

**COMMUNITY EDUCATION/RECREATION DEPARTMENT
ADULT VOLLEYBALL POLICIES**

I. PLAYER ELIGIBILITY

A. Residents of Independent School District 77

1. Persons residing within the geographical boundaries of ISD 77 are eligible to participate on one team, in as many as two different leagues in the Adult Volleyball or Sand Volleyball programs, provided they meet all the age, fee, and eligibility requirements of the particular program and league.

2. Residency is established by residing within the geographical boundaries of ISD 77.

B. Non-Residents of Independent School District 77

1. Persons residing outside the geographical boundaries of ISD 77 would be eligible to participate on one team, in as many as two different leagues, providing they meet all the age, fee and eligibility requirements of the particular program and league.

2. Community Education/Recreation Department reserves the right to allow or not allow non-residents to participate in its program. REFUNDS WILL NOT BE ISSUED ONCE ENTRY FORM AND FEE HAVE BEEN SUBMITTED AND THE LEAGUE BREAKDOWN IS POSTED.

C. Because of limited facilities, team registration will be accepted on a first come, first served basis. Returning teams have first priority (3 players comprise a returning team). Non-resident teams will be accepted provided adequate facility space is available.

D. PLAYER FEES:

PLAYERS FEES: \$280.00 per team. Manager must turn total Players Fee of \$280.00 into CER office in one complete payment by cash, check or credit card by the designated due date. Teams must have a minimum of 8 and a maximum of 12 players on rosters. Individual teams may decide amount each player pays. Players may be listed on your roster but play only when unforeseen situations such as injury, illness, etc. occur. Players must be listed on final roster in CER office to be an eligible player. Use of illegal players will result in suspension of manager and illegal player from all CER athletic programs for one calendar year.

E. Players are **NOT ELIGIBLE** to participate until they have read the participant waiver, and their name, address, phone number, and signature are on the team roster, and all appropriate fees are paid.

F. Managers are responsible for all team fees being paid. Team managers only are allowed to register players.

G. **Managers found using ineligible players during league play will be suspended, along with ineligible player(s), for one calendar year. Suspension will include ALL Community Education/Recreation Department athletic programs.**

II. LEAGUE RESTRICTIONS

A. Players **may play on only one men's or one women's, and one co-rec team (even if they are on different nights)**, provided all eligibility and fee requirements are met.

B. Players must be out of high school or no longer attending and must be at least 18 years of age by the beginning of the current year's program.

III. GENERAL

A. **ALL LEAGUE INFORMATION WILL BE COMMUNICATED TO MANAGERS BY EMAIL ONLY. MAKE SURE WE HAVE YOUR CORRECT EMAIL ON THE TEAM REGISTRATION FORM. Make Sure you don't have our email blocked or sent to junk email –**

this is your responsibility. Allow emails to be received from shosch1@isd77.org and skleis1@isd77.org

- B. ROSTERS MUST BE PROCESSED ON THE COMMUNITY EDUCATION/RECREATION DEPARTMENT WEBSITE, OR THEY WILL NOT BE ACCEPTED.
- C. Rosters must have a minimum of 8 players or they will not be accepted at CER office. All leagues will be limited to 12 players, including a player/manager.
- D. A legal player is:
1. A player meeting all state and local rules of eligibility.
 2. A person who has read the participant waiver, and whose name, address, phone number, and signature appear on the team roster, on file at the Community Education/Recreation Department office.
 3. A person who has paid all appropriate league fees.
- E. **Match Cancellations: Managers and officials should sign up for the 'Remind' update system In the event of inclement weather or other reasons for cancellation.** The only matches that will be rescheduled are those called because of inclement weather or due to circumstances beyond the Community Education/Recreation Department office's control. If a match is cancelled, it will be rescheduled. All rescheduled matches will be listed on the Community Education/Recreation Department website by 3:00 pm the following day. It is the Managers and Players responsibility to check for rescheduled matches on the web site. Schedules will not be mailed out. **THERE WILL NO LONGER BE A HOTLINE.**
- F. The number of teams in each division will be calculated so that each team will play all other teams in that division at least once during regular round robin league play.

- G. All matches will stop immediately, and all subsequent matches cancelled, when the tornado sirens are sounded. Tornado siren is a five-minute, steady siren tone. (Sand)

- H. Protests: All protests must be submitted in writing, accompanied by a \$25.00 fee, a copy of the official scoresheet, and be submitted to the Community Education/Recreation Department office by 4:30 p.m. the next working day. Fee refundable if the protest is allowed. Teams that do not have their players' first and last names on their scoresheets at match time will forfeit their right to protest.

1. Protest Procedures:

Eligibility Protest Procedures

Step 1. Both the official and manager of the opposing team must be notified of the protest before or during the game, not after.

Step 2. The protesting team must first prove their own eligibility at the time of the protest:

- a. First and last names on their scoresheet.

- b. All players will have 5 minutes to show proper picture identification (valid driver's license or college I.D.).

- c. Any players failing to provide proper identification will automatically be declared ineligible.

Step 3. Then prove the opposing team's ineligibility:

c. Follow Steps 2a, 2b, and 2c. Any player failing to provide identification will automatically be declared ineligible.

2. Rule Interpretation Protest Procedure:

The official shall make note of the facts concerning a rule interpretation protest by writing these on the back of the scorecard, making official note of the time left, position of players, server, score, and any other pertinent information at the time of the protested play. The signatures of both managers MUST accompany this protest. Judgement calls may not be protested.

****J. Alcoholic beverages:**
MN **The use or possession of alcoholic beverages, or drugs, in any form, by coaches,**
Statute **players, or spectators, is prohibited on school district premises.**
624.701

Penalty: automatically suspended from all CE/RD programs for a period of one calendar year. Also punishable by State Law 624.701: guilty of a misdemeanor; fine and/or jail time.

****K. Tobacco: The use of tobacco in any form is prohibited on school district premises.**
ISD 77

Sand Volleyball: Drinking alcoholic beverages and the use of tobacco in any form is prohibited while a team is playing a scheduled league game. This includes managers, coaches, players and scorekeepers. No consumption in or behind the bench area, on the court, or in the spectator area. **VIOLATION: immediate forfeiture of the game.** The entire team in violation must leave playing area immediately.

****L. Managers, coaches and players shall not make disparaging or insulting remarks to or about opposing players, managers, coaches, officials, or spectators.**
Violation: ejection from match and facility. A penalty point or side-out will also be assessed.

M. Ejected Players:

1. Any coach, manager, or player ejected shall be suspended from all C.E.R. activities for a minimum of 1 week, and be declared ineligible until s/he is reinstated by the League Director.

2. Any coach, manager, or player ejected from more than one match shall automatically forfeit their eligibility to participate in the CE/RD adult athletic

programs. A hearing will be conducted to determine what disciplinary action, if any will be taken.

N. Score Sheets:

Managers will make sure they or a designated player has **first and last names on score sheet a minimum of 10 minutes prior to 1st match** or teams will be penalized with delay of game.

Managers will sign the score sheet at the end of the match indicating they verify the score recorded by official.

Scores will be posted on the CER website at www.mankatocer.com. Click on Adult Sports Leagues/Adult Summer Sand or Winter Volleyball

****IF YOU SEE A SCORE REPORTED INCORRECTLY ON THE CER WEBSITE: REPORT IT IMMEDIATELY TO THE CER OFFICE.**

O. What to do if no official shows at your match.

1. Teams can choose to play the match using a Samaritan official, or self-officiated, or have the match rescheduled. In either of the above situations, no protests will be allowed and the first team listed on the schedule is responsible for notifying the CE/RD office the next morning with the match results, or if the match needs to be rescheduled. Samaritan officials will be paid, but they need to stop at the CE/RD office to fill out the appropriate paper work.

2. All rescheduled matches will be listed on the Community Education/Recreation Department website. It is the Managers and Players responsibility to check for rescheduled matches on the web site. Schedules will not be mailed out. (Sand) **Matches that are canceled in the last set due to weather and a team is ahead 2 sets to 0 (after the second set is complete and the third set is about to begin, or after the third set has started), will not be rescheduled. These matches will be ruled a 'Win' for the team that was leading after the first two sets.**

P. Any team that has three forfeits during the season will be suspended from participation until reinstated by league director. Any team that knows beforehand that they will have to forfeit a particular match should notify the CE/RD office, and the opposing team, as soon as possible. This would still be counted as one forfeit.

Q. The tie breaking procedure for teams with identical records in the Final League Standings will be handled in accordance with CE/RD guidelines.

R. CER Requests:

1. No glass beverage containers allowed in parks. (Summer)
2. Park your vehicle in designated parking areas.
3. No pets allowed in parks. (Summer)
4. POLICE YOUR LITTER AND ANY OTHER YOU SEE.
5. Report vandalism and/or suspicious acts. (We recommend that you get the license plate number).
6. Respect private and public properties.
7. Children will not be allowed on the playing area at Caswell, Spring Lake, Highland, or Tourtellotte Parks. Penalty: 1st--warning; 2nd--forfeiture of game. (Summer)
8. All teams shake hands following each match.
9. **Children 10 years old and under are prohibited in gyms with no bleachers.**
10. **Facilities with bleachers: Children must be accompanied & supervised by a non-playing adult. (DMMS, LCC Upper, Bridges, Rosa Parks, Prairie Winds and Franklin ONLY)**
PENALTY: Forfeiture of the match. (NO EXCEPTIONS)
11. Notify the CER office of any changes in team manager's name, address or phone number.

POLICY VIOLATIONS

- Late payment of entry fees and player registration fees.
- False information on contract cards/roster.
- Unsportsmanlike conduct.
- Number of forfeits in league play.
- Alcoholic beverages, smoking and smokeless tobacco.
- Defacing/vandalizing/theft of recreation/public or city property.
- Playing on more than one team in same league.
- Playing ineligible players.
 - No music allowed in winter volleyball facilities

Referees Responsibility:

The referees are given the authority and responsibility to sanction from the time they enter the building, between games and until all players leave the building. Any sanction of misconduct between games will be assessed in the game following such misconduct. If misconduct is after the final game, a censure notice or suspension notice will be mailed out.

Censures: An acknowledgement of a censure notice is required by violator. Failure to acknowledge a censure notice will result in suspension.

Suspensions: (Includes players ejected for unsportsmanlike conduct), shall be immediate and remain in effect until such time that the suspended party appears before a hearing committee. Should the suspended party fail to appear, the original suspension shall continue to be in effect until such time that it expires.

IV. INSURANCE

The Community Education/Recreation Department office does not provide insurance for this program. It is recommended that players check with their insurance agent to make sure they are covered under their personal policies.

V. TEAM MANAGERS RESPONSIBILITIES

Following is a brief outline of what we expect from a manager:

- To be totally familiar with the official in-house rules of the game and league.
- To be a leader by example.
 - To assist the CE/RD in policing the rules, regulations and policies of YOUR program.
- To be in control of the team and its individual players at all times.
- To be an advocate of quality park and recreation facilities.

COMMUNITY EDUCATION/RECREATION DEPARTMENT
Adult Volleyball In House Rules
Winter and Sand

Official Minnesota State High School League/Minnesota Sports Federation (Co-Rec Modifications) Rules will govern play with (*) in-house exceptions.

Local “In-House” Rules

I. The Game (Winter and Sand)

A. Coin Toss

1. *A coin toss will be conducted between the managers of each team at least 5 minutes prior to the first game of the match, and prior to the 3rd game. The winner shall choose either to serve/receive or playing side of the net. The loser of the toss shall be given the remaining choice.

B. Time

1. **There is no Grace Period...game time is forfeit time.**
If a team doesn't have **5 players** at the scheduled **starting time** of the match (6:15, 7:15, 8:15, etc.), it shall **forfeit the first game** of the match. If the 5th player is not there by the half hour (6:30, 7:30, 8:30, etc., **15 minutes later**), the team will **forfeit the 2nd and 3rd games of the match.**
2. Players first and last names must be submitted to official 10 minutes prior to starting time or teams will be penalized with delay of game.
3. Five minutes will be allowed for warm-up between matches.

1. One time-out per set per team. Time-outs will not exceed 30 seconds. Each time-out taken by or charged to a team in excess of one per game shall be penalized. Time outs may not be taken in the last 5 minutes of the 50 minute time limit.

C. A Match

1. *In all league play: A match consists of 3 games or a **50 minute time limit**. Games are rally scoring to 25 points, **or end of the 50 minute match time limit** (whichever comes first).

D. Termination (End) of Game

1. *A team that has scored 25 points and is at least **1 point ahead** is determined the winner.

II. The Court

A. *Playable Overhead Obstructions (Winter)

1. A ball striking the ceiling or overhead obstruction above a playable area shall remain in play, provided the ball contacts the ceiling or obstruction on the side of the net extended that is occupied by the team that last played the ball, and the ball is legally played next by the same team. **Keep playing until you hear a whistle.**
2. Baskets or ropes that are over a playable area will be a judgement call. A replay will be called if the official felt the basket or ropes took away the play. It is NOT automatic!!

B. *Playable Area (Sand Volleyball)

1. Playable area is Sand Only. Grass area and adjacent courts are out of play before, after or while attempting to play the ball. Breaking the plane with any part of your body at any time is out of bounds.

C. *Attack Line/Center Line/Antenna's (Sand Volleyball)

1. The 10 ft. attack line, 2 inch center line and antennas which are not present in sand volleyball will be called at the best of the official's judgment.

III. Game Equipment (Winter and Sand)

A. Net Height (Winter)

1. Women's Net Height: 7ft 4in High
2. Men's and Co-Rec Net Height: 8ft High

B. Ball (Winter and Sand)

1. Ball will be provided by the official
2. If managers agree not to use the ball provided by the official, managers must decide on a game ball that is available in the gym for that nights game

IV. Player Equipment and Uniform (Winter and Sand)

A. Player Equipment

1. Supports (knee braces, wrist support, etc.) are allowed provided they are soft and yielding and covered with soft, pliable material.
2. Caps shall NOT be worn in Winter Volleyball but are allowed in Sand Volleyball.
3. Headbands, sweatbands, and bandanas are permissible
4. It is recommended to remove all jewelry and will be at the officials discretion to allow jewelry or not. CER assumes no liability if a players choose to wear jewelry.

B. Player Uniforms

1. *Legal Uniform (local) – Teams must wear shirts at all times during league play. Shirt color may differ. NUMBERS ARE NO LONGER NEEDED for league play. If advancing to State competition you will need numbers, see #2 directly below. Shoes are also required for winter volleyball.

2. TEAMS ADVANCING TO STATE COMPETITION:

- a) Uniform must consist a 4" number (6" is recommended) on either the front or back of the jersey (# on both front and back are highly recommended).
- b) Tape numbers are unacceptable.
- c) Shirt bodies must be of IDENTICAL COLOR.
- d) Illegal uniformed players will be withheld from play till they become legal

e) Co-Rec modification allows that the men and women may wear jerseys of contrasting style and color as long as all jerseys are identical (same sponsor name).

V. Scoresheets and Scorekeeping (Winter and Sand)

A. Scoresheets

1. Scoresheets will be provided by the official. **Managers will sign the score sheet at the end of the match indicating they verify the score recorded by official.**

2. **First and last names and player's numbers** MUST be written on the score sheet a minimum of 10 minutes prior to 1st game.***This MUST be done in order to file for ANY protest that may occur during that particular match. If not competed, teams forfeit their right to protest***

VI. Team Composition and Positions (Winter and Sand)

A. Team Roster Sizes

1. Rosters must have a minimum of 8 players and a maximum of 12 players, including a player/manager.

B. Team Captains

1. A playing captain shall be designated by each team. **S/he is the only player that may communicate with the official** (ex. Rule interpretation, calling time outs, asking for line-up checks).

2. Captains, should they be replaced by a substitute, shall designate another player as a "floor captain" until the original captain returns to the game.

C. Positions

1. Teams should have 6 players and they shall be positioned as such:

#4 Left Front	#3 Center Front	#2 Right Front
#5 Left Back	#6 Center Back	#1 Right Back (Service)

2. Teams may play with 5 players and not be penalized. They may have 3 front row players at all times. (Men's, Women's) Positions will be as such:

#4 Left Front	#3 Center Front	#2 Right Front
#5 Left Back		#1 Right Back (Service)

3. If a team has a 6th player arrive late, s/he may enter immediately (dead ball or time out)
4. If a team is reduced to **less** than 5 players (for ANY reason) the game and match shall be forfeited.

VII. During Play (Winter and Sand)

A. Rules during play

1. You may not attempt to block or attack a served ball.
2. Illegal hits will be called in ALL leagues.
3. Contact with the net by the player between the antennae during the action of playing the ball is a fault. The action of playing the ball includes (among others) take-off, hit (or attempt) and landing.

4. Substitutions: Teams in CoRec 4-6 have the option of substitution or rotation which must remain consistent for that game. Rotation will be into the right corner back position (server) before or after the individual has served. Also Women's divisions 3 and above may sub freely into the serving position. All other divisions must sub per MSHSL rule.

5. CoRec teams in division 5 and below (5,6,7 etc..) have the option to sub into the serving position, all other divisions must sub per NFHS rules.

B. Co-Rec Modifications

1. Men and Women shall be positioned alternately on the court
- 2. At no point should any team ever play with 4 or more men.**
3. When the ball is touched by more than one player on a team, one of the contacts **MUST** be made by a woman. (blocking the ball is not considered a touch)

4. One male backcourt player may also block when there is only one male player in the front court. This is only the case when the back row male is not in the middle position. The ghost male takes precedence in this situation.

5. If a team starts a match with, or is reduced to 5 players, it is permissible to play with 3 women, and 2 men, or vice versa, **OR, they may play with 4 women, and 2 men.**

6. **Playing with 4 women and 2 men** – when 3 women are in the front row you may only bring one male to the front row for defensive purposes only. The woman in center front row is in the male position. Line up still remains M-F-M-F-M-F but the M position is being played by a F. Rotation will look like M-F-F-F-M-F.

7. **Playing with 3 women and 2 men** – When there are 2 men in the back row, the back left male can come up to block and attack. When a player is missing there must be a ghost player implemented. For example if a male is missing your ghost player needs to be in between two female players.

8. **Playing with 2 women and 3 men** – you acknowledge the ghost player on the court for position purposes. A male back court player can come to the front row for defensive purposes only and may not attack the ball.

1. Conduct (Winter and Sand)

A. Casual Profanity/Family Atmosphere Rule

1. Casual Profanity pertains to expletives not directed at an official or opposing player, but uttered by a player/manager/coach frustrated with themselves, teammate or fan. The use of profanity will be penalized by a point and a side out declared by the offending team.

B. Unsportsmanlike Conduct

1. Unsportsmanlike conduct includes actions which are unbecoming to an ethical, fair, honorable individual. It consists of acts of deceit, disrespect, or vulgarity. Penalty for such acts will a point or side out or if excessive unsportsmanlike conduct in the opinion of the official, ejection from game (match) and/or complex area. Any rostered player, coach or manager ejected will be declared ineligible until the league director reinstates said player(s). Minimum penalty is a one-week suspension from all volleyball activities.

1. Usage of School Facilities/Buildings (Code 1004.01)

A. Rule and Regulations

1. Person(s) will be held responsible for any damage or defacement of school property or equipment, as well as any lost equipment, at the replacement cost, labor, etc.
2. **No** food or beverages are allowed in the school or gymnasium.
3. **Children 10 years old and under are prohibited in gyms with no bleachers.**
4. **Facilities with bleachers: Children must be accompanied and supervised by a non-playing adult. (DMMS, LCC Upper, Bridges, Rosa Parks, Prairie Winds and Franklin ONLY)**
PENALY: Forfeiture of the match. (NO EXCEPTIONS).