



SIMPLY GOOD

Lyme Consolidated ES: May 2019 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Start the Day Right With a Healthy,</p>	<p>Nutritious, And Delicious Breakfast!</p>	<p>1 Mini Waffles Assorted Cereal String Cheese or Yogurt</p>	<p>2 Cherry Frudal Assorted Cereal String Cheese or Yogurt</p>	<p>3 Whole Grain Bagel Cream Cheese Assorted Cereal String Cheese or Yogurt</p>
		<p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Whole Fruit</p>	<p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Whole Fruit</p>	<p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Whole Fruit</p>
<p>6 Whole Grain Muffin Assorted Cereal String Cheese or Yogurt</p>	<p>7 Cinni Mini Assorted Cereal String Cheese or Yogurt</p>	<p>8 Mini Pancakes Assorted Cereal String Cheese or Yogurt</p>	<p>9 Cherry Frudal Assorted Cereal String Cheese or Yogurt</p>	<p>10 Whole Grain Bagel Cream Cheese Assorted Cereal String Cheese or Yogurt</p>
<p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Whole Fruit</p>	<p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Whole Fruit</p>	<p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Whole Fruit</p>	<p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Whole Fruit</p>	<p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Whole Fruit</p>
<p>13 Whole Grain Muffin Assorted Cereal String Cheese or Yogurt</p>	<p>14 Cinni Mini Assorted Cereal String Cheese or Yogurt</p>	<p>15 Mini Waffles Assorted Cereal String Cheese or Yogurt</p>	<p>16 Cherry Frudal Assorted Cereal String Cheese or Yogurt</p>	<p>17 Whole Grain Bagel Cream Cheese Assorted Cereal String Cheese or Yogurt</p>
<p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Whole Fruit</p>	<p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Whole Fruit</p>	<p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Whole Fruit</p>	<p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Whole Fruit</p>	<p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Whole Fruit</p>
<p>20 Whole Grain Muffin Assorted Cereal String Cheese or Yogurt</p>	<p>21 Cinni Mini Assorted Cereal String Cheese or Yogurt</p>	<p>22 Mini Pancakes Assorted Cereal String Cheese or Yogurt</p>	<p>23 Cherry Frudal Assorted Cereal String Cheese or Yogurt</p>	<p>24 Whole Grain Bagel Cream Cheese Assorted Cereal String Cheese or Yogurt</p>
<p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Whole Fruit</p>	<p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Whole Fruit</p>	<p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Whole Fruit</p>	<p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Whole Fruit</p>	<p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Whole Fruit</p>
<p>27 NO SCHOOL MEMORIAL DAY</p>	<p>28 Cinni Mini Assorted Cereal String Cheese or Yogurt</p>	<p>29 Mini Waffles Assorted Cereal String Cheese or Yogurt</p>	<p>30 Cherry Frudal Assorted Cereal String Cheese or Yogurt</p>	<p>31 Whole Grain Bagel Cream Cheese Assorted Cereal String Cheese or Yogurt</p>
	<p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Whole Fruit</p>	<p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Whole Fruit</p>	<p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Whole Fruit</p>	<p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Whole Fruit</p>

A Full Student Breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white and skim chocolate. Full Paid \$2.50, Reduced \$0.30. Applications for Free and Reduced Meals are available at the Main Office of each school and on the District website. This Employer is an Equal Opportunity Provider.



Food Focus : Hydration/Kale!

Start the Day Right with a Healthy, Nutritious, and Delicious Breakfast!