



Lyme Old Lyme Pre-K: Lunch Menu May 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Build Your Tray the Healthy Way! Take at Least 3 Food Groups. A Full Student Lunch</p>	<p>Includes an Entrée Supplying Grain and/or Protein Vegetable and Fruit Fruit Side Dishes And a Choice of Milk</p>	1	2	3
			Chicken, Mashed Potatoes and Gravy Savory Green Peas Whole Grain Dinner Roll	Classic Cheese OR Pepperoni Pizza Colorful Tossed Salad
6	7	8	9	10
Breakfast for Lunch Pancakes, Syrup Sausage Patties and Tator Tots	Beef Nachos Shredded Cheddar, Salsa Lettuce, Tomato, Light Sour Cream, Mex Corn		Turkey Hot Dog Or Corn Dog Baked Beans French Fries	Classic Cheese OR Pepperoni Pizza California Veggie Blend
13	14	15	16	17
Classic Cheeseburger Or Chicken Patty, WG Bun Seasoned Potato Wedges Glazed Carrots	Chicken Tacos Shredded Cheddar, Salsa Lettuce, Tomato, Light Sour Cream, Mex Corn		Golden Toasty Cheese Sandwich Campbell's Tomato Soup	Classic Cheese OR Pepperoni Pizza Colorful Tossed Salad
20	21	22	23	24
Popcorn Chicken Baked Curley Fries Savory Green Beans Biscuit	Beef Burrito w/Refried Beans and Cheddar, Salsa, Light Sour Cream, Mex Corn, Rice		Baked Ham Mashed Potatoes w/Gravy, Mixed Veggies Whole Grain Dinner Roll	
27	28	29	30	31
NO SCHOOL MEMORIAL DAY	Beef Tacos Shredded Cheddar, Salsa Lettuce, Tomato, Light Sour Cream, Mex Corn		Breakfast for Lunch French Toast Sticks, Syrup Sausage Patties and Tator Tots	Classic Cheese OR Pepperoni Pizza Colorful Tossed Salad
Farm Fresh Fruit and Vegetables featuring Local Farms and Orchards				
Power Peas Fresh Baby Carrots Assorted Fresh Fruit (Local) Assorted Chilled Fruit	Garbanzo Beans Green Pepper Strips Assorted Fresh Fruit (Local) Assorted Chilled Fruit	Power Peas Fresh Baby Carrots Assorted Fresh Fruit (Local) Assorted Chilled Fruit	Garbanzo Beans Green Pepper Strips Assorted Fresh Fruit (Local) Assorted Chilled Fruit	Power Peas Fresh Baby Carrots Assorted Fresh Fruit (Local) Assorted Chilled Fruit
Eeeeeet				
We Now Serve	Boar's Head	Deli Meats	At All Our Schools	In Region 18!



Vegetarian



Locally Grown

Food Focus of the Month:
Hydration/Kale!

A Full Student Lunch includes an entrée supplying grain and/or protein, two (2) vegetable and one (1) fruit side dishes, and a choice of milk: skim, 1%, or fat free chocolate. Full Paid \$3.00, Reduced \$0.40, Free to those that qualify. Applications for Free and Reduced Meals are available at the Main Office of each school and on the District website. Questions: Call Gary Holland at 860-434-4442. This Institution is an Equal Opportunity Provider.