



May 2019

In Season Cherries

Cherries are known to contain certain chemicals that are very effective in relieving pain better than medicines like aspirin and ibuprofen.

Cherries are best paired with things like chives, dairy products, and meats.

Monday

This institution is an equal opportunity provider and employer.

Beef/Chicken Nachos 6
Beef/Chicken Taco Salad
Beef/Chicken Burrito
Corn Dog
Chicken Caesar Wrap
Chicken Caesar Salad

Beef/Chicken Nachos 13
Beef/Chicken Taco Salad
Beef/Chicken Burrito
Corn Dog
Chicken Caesar Wrap
Chicken Caesar Salad

Beef/Chicken Nachos 20
Beef/Chicken Taco Salad
Beef/Chicken Burrito
Corn Dog
Chicken Caesar Wrap
Chicken Caesar Salad

27
**Memorial Day
No School**

Tuesday

⊕ = Scratch and partial scratch recipes or recipes being tested at Leota Middle School!

Vegan Coconut Curry ⊕ 7
Orange Chicken
Chicken Tenders
Chicken Caesar Wrap
Chicken Caesar Salad

BBQ Pork Sandwich 14
Chicken Rice Soup with Breadstick ⊕
Chicken Tenders
Chicken Caesar Wrap
Chicken Caesar Salad

Thai Chicken Satay ⊕ 21
Korean BBQ Pork Rice Bowl ⊕
Chicken Tenders
Chicken Caesar Wrap
Chicken Caesar Salad

Chicken Curry ⊕ 28
Baked Potato with Chili and Roll ⊕
Chicken Tenders
Chicken Caesar Wrap
Chicken Caesar Salad

Wednesday

Turkey Gravy with Mashed Potatoes & Roll 1
Chicken Potato Bowl & Roll
Corn Dog
Chicken Caesar Wrap
Chicken Caesar Salad

Macaroni & Cheese 8
Cheese Tortellini
Corn Dog
Chicken Caesar Wrap
Chicken Caesar Salad

Chicken Drumstick 15
With Potatoes & Roll
Buffalo Chicken Tot'chos
Corn Dog
Chicken Caesar Wrap
Chicken Caesar Salad

Turkey Gravy with Mashed Potatoes 22
Chicken Potato Bowl & Roll
Corn Dog
Chicken Caesar Wrap
Chicken Caesar Salad

Vegetarian Meatballs 29
Cheese Tortellini
Corn Dog
Chicken Caesar Wrap
Chicken Caesar Salad

Thursday

Cheese Ripper with Potato Soup ⊕ 2
Pork Enchilada ⊕
Chicken Tenders
Chicken Caesar Wrap
Chicken Caesar Salad

Meatball Gyro ⊕ 9
Chicken Alfredo Pasta ⊕
Chicken Tenders
Chicken Caesar Wrap
Chicken Caesar Salad

Chicken Tortilla Soup 16
with Chips ⊕
Big Wild Alaska Fish Taco ⊕
Chicken Tenders
Chicken Caesar Wrap
Chicken Caesar Salad

Cheese Ripper with Potato Soup ⊕ 23
Pork Enchilada ⊕
Chicken Tenders
Chicken Caesar Wrap
Chicken Caesar Salad

Grilled Cheese ⊕ 30
with Tomato Soup
Chicken Alfredo Pasta ⊕
Chicken Tenders
Chicken Caesar Wrap
Chicken Caesar Salad

Friday

Beef/Chicken Nachos 3
Beef/Chicken Taco Salad
Beef/Chicken Burrito
Wild Alaska Fish Burger
Chicken Caesar Wrap

Beef/Chicken Nachos 10
Beef/Chicken Taco Salad
Beef/Chicken Burrito
Wild Alaska Fish Burger
Chicken Caesar Wrap
Chicken Caesar Salad

Beef/Chicken Nachos 17
Beef/Chicken Taco Salad
Beef/Chicken Burrito
Wild Alaska Fish Burger
Chicken Caesar Wrap
Chicken Caesar Salad

Beef/Chicken Nachos 24
Beef/Chicken Taco Salad
Beef/Chicken Burrito
Wild Alaska Fish Burger
Chicken Caesar Wrap
Chicken Caesar Salad

Beef/Chicken Nachos 31
Beef/Chicken Taco Salad
Beef/Chicken Burrito
Wild Alaska Fish Burger
Chicken Caesar Wrap
Chicken Caesar Salad

Announcements

Offered Daily: Deli Sandwich, Pizza, Cheeseburger, Chicken Burger, Vegetable Burger, Yogurt Lunch, Hummus Plate AND Tuna Protein Pack.

Pizza slices now come with a side Caesar Salad! ⊕

Included with All Lunches

Fruit & Vegetable Garden Bar
1% White or NF Chocolate Milk

Menu selections may change based on product availability.

Juliana Fisher, MS, RDN, CD

Meal Prices

Breakfast

Elementary	\$1.75
Secondary	\$2.00
Reduced K-12	Free
Adult	\$2.40

Lunch

Elementary	\$3.00
Secondary	\$3.25
Reduced K-3	Free
Reduced PK, 4-12	\$0.40
Adult	\$4.00
Milk Only	\$0.50