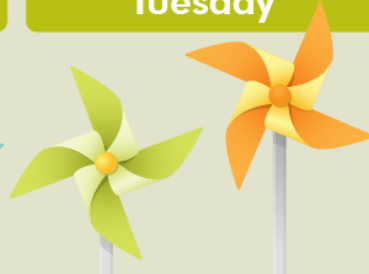


Monday

Tuesday

Wednesday
Thursday
Friday

Spicy Chicken & Waffles
Hash Brown Patty
Cinnamon Carrots
Frozen Strawberries with Whipped Topping
100% Juice

1

Cherry Blossom or Firecracker Chicken
Vegetable Fried Rice
Oriental Blend Vegetables
Bananas & 100% Juice

2

Homemade Cheese or Veggie Pizza
Romaine Salad
Sweet Potato Fries
Melon Slices & 100% Juice

3

Meatless Monday
Mozzarella Sticks
Marinara Sauce
Garlic Knot
Seasoned Broccoli
Fruit Cocktail & 100% Juice

6

WW Tortilla
Seasoned Beef or Fajita Chicken
Cheddar Cheese Sauce
Brown Rice
Refried Beans
Salsa & Lettuce
Orange Wedges & 100% Juice

7

Chicken Tenders
Roasted Ranch Potato Wedges
Roasted Cauliflower
WW Dinner Roll
Apples & 100% Juice

8

Pancakes
Hash Brown
Cinnamon Carrots
Chicken Sausage or Bacon
Egg Patty
Melon Slices & 100% Juice

9

Homemade Cheese or Veggie Pizza
Romaine Salad
Sweet Potato Fries
Grapes & 100% Juice

10

Meatless Monday
Waffle Cut Fries
3-Bean Chili & Cheese
Seasoned Broccoli
Breadstick
Fruit Cocktail & 100% Juice

13

WG Nacho Chips
Seasoned Beef or Fajita Chicken
Cheddar Cheese Sauce
Brown Rice
Refried Beans
Salsa & Lettuce
Orange Wedges & 100% Juice

14

Breaded or Glazed Chicken Drumsticks
Roasted Ranch Potato Wedges
Steamed Carrots
Dinner Roll
Frozen Strawberries
100% Juice

15

Pulled Pork
On WW Bun
Corn on the Cob
Baked Beans
Fresh Peaches
100% Juice

16

Homemade Cheese or Veggie Pizza
Romaine Salad
Sweet Potato Fries
Melon Slices & 100% Juice

17

Twisted Breadsticks With Mozzarella
Marinara Sauce
Tater Tots
California Blend Vegetables
Applesauce & 100% Juice

20

WW Tortilla
Seasoned Beef or Fajita Chicken
Cheddar Cheese Sauce
Brown Rice
Refried Beans
Salsa & Lettuce
Orange Wedges & 100% Juice

21

Teriyaki Chicken
Vegetable Fried Rice
Oriental Blend Vegetables & 100% Juice

22

French Toast Sticks
Hash Brown
Cinnamon Carrots
Chicken Sausage or Bacon
Egg Patty
Frozen Blueberries w/Whipped Topping
100% Juice

23

Homemade Cheese or Veggie Pizza
Romaine Salad
Sweet Potato Fries
Apples & 100% Juice

24

**Memorial Day
No School**

27

WG Nacho Chips
Seasoned Beef or Fajita Chicken
Cheddar Cheese Sauce
Brown Rice
Refried Beans
Salsa & Lettuce
Orange Wedges & 100% Juice

28

Popcorn Chicken
Mashed Potatoes
Corn
Gravy
WW Dinner Roll
Watermelon & 100% Juice

29

Build Your Own Burger
Beef Patty on WW Bun
Sweet Potato Fries
Lettuce, Tomato, & Onion
Fresh Pineapple & 100% Juice

30

Homemade Cheese or Veggie Pizza
Romaine Salad
Sweet Potato Fries
Melon Slices & 100% Juice

31

- All daily and alternative meals include a minimum of 2 oz protein, 2 oz whole grains, 1 cup fruit, 1 cup vegetable, and 8 fl oz fat-free flavored milk or 1% unflavored milk
- Available daily: Chef Salad, Deli Sandwich, Pizza, Pasta, Hot Sandwiches & Wraps
- Menu subject to change as needed.
- WG=Whole Grain, WW=Whole Wheat
- Applications for free or reduced meals can be submitted at any time during the school year
- Please contact Becky Fowler, Director of School Nutrition, becky.fowler@stoningtonschools.org or (860) 599-0766 with any questions or to discuss meal modifications