

Monday
Tuesday
Wednesday
Thursday
Friday

1
WG Rotini
 Meatballs
 Marinara or Cheese Sauce
 Crisp Romaine Salad
 Green Beans
 Orange Wedges

2
Brunch for Lunch
 Pancakes
 Egg Patty
 Chicken Bacon or Chicken
 Sausage
 Hash Brown Patties
 100% Juice

3
 Homemade Cheese or
 Veggie Pizza
 Crisp Romaine Salad
 Cucumber Dippers
 Grapes

6
Meatless Italian Combo
 Mozz Sticks &
 Bread Mini Ravioli
 Marinara Sauce
 Seasoned Broccoli
 Clementines

7
 Popcorn Chicken
 Mashed Potatoes
 Corn
 Dinner Roll
 Blueberries

8
WG Penne Pasta
 Meatballs
 Marinara or Alfredo Sauce
 Crisp Romaine Salad
 Steamed Carrots
 Strawberries

9
 Hamburger or
 Cheeseburger on WW Bun
 Corn on the Cob
 Baked Beans
 Melon Slices

10
 Homemade Cheese or
 Veggie Pizza
 Crisp Romaine Salad
 Cucumber Dippers
 Applesauce

13
Meatless Monday
 Mozzarella Twisted Breadstick
 Marinara Sauce
 Seasoned Broccoli
 Apple Slices

14
 Chicken Patty Sandwich on
 WW Bun
 Smiley Fries
 Frozen Mixed Berry Cup

15
 Breaded Mini Ravioli
 Marinara Sauce
 Steamed Carrots
 Mixed Green Salad
 Applesauce

16
 Hot Dogs
 On WW Bun
 Oven Fries
 Baked Beans
 100% Juice

17
 Homemade Cheese or
 Veggie Pizza
 Crisp Romaine Salad
 Cucumber Dippers
 Grapes

20
Meatless Monday
 Mozzarella Sticks
 Marinara Sauce
 Seasoned Broccoli
 Garlic Knot
 100% Juice

21
WG Nacho Chips
 Seasoned Taco Beef
 Shredded Cheddar
 Refried Beans
 Orange Wedges

22
WG Rotini
 Meatballs
 Marinara or Cheese Sauce
 Crisp Romaine Salad
 Green Beans
 Orange Wedges

23
 Chicken Tenders
 Seasoned Rice or
 Cheesy Broccoli Rice
 Green Peas
 Applesauce

24
 Homemade Cheese or
 Veggie Pizza
 Crisp Romaine Salad
 Cucumber Dippers
 Sidekicks Juice Cup

27
Memorial Day
No School

28
 Chicken or Cheese
 Quesadilla
 Brown Rice
 Refried Beans
 100% Juice

29
WG Penne Pasta
 Meatballs
 Marinara or Alfredo Sauce
 Crisp Romaine Salad
 Steamed Carrots
 Strawberries

30
 Chicken Tenders
 Oven Fries
 Corn
 WG Dinner Roll
 Melon Slices

31
 Homemade Cheese or
 Veggie Pizza
 Crisp Romaine Salad
 Cucumber Dippers
 Grapes

- All daily and alternative meals include a minimum of 2 oz protein, 2 oz whole grains, 1 Cup fruit, 1 Cup vegetable, and 8 fl oz fat-free flavored milk or 1% unflavored milk
- Available daily: PB&J, PB&Fluff, Deli Sandwiches, Bone Builder Yogurt Plate, or Munchables
- Menu subject to change as needed without notice.
- Applications for free and reduced meals can be submitted at any time during the school year!
- WG=Whole Grain, WW=Whole Wheat
- Please contact Becky Fowler, Director of School Nutrition, becky.fowler@stoningtonschools.org or (860) 599-0766 with any questions or concerns