

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**1**  
Fruit & Granola  
Parfaits  
100% Juice  
Milk

**2**  
Ham, Egg, & Cheese  
Or  
Egg & Cheese  
On WG Bagel  
Fruit & 100% Juice  
Milk

**3**  
WG Baked Cinnamon  
Rolls  
Fruit & 100% Juice  
Milk

**6**  
WG Muffin  
Fruit & 100% Juice  
Milk

**7**  
Chicken Sausage,  
Egg, & Cheese  
On WW Croissant  
Fruit & 100% Juice  
Milk

**8**  
Fruit & Granola  
Parfaits  
100% Juice  
Milk

**9**  
Ham, Egg, & Cheese  
Or  
Egg & Cheese  
On WG Bagel  
Fruit & 100% Juice  
Milk

**10**  
WG Baked Cinnamon  
Rolls  
Fruit & 100% Juice  
Milk

**13**  
WG Muffin  
Fruit & 100% Juice  
Milk

**14**  
Chicken Sausage,  
Egg, & Cheese  
On WW Croissant  
Fruit & 100% Juice  
Milk

**15**  
Fruit & Granola  
Parfaits  
100% Juice  
Milk

**16**  
Ham, Egg, & Cheese  
Or  
Egg & Cheese  
On WG Bagel  
Fruit & 100% Juice  
Milk

**17**  
WG Baked Cinnamon  
Rolls  
Fruit & 100% Juice  
Milk

**20**  
WG Muffin  
Fruit & 100% Juice  
Milk

**21**  
Chicken Sausage,  
Egg, & Cheese  
On WW Croissant  
Fruit & 100% Juice  
Milk

**22**  
Fruit & Granola  
Parfaits  
100% Juice  
Milk

**23**  
Ham, Egg, & Cheese  
Or  
Egg & Cheese  
On WG Bagel  
Fruit & 100% Juice  
Milk

**24**  
WG Baked Cinnamon  
Rolls  
Fruit & 100% Juice  
Milk

**27**  
*Memorial Day  
No School*

**28**  
WG Muffin  
Fruit & 100% Juice  
Milk

**29**  
Fruit & Granola  
Parfaits  
100% Juice  
Milk

**30**  
Ham, Egg, & Cheese  
Or  
Egg & Cheese  
On WG Bagel  
Fruit & 100% Juice  
Milk

**31**  
WG Baked Cinnamon  
Rolls  
Fruit & 100% Juice  
Milk

- All breakfast meals include: 2 oz whole grains, ½ cup fruit & ½ cup 100% juice, and 8 fl oz low fat or fat-free milk
- Additional daily offerings change and may include: cereal, muffins, assorted whole grain pastries or breads
- Applications for free and reduced price meals may be submitted at any time during the school year!
- Contact Becky Fowler, Director of Food Services at [becky.fowler@stoningtonschools.org](mailto:becky.fowler@stoningtonschools.org) with any questions or concerns