



**May 2019 Menu**  
**Pembroke Hill Upper School**

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
		<b>1 May</b> <b>Chicken Caesar Wrap</b> <b>Crispy Tofu Caesar Wrap</b> <b>Lemon Herb Risotto</b> <b>Vegetable Medley</b>	<b>2 May</b> <b>Buffalo Chicken Drummies</b> <b>Buffalo Portobellos</b> <b>Potato Salad</b> <b>Corn on the Cob</b>	<b>3 May</b> <b>Grilled Cheese</b> <b>Tomato Soup</b> <b>Buttered Noodles</b> <b>Peas &amp; Carrots</b>
<b>6 May</b> <b>Steak Fajitas</b> <b>Black Bean Sopas w/ Avocado</b> <b>Salad</b> <b>Cilantro Lime Rice</b> <b>Green Chili Corn</b>	<b>7 May</b> <b>Chicken Pot Pie</b> <b>Veggie Pot Pie</b> <b>Buttermilk Biscuits</b> <b>Roasted Squash Medley</b>	<b>8 May</b> <b>Spaghetti</b> <b>Meat Sauce</b> <b>Marinara</b> <b>Garlic Bread</b> <b>Steamed Broccoli</b>	<b>9 May</b> <b>Meatball Sub</b> <b>Vegan Meatball Sub</b> <b>Herb Rice</b> <b>Mixed Veggies</b>	<b>10 May</b> <b>Pulled Pork Sliders</b> <b>Chickpea &amp; Zucchini</b> <b>Sliders</b> <b>Mac &amp; Cheese</b> <b>Southern Green Beans</b>
<b>13 May</b> <b>Shrimp Po' Boys</b> <b>Veggie Po' Boys</b> <b>Cajun Potato Chips</b> <b>Succotash</b>	<b>14 May</b> <b>Pepperoni Pizza</b> <b>Cheese</b> <b>Pizza</b> <b>Caesar Salad</b>	<b>15 May</b> <b>Gyro Wrap</b> <b>Falafel Wrap</b> <b>Tabouleh</b> <b>Greek Salad</b>	<b>16 May</b> <b>Slider Burgers</b> <b>Veggie Sliders</b> <b>Pasta Salad</b> <b>Corn on the Cob</b>	<b>17 May</b> <b>Turkey Club Sandwich</b> <b>Vegan BLT</b> <b>Baked Potatoes</b> <b>Sauteed Green Beans</b>
<b>20 May</b> <b>French Toast</b> <b>Scrambled Eggs</b> <b>Breakfast Sausage</b> <b>Fresh Cut Fruit</b>	<b>21 May</b> <b>Chicken Tenders</b> <b>Veggie Fritters</b> <b>Mac &amp; Cheese</b> <b>Sauteed Green Beans</b>	<b>22 May</b> <b>All Beef Hot Dogs</b> <b>Veggie Wraps</b> <b>Tater Tots</b> <b>Baked Beans</b>	<b>23 May</b>  <b>T B A</b>	<b>24 May</b>  <b>HAVE A GREAT</b> <b>SUMMER!!!</b>