



May 2019

In Season Cherries

Cherries are known to contain certain chemicals that are very effective in relieving pain better than medicines like aspirin and ibuprofen.

Cherries are best paired with things like chives, dairy products, and meats.



Monday

Tuesday

Wednesday

Thursday

Friday

This institution is an equal opportunity provider and employer.

Macaroni & Cheese 1
Cheeseburger
Boneless Chicken Wings
Corn Dog
Spicy Chicken Wrap

Chicken Potato Bowl 2
Chicken Burger
Spicy Chicken Burger
Cheeseburger
Deli Sandwich

Orange Chicken 3
Cheeseburger
Corn Dog
Chicken Caesar Wrap

Beef Nachos 6
Cheese Quesadilla
Cheeseburger
Yogurt Lunch

Korean BBQ Beef 7
Cheesesticks with Tomato Soup
Chicken Burger
Spicy Chicken Burger
Cheeseburger
Hummus Plate

Buffalo Chicken 8
Tot'chos
Cheeseburger
Boneless Chicken Wings
Corn Dog
Spicy Chicken Wrap

Chicken Potato Bowl 9
Chicken Burger
Spicy Chicken Burger
Cheeseburger
Deli Sandwich

Chicken Teriyaki 10
Cheeseburger
Corn Dog
Chicken Caesar Wrap

Beef Nachos 13
Cheese Quesadilla
Cheeseburger
Yogurt Lunch

BBQ Pork Sandwich 14
Cheesesticks with Tomato Soup
Chicken Burger
Spicy Chicken Burger
Cheeseburger
Hummus Plate

Macaroni and Cheese 15
Cheeseburger
Boneless Chicken Wings
Corn Dog
Spicy Chicken Wrap

Chicken Potato Bowl 16
Chicken Burger
Spicy Chicken Burger
Cheeseburger
Deli Sandwich

Orange Chicken 17
Cheeseburger
Corn Dog
Chicken Caesar Wrap

Beef Nachos 20
Cheese Quesadilla
Cheeseburger
Yogurt Lunch

Korean BBQ Beef 21
Cheesesticks with Tomato Soup
Chicken Burger
Spicy Chicken Burger
Cheeseburger
Hummus Plate

Buffalo Chicken 22
Tot'chos
Cheeseburger
Boneless Chicken Wings
Corn Dog
Spicy Chicken Wrap

Chicken Potato Bowl 23
Chicken Burger
Spicy Chicken Burger
Cheeseburger
Deli Sandwich

Chicken Teriyaki 24
Cheeseburger
Corn Dog
Chicken Caesar Wrap

27
**Memorial Day
No School**

BBQ Pork Sandwich 28
Cheesesticks with Tomato Soup
Chicken Burger
Spicy Chicken Burger
Cheeseburger
Hummus Plate

Macaroni and Cheese 29
Cheeseburger
Boneless Chicken Wings
Corn Dog
Spicy Chicken Wrap

Chicken Potato Bowl 30
Chicken Burger
Spicy Chicken Burger
Cheeseburger
Deli Sandwich

Orange Chicken 31
Cheeseburger
Corn Dog
Chicken Caesar Wrap

Announcements

Offered Daily: Pizza Variety, Vegetarian Burger

Included with All Lunches
Fruit & Vegetable Garden Bar
1% White or NF Chocolate Milk

Menu selections may change based on product availability.

*Juliana Fisher, MS, RDN, CD
Director, Food Services*

Meal Prices

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|------------------|--------|
| Breakfast | |
| Elementary | \$1.75 |
| Secondary | \$2.00 |
| Reduced K-12 | Free |
| Adult | \$2.40 |
| Lunch | |
| Elementary | \$3.00 |
| Secondary | \$3.25 |
| Reduced K-3 | Free |
| Reduced PK, 4-12 | \$0.40 |
| Adult | \$4.00 |
| Milk Only | \$0.50 |