

Mighty Oaks

LUNCH MENU

May
2019

Lunch Prices

Student \$2.35
Adult \$3.75
Reduced No Charge
Milk \$0.45

*Students who elect to bring a meal from home and who would like to have milk with their meal are able to purchase milk at school. Meal benefits DO NOT apply.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Deli Sandwich~35g Cucumber Slices~1g Banana~23g	2 Wowbutter & Jelly Sandwich~61g Sugar Snap Peas~1g Applesauce Cup~14g	3
6 Yogurt & Cheese Powerpack~55g Fresh Broccoli~2g Pear Sauce Cup~20g	7 Wowbutter & Graham Crackers~31g Celery Sticks~1g Fresh Apple Slices~7g	8 Deli Sandwich~35g Cucumber Slices~1g Banana~23g	9 Wowbutter & Jelly Sandwich~61g Sugar Snap Peas~1g Applesauce Cup~14g	10
13 Yogurt & Cheese Powerpack~55g Fresh Broccoli~2g Pear Sauce Cup~20g	14 Wowbutter & Graham Crackers~31g Celery Sticks~1g Fresh Apple Slices~7g	15 Deli Sandwich~35g Cucumber Slices~1g Banana~23g	16 Wowbutter & Jelly Sandwich~61g Sugar Snap Peas~1g Applesauce Cup~14g	17
20 Yogurt & Cheese Powerpack~55g Fresh Broccoli~2g Pear Sauce Cup~20g	21 Wowbutter & Graham Crackers~31g Celery Sticks~1g Fresh Apple Slices~7g	22 Deli Sandwich~35g Cucumber Slices~1g Banana~23g	23 Wowbutter & Jelly Sandwich~61g Sugar Snap Peas~1g Applesauce Cup~14g	24
27 Yogurt & Cheese Powerpack~55g Fresh Broccoli~2g Pear Sauce Cup~20g	28 Wowbutter & Graham Crackers~31g Celery Sticks~1g Fresh Apple Slices~7g	29 Deli Sandwich~35g Cucumber Slices~1g Banana~23g	30 Wowbutter & Jelly Sandwich~61g Sugar Snap Peas~1g Applesauce Cup~14g	31

Allergy Information:

This menu may contain one or more of the following ingredients: milk, eggs, peanuts, soybeans, tree nuts, and wheat.

- Average gram (g) of carbohydrate

Menu subject to change due to product availability and weather delays/cancellations.

This institution is an equal opportunity provider.