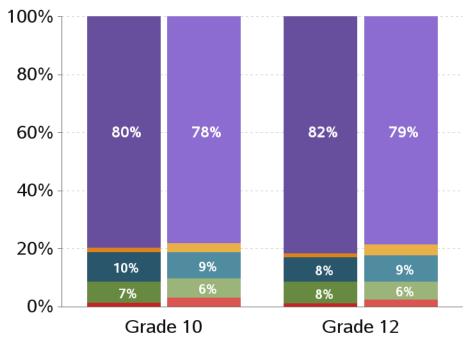


Lifetime Sex
Percent of students who report ever having sex
in their lifetime



#### **Sexual Orientation**

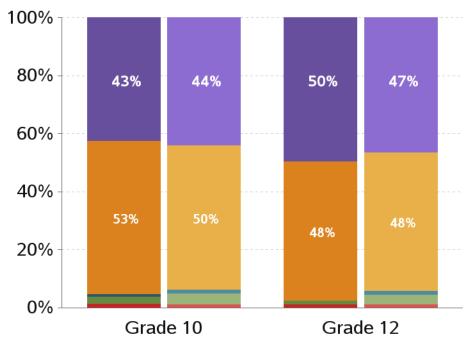




## **Gender Identity**

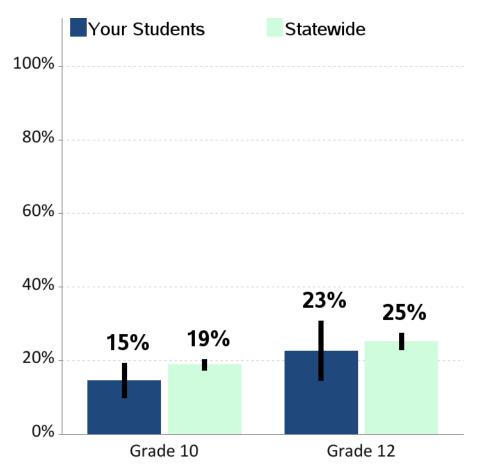


\*Some students may select multiple answers to this question so that their response is consistent with how they identify. For example, a student who identifies as a transgender woman may select both female and transgender. This type response is represented in the 'selected more than one response' category.



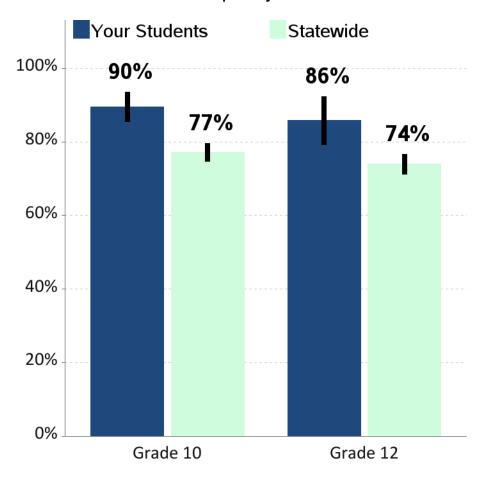
#### Lifetime Sexual Abuse

Percent of students who report having ever been in a in a situation where someone made them engage in kissing, sexual touch or sexual intercourse when they did not want to



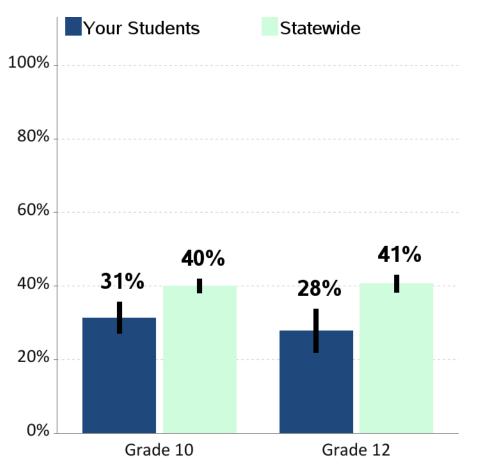
#### Access to Dental Care

Percent of students who report visiting a dentist for a routine checkup in the past year



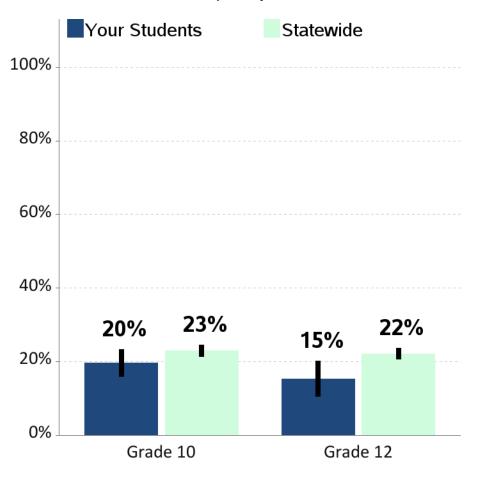
#### Depression

Percent of students who report feeling so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities in the past year.



### Contemplation of Suicide

Percent of students who report having seriously considered suicide in the past year



#### Someone in Community to Talk To

Percent of students who report having an adult in their neighborhood or community they can talk to about something important

