

**Monday**
**Tuesday**
**Wednesday**
**Thursday**
**Friday**

**Meatless Monday**

6  
Mozzarella Twisted Breadstick  
Marinara Sauce  
Garlic & Herb WG Breadstick  
Seasoned Broccoli  
Apple Slices

**WG Tortilla**

7  
Seasoned Beef or Fajita Chicken  
Cheddar Cheese Sauce  
Brown Rice  
Refried Beans  
Salsa  
Frozen Strawberries

**WG Penne Pasta**

8  
Meatballs  
Marinara or Alfredo Sauce  
Garlic & Herb Breadstick  
Steamed Carrots  
Apples

**French Toast Sticks**

9  
Hash Brown  
Chicken Sausage or Bacon  
Egg Patty  
Grapes  
100% Mango Wango Juice

**Homemade Cheese or**

10  
Veggie Pizza  
Romaine Salad  
Cucumber Dippers  
Frozen Blueberries

**Meatless Monday**

13  
Mozzarella Sticks  
Marinara Sauce  
Garlic & Herb WG Breadstick  
Seasoned Broccoli  
Apple Slices

**WG Nacho Chips**

14  
Seasoned Beef or Fajita Chicken  
Cheddar Cheese Sauce  
Brown Rice  
Refried Beans  
Salsa  
Kiwi

**WG Penne Pasta**

15  
Meatballs  
Marinara or Cheddar Cheese Sauce  
Garlic & Herb Breadstick  
Peas  
Orange Wedges

**Popcorn Chicken**

16  
Mashed Potatoes  
Corn  
Gravy  
Dinner Roll  
Strawberries

**Homemade Cheese or**

17  
Veggie Pizza  
Romaine Salad  
Cucumber Dippers  
Frozen Blueberries

**Meatless Monday**

20  
Waffle Cut Fries  
3-Bean Chili & Cheese  
California Blend Vegetable  
Dinner Roll  
Fruit Cocktail & 100% Juice

**WG Tortilla**

21  
Seasoned Beef or Fajita Chicken  
Cheddar Cheese Sauce  
Brown Rice  
Refried Beans  
Salsa  
Frozen Strawberries

**WG Penne Pasta**

22  
Meatballs  
Marinara or Alfredo Sauce  
Garlic & Herb Breadstick  
Steamed Carrots  
Apples

**Pancakes**

23  
Hash Brown  
Chicken Sausage or Bacon  
Egg Patty  
Grapes  
100% Mango Wango Juice

**Homemade Cheese or**

24  
Veggie Pizza  
Romaine Salad  
Cucumber Dippers  
Frozen Blueberries

27

**Memorial Day  
No School**

**WG Nacho Chips**

28  
Seasoned Beef or Fajita Chicken  
Cheddar Cheese Sauce  
Brown Rice  
Refried Beans  
Salsa  
Orange Wedges

**WG Penne Pasta**

29  
Meatballs  
Marinara or Cheddar Cheese Sauce  
Garlic & Herb Breadstick  
Peas  
100% Juice

30

**Chicken Drumsticks  
Mac & Cheese  
Seasoned Broccoli  
Dinner Roll  
Baked Apples**

31

**Homemade Cheese or  
Veggie Pizza  
Romaine Salad  
Cucumber Dippers  
Frozen Blueberries**

- All daily and alternative meals include a minimum of 2 oz protein, 2 oz whole grains, 1 cup fruit, 1 cup vegetable, and 8 fl oz fat-free flavored milk or 1% unflavored milk
- Alternate hot meal schedule: (M) hotdogs, (T) toasted cheese sandwich, (W) burgers, (Th) chicken tenders, and (F) regular or spicy chicken patty.
- Available daily: Chef Salad, Deli Sandwich, Pizza, Yogurt Plate.
- WG=Whole Grain, WW=Whole Wheat
- Please contact Becky Fowler, Director of School Nutrition, [becky.fowler@stoningtonschools.org](mailto:becky.fowler@stoningtonschools.org) or (860) 599-0766 with any questions or meal modifications

